

# New Release Catalogue

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Learning Rendezvous Ltd

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## ARTS

### MABOU MINES' DOLLHOUSE

Director: Lee Breuer

Mabou Mines' critically acclaimed interpretation of Ibsen's *A Doll's House* rejuvenates a nineteenth century classic with bold staging and conceptual originality. Ibsen's *Doll's House* has been described as a feminist clarion, Freudian drama and bourgeois soap opera. In Mabou Mines' re-imagining, the production shocks and enlightens audiences as never before. Includes the companion documentary, *Looking for a Miracle*, which features extensive interviews with director Lee Breuer and the original cast.

**Item no.** : EH11990315  
**Format** : DVD (Region 1, Color)  
**Duration** : 165 minutes  
**Copyright** : 2008  
**Price** : USD 419.00

### TROUBLEMAKERS: THE STORY OF LAND ART



Director: James Crump

*Troublemakers: The Story of Land Art* unearths the history of land art in the tumultuous late 1960s and early 1970s. The film features a cadre of renegade New York artists that sought to transcend the limitations of painting and sculpture by producing earthworks on a monumental scale in the desolate desert spaces of the American southwest. Today these works remain impressive not only for the sheer audacity of their makers but also for their out-sized ambitions to break free from traditional norms. The film casts these artists in a heroic light, which is exactly how they saw themselves. Iconoclasts who changed the landscape of art forever, these revolutionary, antagonistic creatives risked their careers on radical artistic change and experimentation, and took on the establishment to produce art on their own terms. The film includes rare footage and interviews which unveil the enigmatic lives and careers of storied artists Robert Smithson (*Spiral Jetty*), Walter De Maria (*The Lightning Field*) and Michael Heizer (*Double Negative*); a headstrong troika that established the genre. As the film makes clear, in making works that can never be possessed as an object in a gallery, these troublemakers stand in

marked contrast to the hyper-speculative contemporary art world of today.

*Troublemakers* features Germano Celant, Walter De Maria, Michael Heizer, Dennis Oppenheim, Robert Smithson, Nancy Holt, Vito Acconci, Virginia Dwan, Charles Ross, Paula Cooper, Willoughby Sharp, Pamela Sharp, Lawrence Weiner, Nancy Holt, Carl Andre, Gianfranco Gorgoni, and Harald Szeemann.

#### Reviews

- "A film that takes its place among the great art documentaries of the past half-century filled with great moments, large and small deftly captures the madcap ambition, grandeur and even sublimity of the works these artists created." ~ - *The Wall Street Journal*
- "A thrilling and revealing look at the creators and myths of land art. Through archive footage and extended interviews, [*Troublemakers*] masterfully captures the why and how of these sacred terrestrial forms." - *Interview Magazine*
- "Some of the most momentous recent art on Earth was made with earth itself: golden crust from a desert mesa, imposing loads of dark brown dirt, piles of spiraling rocks arranged in a lake. All of those and other terrestrial offerings rank as materials on survey in the new documentary '*Troublemakers*,' which presents land art as a phenomenon fit for appreciation on the silver screen." - *The Wall Street Journal*

**Item no.** : FL10800422  
**Format** : DVD  
**Duration** : 72 minutes  
**Copyright** : 2015  
**Price** : USD 395.00

## BUSINESS

### CAPABILITIES-DRIVEN STRATEGY

With Paul Leinwand

Most companies today face a fundamental problem: the disconnect between what they aspire to do and what they can actually accomplish. CEO's are worried about their differentiation in a world that is increasingly hard to compete in. But are they creating strategies without fully understanding what the organization is capable of delivering? Drawing on research, including in-depth case studies on companies such as Apple and IKEA, Paul Leinwand explains how companies can correct a flawed strategy and still create value in the market.

**Item no.** : PK00300389  
**Format** : DVD  
**Duration** : 52 minutes  
**Price** : USD 95.00

## CAPITAL C

Director: Jorg M. Kundering, Timon Birkhofer

Funded by 586 people from 24 countries through a crowdfunding campaign on Kickstarter, *Capital C* is the first feature length documentary dedicated to crowdfunding. Over the course of more than two years, the filmmaking duo Jorg M. Kundering and Timon Birkhofer followed crowdfunding pioneers all over the United States. The film is centered on the inspiring endeavors of Zach Crain (bottle koozies), Jackson Robinson (hand-drawn playing cards), and Brian Fargo (video games), who cut out the middleman and changed their lives forever, with the help of the crowd. By following Zach, Jackson, and Brian, the documentary became an intimate portrait of the hopes and dreams as well as the fears and pitfalls of independent creators in the wake of the digital age.

**Item no.** : MN11990317  
**Format** : DVD (Region 1, Color)  
**Duration** : 87 minutes  
**Copyright** : 2014  
**Price** : USD 419.00

### HIGH-POWERED ADVERTISING: PROFITABLE MARKETING STRATEGIES FOR YOUR FITNESS BUSINESS

By Alan Leach

*High-Powered Advertising: Profitable Marketing Strategies for Your Fitness Business* presents an overview of the most effective advertising and marketing strategies for health/fitness clubs. As such, the DVD explains how clubs can use the Internet to advertise, promote, and grow their business. The DVD also provides information, ideas, and insights regarding writing "high-impact," persuasive sales and marketing copy that can help drive new leads into a club. In addition, the DVD discusses how facilities can brand, promote, and market their business so that budget clubs never become a threat to them. Finally, the DVD reviews lead-generation advertising and marketing ideas that can produce ever more leads and sales.

Among the topics covered:

- Profitable fitness business
- Retention
- Product/services
- Selling system
- Sales training
- Direct marketing
- Database management
- Lead generation
- Awareness
- Web marketing

**Item no.** : ZC08501969  
**Format** : DVD  
**Duration** : 80 minutes  
**Copyright** : 2015  
**Price** : USD 79.95

**Copyright** : 2015  
**Price** : USD 79.95

**Item no.** : BC02500391  
**Format** : DVD  
**Duration** : 52 minutes  
**Price** : USD 95.00

## **LEADERSHIP LESSONS LEARNED THE HARD WAY**

With Pat Gelsinger

VMware CEO Pat Gelsinger shares his perspective on effective leadership, based on his own personal experience and lessons he has learned over the course of his 35-year career in the technology industry.

- Reasons to discount the HIPPO—the highest-paid person's opinion.
- Why you need to embrace your failures and keep learning every single day.
- The value of relationships: listen to your mentors and give frank, direct feedback to your subordinates.

Gelsinger speaks to why he considers strategy a 7x24 job for leaders today, and why he believes leaders should never waste a good crisis. He also shares his philosophy on smart decision-making, and why values, in the end, are the most enduring thing we will ever create and sustain as leaders.

**Item no.** : FN02460390  
**Format** : DVD  
**Duration** : 43 minutes  
**Price** : USD 95.00

## **LET'S GET STRATEGIC: 5 MUST-HAVE'S TO CREATING A MARKETING PLAN THAT WILL GET YOU RESULTS!**

By Lindsey Morando

Let's Get Strategic: 5 Must-Have's to Creating a Marketing Plan That Will Get You Results! outlines the key foundational pieces that health/fitness clubs should have before they even begin their marketing planning. In that regard, the DVD identifies the #1 piece of a club's business that must be in place before it can implement any marketing strategy. The DVD also explains how facilities can develop a marketing plan that will lead to action. In addition, the DVD discusses how clubs can make the most of their marketing time, money, and resources. Finally, the DVD provides a quarterly template that facilities can use to help ensure that they are headed in the right direction.

Among the topics covered:

- Clarity & mindset
- The four "W" method
- Productivity & goal-setting
- The secret template
- Essential tools you need
- Accountability & support
- Let's put it all together

**Item no.** : AH08501970  
**Format** : DVD  
**Duration** : 54 minutes

## **PRECISION MARKETING: EFFECTIVELY ENGAGE YOUR MEMBERS UTILIZING THE LATEST TECHNOLOGIES**

By Kilian Fisher

Precision Marketing: Effectively Engage Your Members Utilizing the Latest Technologies reviews the latest trends in precision marketing in the health/fitness club industry. The DVD explains how clubs can successfully utilize social media in their marketing efforts. The DVD also looks at the concept of profiling. In addition, the DVD discusses disruptive technologies and the impact that they could have on a facility's marketing. Finally, the DVD addresses how clubs can properly monitor and assess the effectiveness of their marketing programs.

Among the topics covered:

- Big data
- Leads & members
- Data capture
- Marketing strategy
- SOSTA model
- CRM as the hub
- Using social media effectively for precision marketing
- Profiling for precision marketing

**Item no.** : RS08501971  
**Format** : DVD  
**Duration** : 82 minutes  
**Copyright** : 2015  
**Price** : USD 79.95

## **SIMPLE RULES: THRIVING IN A COMPLEX WORLD**

With Kathleen Eisenhardt

- Six short-cut strategies for achieving your toughest goals.
- A clear process to create better rules for business and personal life.
- Examples and tools for successful implementation of Simple Rules.

We struggle with complexity every day. We have too much information, face too many choices, and drown in tsunamis of detail. How can we possibly make decisions in the midst of this chaos while striving to achieve our personal and professional goals?

Simple Rules are the answer. These rules focus our attention and simplify the way we think. Easy to understand and remember, they coordinate teams and keep everyone working toward the same results. With practical examples that range from Airbnb to Indiegogo, biotech to burglars, poker-playing to internet-dating, Dr. Eisenhardt reveals how Simple Rules work to sharpen thinking and clarify strategy.

## **SIX SKILLS OF HIGH-SCALE ENTREPRENEURS**

With Amy Wilkinson

- Spotting opportunities that others don't see.
- The OODA method for fast cycle iteration: observe, orient, decide and act.
- Why you need to set a failure ratio rather than strive for a perfect record.

How do you take an idea and turn it into a 100-million dollar enterprise—seemingly overnight? Based on five years of academic research, Amy Wilkinson has isolated six entrepreneurial skills that can carry an idea from start-up to scale in the midst of this rapidly changing economy.

Companies that range from LinkedIn to Airbnb, Spanx to YouTube, Under Armour to Tesla and SpaceX—all share common methodologies for success. Their founders figured out how to find the gap, drive for daylight, fly the OODA loop, fail wisely, network minds, and gift small goods. Ms. Wilkinson explains these concepts and shares the mindset of the entrepreneurs who applied them with such great success.

**Item no.** : AD00300392  
**Format** : DVD  
**Duration** : 55 minutes  
**Price** : USD 95.00

## **THREE KEYS TO BECOMING A GREAT LEADER**

With Susan Packard

- Building culture when senior leadership is unsupportive.
- The importance of career and discipline diversity.
- Vision, brainstorming, and workarounds—how trying new things can change an industry.

Susan Packard's three keys to great leadership: leaders are connected, leaders keep their organizations fresh, and leaders show courage. Easier said than done? Sharing lessons learned from failures as well as successes, Packard describes how to stay connected to customers and colleagues, always remembering that connections are reciprocal. She explains how innovation maintains your freshness while keeping your team motivated and engaged. And she details how preparation, persuasion, humility and flexibility support you in moments of courage—especially when you stand alone on the brink of new territory and need all of the stakeholders to

sign on for the journey.

**Item no.** : KU02460393  
**Format** : DVD  
**Duration** : 39 minutes  
**Price** : USD 95.00

## DENTISTRY

### CELL-TO-CELL COMMUNICATION: ORAL HEALTH AND GENERAL HEALTH

Edited by: S. Jepsen, M. Sanz, B. Stadlinger, H. Terheyden

The Links Between Periodontitis, Atherosclerosis, and Diabetes

Can periodontitis or other inflammatory processes of the oral cavity contribute to systemic conditions such as atherosclerosis or diabetes, or negatively influence their course?

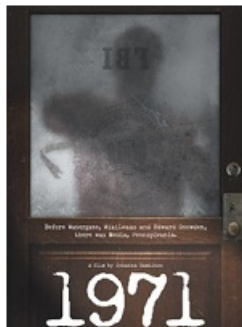
This 3D animation Oral Health and General Health - addresses these issues by visualizing the highly complex intercellular interactions and signaling pathways. Periodontal pathogens are invasive and can spread throughout the body via the bloodstream. Locally produced pro-inflammatory mediators can also shed into the circulation. This new film features an interdisciplinary topic, and in this context, special attention is given to diseases such as atherosclerosis and type 2 diabetes.

- Dissemination of bacteria in periodontitis
- Impact of periodontitis on the cardiovascular system: Atherosclerosis
- Effect of periodontitis on glucose metabolism: Type 2 diabetes
- Dental treatment

**Item no.** : ML00530193  
**Format** : DVD  
**Copyright** : 2015  
**StdBkNo** : 9781850972884  
**Price** : USD 180.00

## DOCUMENTARY AND FILM

### 1971



Director: Johanna Hamilton

On March 8, 1971, a group of citizens broke into an FBI office in Media, PA, took every file, and shared them with the public. Their actions exposed the FBI's illegal surveillance program of law-abiding Americans. Now, these previously anonymous Americans publicly share their story for the first time.

The FBI, established in 1908, was for 60 years held unaccountable and untouchable until 1971, when The Citizens' Commission to Investigate the FBI, as they called themselves, sent the stolen files to journalists at the Washington Post, which published them and shed light on the FBI's widespread abuse of power. These actions exposed COINTELPRO, the FBI's illegal surveillance program that involved the intimidation of law-abiding Americans, and helped lead to the country's first congressional investigation of U.S. intelligence agencies.

The activist-burglars then disappeared into anonymity for forty years. Until now. Never caught, these previously anonymous Americans parents, teachers and citizens publicly reveal themselves for the first time and share their story in the documentary 1971. Using a mix of dramatic re-enactments and candid interviews with all involved, the film vividly brings to life one of the more important, yet relatively unexplored, chapters in modern American history.

#### Reviews

- "'1971' unpacks a crucial but little known episode in modern political and journalistic history. The story, including its cat-and-mouse aftermath, adds the intricate excitement of a thriller to righteous historical outrage." - The New Yorker
- "The story told here couldn't be more significant or more timely." - Los Angeles Times
- "Straightforward and skillful." - The New York Times

**Item no.** : WZ10800418  
**Format** : DVD  
**Duration** : 79 minutes  
**Copyright** : 2015  
**Price** : USD 295.00

### CAFFEINATED

Director: Hanh Nguyen, Vishal Solanki

Every cup of coffee has a story... one that begins in a lush tropical field and ends at your breakfast table. Caffeinated is a fascinating globe-hopping examination of this journey from bean to cup. A host of coffee specialists from the bean harvesters of such coffee-growing regions as Nicaragua, Guatemala and India to American shop owners to Italian industry insiders weigh in on the history and cultural impact of coffee, from the art of roasting and taste-testing to the unsung skills of your local barista. Caffeinated is a compelling, comprehensive look into the world of coffee that will leave you appreciating your morning cup as more than just a caffeine fix!

**Item no.** : SS11990316  
**Format** : DVD (Region 1, Color)  
**Duration** : 80 minutes  
**Copyright** : 2015  
**Price** : USD 419.00

### DEUTSCHLAND 83

Director: Edward Berger, Samira Radsai  
Starring: Alexander Beyer, Jonas Nay, Maria Schrader, Sonja Gerhardt

Deutschland 83 is a groundbreaking new series from the producers of the international Emmy award-winning Generation War. It's 1983. The Cold War is hot. Russian SS20 Missiles in East Germany are already pointed West. American Pershing II Missiles will soon be placed in West Germany, pointing East. The threat of nuclear conflict looms.

Our hero, Martin Rauch (Jonas Nay), is 23. Born and raised in East Germany, he is sent undercover, as Moritz Stamm, to West Germany, to work for a top General in the Bundeswehr. Officially, his job is to gather intelligence on the placement of the Pershing II Missiles. A secondary gig develops, infiltrating youth culture through close relationships with the General's two children. But nothing and no one are as they seem.

Deutschland 83 is a coming-of-age story within a suspenseful thriller, set against the real events, culture wars and political realities of Germany in the 1980s.

**Item no.** : KE11990318  
**Format** : DVD (Region 1, German, Color)  
**Duration** : 360 minutes  
**Copyright** : 2015  
**Price** : USD 419.00

### MAGICAL GIRL

Director: Carlos Vermut

One of the breakout hits of Spain's burgeoning low-budget filmmaking scene, Carlos Vermut's debut, Diamond Flash, instantly established the young filmmaker as a deft practitioner of the thriller genre. Vermut's follow-up, Magical Girl, employs a classic noir premise, taking his exploration of the darkest side of human nature to exhilarating new extremes.



Luis (Luis Bermejo) is desperate to fulfill his terminally ill daughter's last wish: to own the prohibitively expensive "Magical Girl Yukiko" dress from her favorite Japanese cartoon. Unemployed, with no prospects, and blinded with grief, Luis turns to extortion when he crosses paths with the beautiful, mentally disturbed Barbara (Barbara Lennie). Her marriage threatened by the blackmail, Barbara reluctantly complies with his scheme, even as it sends her spiralling into a world of danger and degradation. Seeking revenge on Luis, she turns for help to the only person who truly knows how damaged she is: retired math teacher Damian (Jose Sacristan), who has dark secrets of his own. The trio descends into an infernal cycle of deception and double-crosses, in which the struggle between reason and instinct plays out to nerve-jangling effect.

While *Magical Girl* displays ample influence from the best of Spanish cinema past and present, from Luis Bunuel to Alejandro Amenabar, it also draws inspiration from the hyper-stylization of Japanese manga and the boundary pushing of South Korean genre cinema. Ultimately, however, Vermut's film is a thoroughly original creation, its vicious dance of vengeance and deceit offering a twisted reflection of Spain's fraught contemporary reality. (Synopsis by Diana Sanchez, Toronto Intl. Film Festival)

#### Reviews

- "A razor-sharp tale of unintended consequences." - Indiewire
- "Distinctive, darkly quirky... A spare, austere and thoroughly contemporary noirish social critique constructed on rich emotional foundations, this is a deceptively simple study of the dangerous interaction between money and emotion which feels authentically independent, the sideways slant of its director's vision continually shifting the viewer out of the comfort zone." - The Hollywood Reporter

**Item no.** : BT10800419  
**Format** : DVD (Spanish, with English subtitles)  
**Duration** : 127 minutes  
**Copyright** : 2014  
**Price** : USD 295.00

### OF MEN AND WAR

Director: Laurent Bécue-Renard

Shot over four years, *Of Men and War* gives perhaps the most in-depth look at the recovery efforts of veterans suffering from PTSD. Through unprecedented access to their lives at home and intensely vivid footage of some therapy sessions, director Laurent Bécue-Renard unveils the gripping, upsetting reality that is the daily life of most war veterans. *Of Men and War* gives viewers a glimpse into the tragic lives of the men and women who fight for our nation's security as they struggle to find the energy left to make peace with their past.

**Item no.** : TA11990319  
**Format** : DVD (Region 1, Color)  
**Duration** : 103 minutes  
**Copyright** : 2015  
**Price** : USD 419.00

### PHANTOM OF THE OPERA, THE

Director: Rupert Julian  
 Starring: Cesare Gravina, Gibson Gowland, Lon Chaney, Mary Philbin, Snitz Edwards

A forerunner of the American horror film, and one of the most lavish productions of the silent cinema, *THE PHANTOM OF THE OPERA* has inspired countless remakes and imitations. But none of its successors can rival the mesmerizing blend of romance and mystery that haunts every frame of the Lon Chaney original. This edition presents the 1929 theatrical version, restored from archival 35mm elements by Film Preservation Associates. It is highlighted by the Technicolor Bal Masque sequence (in which the Phantom interrupts the revelry wearing the scarlet robes of the Red Death), as well as meticulously hand-colored sequences (replicating the Handschiegl Color Process). The film is presented at two different historically-accurate projection speeds, each with two different soundtrack options. Also included is the 1925 theatrical version, which survives only in poor-quality prints, but contains scenes that were removed from the 1929 release version.

**Item no.** : NN11990321  
**Format** : DVD (Region 1, Black and White)  
**Duration** : 78 minutes  
**Copyright** : 1929  
**Price** : USD 419.00

### TANGERINES

Director: Zaza Urushadze

A story of awakening humanity in the midst of violence, told with intimacy and elegance by writer/director Zaza Urushadze, *Tangerines* is the spare, yet haunting tale of an older Estonian man who cares for two wounded soldiers from opposite sides of the 1990s-era war in Georgia. The film reveals compassion to be the ultimate response to centuries of political, cultural and ethnic conflict, a compelling and relevant message for contemporary audiences.

#### Reviews

- "A cause for celebration. This potent, intimate war movie has the emotional force and intelligence to break through apathy and ignorance. A triumph...a tough-minded, lucid, even gravely beautiful drama." - Film Comment
- "A modestly magnificent fable of enemies in a time of war. Ivo is a marvelous character, and Mr. Ulfak

is nothing short of masterly in the role. This remarkable piece of antiwar cinema honors its theme, and the movie medium." - Wall Street Journal

**Item no.** : LA10800420  
**Format** : DVD (Estonian, Russian and Georgian, with English subtitles)  
**Duration** : 87 minutes  
**Copyright** : 2014  
**Price** : USD 295.00

### TOKYO FIANCEE

Director: Stefan Liberski

Based on Amelie Nothomb's bestselling novel, *Tokyo Fiancee* is an entertaining romantic comedy that will appeal to fans of Jean-Pierre Jeunet's *Amelie* and Sofia Coppola's *Lost in Translation*.

The young, pixie-like Amelie is in love with all things Japanese, which prompts her to buy a one-way ticket to Tokyo in order to completely immerse herself in Japanese culture. She offers to work as a French tutor, and soon finds herself enjoying a passionate relationship with her only student, the charming Rinri. As the two explore the joys (and awkwardness) of their first real romance and the colorful city around them, many cultural barriers fall...but some still remain.

This utterly charming romantic comedy played in the 2014 Toronto International Film Festival and seduced audiences in Europe with its whimsical style and its playful look at misunderstandings, complications and the problems that arise from cultural stereotypes. Pauline Etienne, as Amelie, is winsome and wonderful as the enthusiastic young woman on a cross-cultural adventure of the heart.

#### Reviews

- "'Amelie' meets 'Lost in Translation'...playful yet poignant." - The Hollywood Reporter
- "Charming, whimsical...mixes playfulness and intellect." - Variety

**Item no.** : PC10800421  
**Format** : DVD (English, French and Japanese, with English subtitles)  
**Duration** : 100 minutes  
**Copyright** : 2014  
**Price** : USD 295.00

### WELCOME TO LEITH



Directors: Michael Beach Nichols & Christopher K. Walker

Welcome to Leith chronicles the attempted takeover of a small town in North Dakota by notorious white supremacist Craig Cobb. As his behavior becomes more threatening, tensions soar, and the residents desperately look for ways to expel their unwanted neighbor. With incredible access to both longtime residents of Leith and white supremacists, the film examines a small community in the plains struggling for sovereignty against an extremist vision.

#### Reviews

- "Haunting... creepily even-handed... a stunning portrait of First Amendment rights pushed to their extremes." - Indiewire
- "A gripping you-are-there portrait of a community under siege... as engrossing as a fictional thriller." - Variety

**Item no.** : TP10800423  
**Format** : DVD  
**Duration** : 86 minutes  
**Copyright** : 2015  
**Price** : USD 295.00

## EDUCATION

### TEACHING STUDENTS RESPONSIBLE BEHAVIOR II: SOCIAL-EMOTIONAL LEARNING



This course focuses on teaching students responsible behavior by combining social-emotional learning (SEL) with choice theory. Included are SEL strategies to help students regulate their behavior (restrain impulses, manage stress and anger, self-evaluate, plan effectively, and persevere) and get along with others (take others' perspective, empathize, demonstrate manners and social skills).

In this course, you will learn how to:

- create and use specific, engaging

strategies for teaching the emotional and social skills all students need.

- integrate SEL into the academic curriculum.
- learn skills to deal with any discipline situation no matter how intense.
- integrate character education into their classroom instruction.
- gain cooperation and prevent discipline problems.

**Item no.** : TE00710030  
**Format** : DVD  
**Price** : USD 350.00

### WHAT RIGOR LOOKS LIKE IN THE CLASSROOM

What does rigor really look like in the classroom? As schools are focused more and more on increasing academic rigor, in part because of the emphasis placed on rigor in all of the various state standards, it's a question every teacher is asking. In this video, Robyn Jackson dispels the confusion by presenting the clear and concise definition of academic rigor she's developed over time and working with teachers to show them what rigor looks like in practice.

Visit a variety of different schools to see real teachers who are using Jackson's field-tested methods to successfully boost academic rigor in their classrooms. You'll witness these teachers helping students to construct meaning for themselves; impose structure on information that allows them to think accurately, consider multiple meanings, and engage in disciplined inquiry and thought; integrate their skills into processes; and apply what they've learned in more than one context and to unpredictable situations.

What Rigor Looks like in the Classroom DVD takes the mystery out of rigor and provides practical guidance for implementing rigorous instruction that meets the needs of all students.

**Item no.** : WU01250133  
**Format** : DVD  
**Duration** : 45 minutes  
**Copyright** : 2015  
**StdBkNo** : 9781416620792  
**Price** : USD 219.00

## ENVIRONMENT

### PEARL BUTTON, THE

Director: Patricio Guzman

The ocean contains the history of all humanity. The sea holds the voices of the Earth and those that come from outer space. Water receives impetus from the stars and transmits it to living creatures. Water, the longest border in Chile, also holds the secret of a mysterious button that was discovered in its seabed. Chile, with its 2,670 miles of coastline, the largest archipelago in the world, presents a supernatural landscape. In it are volcanoes, mountains and glaciers. In it

are the voices of the Patagonian indigenous people, of the first English sailors and also those of its political prisoners. Some say that water has memory. This film shows that it also has a voice.

**Item no.** : HH11990320  
**Format** : DVD (Region 1, Spanish, Color)  
**Duration** : 82 minutes  
**Copyright** : 2014  
**Price** : USD 419.00

### TREES IN TROUBLE: SAVING AMERICA'S URBAN FORESTS



Directed by Andrea Torrice

The first film to document how a city responds to the imminent tree crisis caused by invasive insects such as the emerald ash borer.

It seemed to happen almost overnight. Thousands of trees started dying unexpectedly in SW Ohio. Cincinnati almost went broke cutting down trees and trying to keep the invasion from damaging property - or worse. The killer was a tiny insect known as the emerald ash borer, a new invasive insect from Asia that will wipe out every ash tree in America...unless we do something about it. First found near Detroit in 2002, emerald ash borers have now infested trees in 35 states, from New Hampshire to North Carolina and as far west as Colorado.

TREES IN TROUBLE: Saving America's Urban Forests tells the compelling story of how one community in SW Ohio confronted their tree crisis and fought the invasive pest by taking action and joining together. Through partnerships with scientists, city officials and everyday citizens, this community was able to fight the pest and protect their urban forests for future generations. The film also explores the rich history of urban forestry in the United States and the exciting new research linking human health and trees.

Designed for audiences of all ages, TREES IN TROUBLE inspires viewers to take action, and points towards first steps.

#### Reviews

- "An urgent call to action to protect our treasured urban street and park trees from extinction" - Dr. Rutherford H. Platt Jr., Professor Emeritus of Geography, UMass-Amherst
- "What an arresting film! Beautifully made and engaging to watch. Trees are an important source of health for humans and nature and thus a vital

part of our cities. This is a valuable resource for classroom and community showings across the country." - Mary Evelyn Tucker, School of Forestry and Environmental Studies, Yale University

- "Plants make earth livable, and trees do that better than other plants. In a beautifully rendered story of Cincinnati's urban forests, Trees in Trouble reminds us that humans have the power to destroy trees or save them: the choice is ours." - Dr. Douglas Tallamy, Professor and Chair, Entomology and Wildlife Ecology, University of Delaware

**Item no.** : NY01110903  
**Format** : DVD  
**Duration** : 27 minutes  
**Audience** : Grade Level: 7 - 12, College, Adults  
**Copyright** : 2015  
**StdBkNo** : 1941545475  
**Price** : USD 250.00

## FITNESS

### ART OF PILATES-YOGA FUSION (BLENDING PILATES AND YOGA PROGRESSIONS)

By June Kahn

Art of Pilates-Yoga Fusion (Blending Pilates and Yoga Progressions) details the technique for creating seamless transitions for mind-body fusion flowing progressions. The DVD reviews how to blend the art of fluid yoga with beautiful, yet strong moving Pilates progressions, as well as how to create splendid angles and curves with the body. In that regard, the DVD explores the essentials and movement tactics that are the basis of this program. This perfect method of body conditioning unites the fluidity of movement and physical grace with concentration and control. The end result integrates a graceful flow of linked progressions that challenges the body, while staying true to the disciplines explored.

Among the topics covered:

- Foundation
- Half-sun moon breath
- Sun salutation
- Moving from pilates to yoga
- Using the block
- Transition to the floor

**Item no.** : GV08501968  
**Format** : DVD  
**Duration** : 51 minutes  
**Copyright** : 2015  
**Price** : USD 79.95

## FOOD SAFETY

### FOOD SAFETY - 10 CAUSES

### OF FOOD POISONING

This safety training DVD program explores the 10 main causes of food poisoning including:

- preparing food too far in advance
- cooling food too slowly
- not reheating adequately
- cooked food contaminated with food poisoning bacteria
- undercooking
- inadequate thawing
- cross contamination
- improper storage
- infected food handlers
- using left over's

**Item no.** : ZC25430045  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 179.00

### FOOD SAFETY - ALLERGENS

Allergen control is now a legislative requirement and managing allergen risks requires specified procedures in your workplace.

Procedures must be in place for cleaning and sanitising work areas prior to any food preparation.

This video deals with:

- What is Intolerance?
- The main food ingredients that cause allergies
- Risks during processing

**Item no.** : PV25430046  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 179.00

### FOOD SAFETY - CHEMICAL SAFETY

Cleaning chemicals can be a hazard in the kitchen.

It is important that chemicals are labelled, stored and used in the same way that the supplier has instructed you.

This safety training video looks at the 5 basic steps when cleaning and sanitizing food contact surfaces as well as the importance of cleaning schedules.

**Item no.** : WR25430047  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 179.00

### FOOD SAFETY - CLOTHING

When preparing or handling food, appropriate clothing and footwear must be worn, this is to ensure that the body or clothing itself does not lead to contamination of the food.

This program includes:

- Examples of appropriate clothing
- Practises to ensure clothing does not become contaminated
- Maintaining personal protective equipment (PPE)
- Risks of contaminated linen and laundry

**Item no.** : FM25430048  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 179.00

### FOOD SAFETY - EGG SAFETY

Eggs that are not handled, stored or prepared properly can be contaminated with Salmonella bacteria.

While the chance of coming across a contaminated egg is quite low, the illness caused by Salmonella can be severe.

So it is important that you take the same precautions with eggs as you would for chicken, meat, seafood and dairy foods.

This video shows how to buy, store, and use eggs in a manner that will prevent any contamination.

**Item no.** : KD25430049  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 179.00

### FOOD SAFETY - FOOD ADULTERATION

Adulteration occurs when something falls into the food that isn't meant to be there.

This program provides a simple checklist to assist food handlers in the prevention of food adulteration.

**Item no.** : AL25430050  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 179.00

### FOOD SAFETY - FOOD DELIVERY

All food must be transported hygienically and perishable foods must be transported under controlled conditions that do not allow the temperature of hot foods to drop below 60 degrees centegrade (60° C) or cold foods to rise to dangerous levels.

Cold foods should be kept below 5° C.

This safety training video highlights the importance of using suppliers and delivery providers of the highest caliber and routinely reviewing them to make sure that they are delivering food safely to you.

**Item no.** : RV25430051  
**Format** : DVD  
**Duration** : 2 minutes  
**Price** : AUD 179.00



## FOOD SAFETY - FOOD HANDLER'S HEALTH

Every food business must take all reasonable steps to ensure that everyone in the business who works with food does not handle food or come into contact with food preparation areas if they are sick.

This is because illnesses can be transferred to other people via the food they handle.

Learn about the food handler's obligation and what to do if you feel you may be ill.

**Item no.** : NY25430052  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - FOOD HANDLING CONTROLS

The food standards code for Australia and New Zealand states that, food businesses must take all practicable measures to ensure that they only accept food that is protected from the likelihood of contamination.

This safety training video takes an in depth look at food storage, food processing, food display, food packaging, the importance of temperature control when cooling food and the correct way to take the temperature of food.

**Item no.** : AG25430053  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - FOOD SAFETY PROGRAMS

A food safety program is based on the principles of H.A.C.C.P, an internationally accepted prevention and risk based safety program.

A well implemented food safety program is designed to improve the safety of food handling practices, and ultimately reduce the risk of food contamination and illness.

This program includes:

- What a food safety program contains
- The importance of a training program
- Incident reporting
- The importance of corrective action

**Item no.** : KW25430054  
**Format** : DVD  
**Duration** : 8 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - FOOD STORAGE

This video contains 13 general rules for

storing food as well as another 24 tips for storing cold, frozen, dried and canned food correctly.

It also addresses the importance of stock rotation and the rules for using single use items.

A must for anyone involved in food preparation.

**Item no.** : AE25430055  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - HAZARDS

A hazard is anything that can cause harm to a consumer.

Hazards that are prevalent in the food industry are:

- Microbiological hazards
- Chemical hazards
- Physical hazards
- Allergens

This safety training DVD looks at each of these four areas in depth and gives easy to follow and explicit instructions on how to avoid contaminating food.

**Item no.** : PZ25430056  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - HYGIENE

Naturally good hygiene is essential in the safe preparation of food.

This safety training video explores some must do's and must not do's when preparing food.

It also looks at the importance of washing hands thoroughly and exactly when this is necessary. The importance of gloves is also explored and how, when and why gloves must be changed during food preparation.

An easy to follow guide on the importance of good hygiene in the kitchen.

**Item no.** : BA25430057  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - PEST CONTROL

This safety training video looks at the 3 main types of pests in food preparation areas:

- Cockroaches
- Flies
- Rats and mice

It discusses their living and eating habits and how best you can best keep these creatures away from your food and food

preparation areas.

The video also looks at and sets out some easy to follow but important rules for garbage disposal.

**Item no.** : TZ25430058  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - POTENTIALLY HAZARDOUS FOOD

This video looks at potentially high risk food and gives some handy hints on how to prepare them and what temperatures to store them at.

It also explores the importance of keeping ready to eat foods and their utensils separate from raw foods and their utensils.

**Item no.** : LU25430059  
**Format** : DVD  
**Duration** : 2 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - PRODUCT RECALL

Food recalls can be made due to many different reasons, such as:

- Physical adulteration (like glass, metal)
- Chemical contamination (which could include chemical residue or unsuitable packaging)
- Microbiological contamination which could be caused by an unsealed package, insufficient preservation or bacteria content) and
- Incorrect labelling such as undeclared ingredients

This video addresses:

- How best to store products
- What to do when a food product is recalled
- How to find out what foods are being recalled

**Item no.** : WJ25430060  
**Format** : DVD  
**Duration** : 2 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - TEMPERATURES

For anyone in the business of handling food, it is important that you know the impact that temperature has on food.

This program includes:

- The impact various temperatures have on bacteria growth
- The 'danger zone' for food
- Time calculations for high risk food

**Item no.** : TU25430061  
**Format** : DVD  
**Duration** : 3 minutes

**Price** : AUD 179.00

## FOOD SAFETY - THE LAW AND YOU

Food poisoning is an illness that can affect anyone, and has the potential to cause serious harm.

It is also extremely common, with over 7 million cases reported in Australia alone last year.

Legislation now requires that all businesses and volunteer organisations that handle food, consistently provide safe food.

This program discusses:

- What is the Food Act.
- The legislative requirements of food handlers
- The responsibilities and required attributes of a food safety supervisor
- The consequences of breaching the Food Act.

**Item no.** : GC25430062  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : AUD 179.00

## FOOD SAFETY - WHAT IS BACTERIA

Bacteria comes in many forms and is beneficial in many processes, such as digestion, water treatment and food processing.

However, when bacteria comes into contact with food with the right conditions, that food can quickly become contaminated.

This program includes:

- A description of what bacteria is
- How we come into contact with bacteria
- Different types of bacteria
- Contaminated food
- Conditions that encourage bacteria growth

**Item no.** : MA25430063  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 179.00

## FOOD SAFETY: KEEPING BUGS OUT OF FOOD



Explains the best methods to achieve compliance with Food Safety Standard 3.3.2.

videoAccording to the Food Safety Authority of Australia and New Zealand, some 11,500 consumers are affected by food borne diseases each day.

Under the Food Safety Standard 3.3.2 Food Safety Practices and General Requirements, food businesses must ensure their food handlers do not contaminate food. Food businesses also have specific responsibilities relating to the health of the people who handle food. These include the provision of hand washing facilities and informing food handlers of their health and hygiene obligations. The program explains the best methods to achieve compliance with this new standard.

**Item no.** : WZ25430064  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 430.00

## PAIN MANAGEMENT

### PAIN MANAGEMENT: PHARMACOLOGICAL TREATMENT AND CLASSIFICATION OF PAIN

This program will examine the three major groups of medications used to treat and manage pain: non-opioids, opioids, and adjuvants. It will also examine pain's etiology and expected treatment cycle. Using this approach, it classifies pain as: acute, chronic non-malignant, and chronic malignant.

After completing this course, you should be able to:

- Describe the uses of non-opioid pain medications.
- Explain the uses of opioid pain medications.
- Describe the uses of adjuvant medications.
- Explain the differences between acute, chronic and chronic malignant pain.

**Item no.** : TR08050280  
**Format** : DVD  
**Duration** : 20 minutes  
**Copyright** : 2015  
**Price** : USD 295.00

### PAIN MANAGEMENT: PHYSICAL AND COGNITIVE TREATMENT

This program examines the patient's pain experiences and shows how these experiences impact the caregiver's pain management strategies. In addition, complimentary treatment modalities commonly used in comprehensive pain management programs are examined. Complimentary pain treatment refers to the use of non-pharmacological treatments for relieving or reducing pain.

After completing this course, you should be able to:

- Describe the types of distraction therapies used in pain relief.
- Describe the types of relaxation therapies used in pain relief.

**Item no.** : NF08050291  
**Format** : DVD  
**Duration** : 19 minutes  
**Copyright** : 2015  
**Price** : USD 295.00

### PAIN MANAGEMENT: THE PAIN PROCESS AND PATIENT ASSESSMENT

This program describes psycho-physiological factors and other elements involved in the pain process. It describes the techniques of a thorough pain assessment, and identifies outcomes needed for an effective pain management program.

After completing this course, you should be able to:

- Explain the physiological processes involved in pain.
- Describe other processes, such as psychological and social, involved in the subjective experience of pain.
- Describe the techniques of pain assessment.
- List the outcomes of a pain management program.

**Item no.** : HC08050292  
**Format** : DVD  
**Duration** : 25 minutes  
**Copyright** : 2015  
**Price** : USD 295.00

### PAIN MANAGEMENT: TREATMENT FOR SPECIAL POPULATIONS

This examine the development of pain management programs for special populations: those who deny their pain, those not fully conscious, those with dementia, and age-specific groups from neonates to the elderly.

After completing this course, you should be able to:

- Explain pain assessment and management for those not fully conscious.
- Describe pain assessment and management for those with dementia.
- Explain pain assessment and management for different age groups.

**Item no.** : PA08050293  
**Format** : DVD  
**Duration** : 22 minutes  
**Copyright** : 2015  
**Price** : USD 295.00

# PSYCHOLOGY

## INTERPERSONAL

### PSYCHOTHERAPY: A CASE OF POSTPARTUM DEPRESSION

By Scott Stuart

What, exactly, is Interpersonal Psychotherapy (IPT), and how is it applied across populations? Watch Scott Stuart, MD, present the core elements of this evidence-based method in a course of therapy with a woman dealing with postpartum depression.

You may have heard of IPT, as it is often cited in the research literature comparing its efficacy to CBT. But most clinicians have limited knowledge of what IPT looks like in actual practice. In this comprehensive instructional video, Scott Stuart, MD, demonstrates the core components of Interpersonal Psychotherapy. Here, Stuart offers concise didactics and commentary alongside excerpts from a 12-session course of treatment. Highlighting IPT's attachment-theory origins and collaborative features, he shows how therapists can use the model to build the working alliance and move treatment forward—while also adhering to the guidelines of this empirically supported approach.

This video illustrates Stuart's work with a client experiencing postpartum depression, stresses IPT's application to a wide range of clinical issues. You'll watch Stuart establish rapport with a young mother needing relief from the constant stress of caring for a new baby (plus a toddler) without adequate understanding or support from her husband. Through the use of empathic, progressive interventions that focus on communication skills, Stuart helps her understand and accept her feelings, clarify her needs, and verbalize them in ways that are more likely to get a positive response from her husband.

You'll get a clear overview of IPT's clinical foundations, treatment goals, the role of empathy and transference (which, you may be surprised to discover, is a necessary component of the IPT model), useful, interactive interventions, and termination procedures. Stuart is easy to understand and relate to, and lectures match up with session excerpts in a progressive way. By the end of treatment, the mother is visibly brighter and reports significant improvements in her marriage and her own outlook.

If you're looking for a primer on IPT, examples of work with postpartum depression, or resources for how to blend relational skills with evidence-based tools, this is the video for you.

By watching this video, you will:

- Understand the three core principles of IPT, and its treatment targets.
- Learn how IPT emphasizes the therapeutic relationship within

evidence-based practice.

- Discover manual-guided, collaborative interventions for working with postpartum depression.

**Item no.** : BK07620485  
**Format** : DVD (With Instructor's Manual, English subtitles)  
**Duration** : 110 minutes  
**StdBkNo** : 9781601244611  
**Price** : USD 159.00

### RELATIONSHIPS: FORGIVENESS THERAPY IN PRACTICE

With Robert D. Enright, PhD

Forgiveness is the process of uncovering and letting go of anger at someone who has caused pain. This process can be the path to healing in many situations, as anger is frequently at the core of a client's issues and may be the center of a number of disorders.

The forgiveness therapy model is flexible enough to be integrated into any therapeutic approach. Fostering forgiveness in therapy involves uncovering the depth of the client's anger, obtaining commitment to forgive, and working on being able to forgive. The final phase of this therapy is the discovery of meaning in what has been suffered, finding a new purpose in life, and exploring one's own faults and the need to be forgiven by others.

In this video program, Dr. Enright demonstrates his approach to forgiveness therapy with a female client who feels hurt by her mother.

**Item no.** : MT08310237  
**Format** : DVD (Closed Captioned)  
**Duration** : 100 minutes  
**Copyright** : 2015  
**StdBkNo** : 9781433821264  
**Price** : USD 99.95

### ROBERT WALLERSTEIN: 65 YEARS AT THE HEART OF PSYCHOANALYSIS

By Robert Wallerstein, MD and Shelley Nathans, PhD

Robert Wallerstein's distinguished career spanned psychiatry, research, and psychoanalysis, with more than six decades at the center of the psychoanalytic field. In this illuminating interview, he recounts his early life, illustrious career, and the sweeping changes psychoanalysis endured throughout the 20th century.

The psychoanalytic field saw sweeping changes during the 20th century, and this video interview presents both compelling lessons and juicy insider details—all from the same man. In this illuminating interview, he recounts his formative years and politically charged career, and offers

parting reflections on the future of the field.

Wallerstein spent his career resisting the field's own authoritarian leanings, and here you'll get an idea of his progressive sensibilities that made an enduring impact on the field's evolution. He shares tales of the original Menninger Clinic, the San Francisco "hard heads" and "soft heads" that shunned "deviants" such as Winnicott and Jung, and the 1992 lawsuit over training requirements that threatened to split APSA from the international community. You'll also hear about his investigation of the Rio de Janeiro Psychoanalytic Institute, which played a role in the torture of political prisoners, and you'll learn why he believes the profession is "in trouble" today.

This interview offers a rare window into the inner workings of the psychoanalytic field, straight from one of its most esteemed luminaries. If you're interested in its history and rich political context, take a look at this one-of-a-kind video.

By watching this video, you will:

- Learn about Wallerstein's early upbringing and its influence on his career.
- Understand the US and international political currents on which Wallerstein's work made a lasting impact.
- Hear Wallerstein's recommendations for the future of the psychoanalytic field.

**Item no.** : TC07620486  
**Format** : DVD (With English subtitles)  
**Duration** : 82 minutes  
**StdBkNo** : 9781601244635  
**Price** : USD 139.00

### SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: COGNITIVE BEHAVIORAL INTERVENTIONS FOR POSTTRAUMATIC STRESS DISORDER

With Candice M. Monson, PhD

Cognitive theories of posttraumatic stress disorder, or PTSD, assert that traumatized individuals make problematic appraisals about their experiences that potentially impede recovery from trauma. Individuals with PTSD develop over-generalized and negative conclusions based on traumatic events in areas such as safety, trust, and intimacy.

Unlike anxiety-based or emotional-processing theories of PTSD, which are the foundation of exposure-based interventions, cognitive theories hold that PTSD is not a disorder of anxiety, but is instead characterized by emotional and physiological dysregulation that can be remedied with cognitive interventions.

In this video, Dr. Candice M. Monson employs cognitive behavioral therapy interventions with a woman who is suffering from PTSD after the tragic loss of her son.

**Item no.** : HF08310238  
**Format** : DVD (Closed Captioned)  
**Duration** : 100 minutes  
**Copyright** : 2015  
**StdBkNo** : 9781433820182  
**Price** : USD 99.95

## WORKPLACE HEALTH AND SAFETY

### ACCIDENT INVESTIGATION

No matter how meticulous we are with safety, accidents in the workplace do occur. Knowing what to do at the time of the incident is a vitally important process in resolving the situation and, more importantly, preventing it from occurring again.

This accident investigation safety training DVD features:

- The importance of clear and concise record keeping in relation to maintenance and previous training.
- How the pressure of deadlines can cause safety issues to be pushed to the background in turn creating dangerous situations.
- The importance of reporting all workplace incidents, regardless of their perceived severity.
- Step by step procedures to follow in the event of a workplace accident.

**Item no.** : HD25430021  
**Format** : DVD  
**Duration** : 26 minutes  
**Price** : AUD 249.00

### ACTING ON WARNING SIGNS

Organisational culture is one of the key factors why companies fail to recognise the warning signs prior to workplace accidents. This workshop, has been designed to assist the team address key factors of collective mindfulness, group think and reporting systems, as part of a program to manage warning signs in the workplace.

At the conclusion of this program attendees will be able to:

- Identify potential 'Warning Signs' and pick them up intuitively.
- Understand the problem of 'Culture of Denial' impacting their workplaces.
- Respond to the concept of 'Group Think' and its affect on safety.
- Critique their 'Reporting system' and recognize the need to pick up and respond to warning signs.

**Item no.** : KL25430022  
**Format** : DVD

**Duration** : 20 minutes  
**Price** : AUD 995.00

### BEST OF CHARLIE

Charlie's accident left him with burns to most of his body and almost burned down an oil refinery.

A ten minute Remember Charlie safety training DVD with an amazing impact so insightful you will be left altered for a lifetime!

"Everything I had I lost in a split second"

"Safety is about going home at the end of the day, kissing your wife, hugging your kids. Safety is personal. It's about families. It's about your families." Charlie Morecraft.

This safety training DVD focuses on the impact on the family of accident victims. It's up to YOU to make sure you go home safely at the end of the day.

**Item no.** : JW25430023  
**Format** : DVD  
**Duration** : 10 minutes  
**Price** : AUD 540.00

### CHARLIE ANSWERS THE TOUGH QUESTIONS

"Remember Charlie" presenter answers the questions that are on everyone's minds: "Who's to blame?" and "What if they won't wear PPE?"

Charlie answers the questions that are on everyone's minds:

- What do you think about firing people for safety violations?
- What would have made you wear your safety equipment?
- Wasn't the company responsible?

By addressing these and other issues openly and honestly, Charlie puts an end to the "blame game" and changes people's attitudes toward safety.

**Item no.** : PU25430024  
**Format** : DVD  
**Duration** : 23 minutes  
**Price** : AUD 450.00

### CHOICES - JAMES WOOD

James Wood went to work one day and came home 9 months later. He had a workplace accident that landed him in a wheelchair for the rest of his life. An accident which, while being entirely preventable, was caused by some CHOICES that he made.

CHOICES covers the issues common to most serious workplace injuries including:

- Blame
- Prevention
- Impact on family
- Looking out for your mates
- The "Compo" mentality!

- And many other topics that will really change the way people think about their own safety and the safety of their workmates.

**Item no.** : DA25430025  
**Format** : DVD  
**Duration** : 60 minutes  
**Price** : AUD 1800.00

### CLIMBER'S ATTITUDE, THE

While seemingly a highly dangerous sport, rock climbers have relatively few accidents.

A long established safety record is based on sound systems and procedures, just as in the modern workplace. To do this climbers have developed the use of a system of Dynamic Risk Assessments to help them cope with the ever changing risks they face that make each climb and each set of hazards unique.

Dynamic Risk Assessment is also being used in industry (such as the UK Fire Service) to enable workers to identify and assess potential hazards on an almost minute by minute basis rather than relying solely on formal risk assessments.

The Climbers Attitude is a two part safety training DVD that offers an innovative, refreshing and visually inspiring approach to vital topics such as:

- Teamwork
- Dynamic Risk Assessment
- Asking the What If? Question
- Identifying hazards not Covered by Formal Risk Assessments

**Item no.** : WB25430026  
**Format** : DVD  
**Duration** : 22 minutes  
**Price** : AUD 495.00

### COMPLETE AUDITOR, THE

This DVD training package helps improve auditors' skills and the effectiveness of auditing systems in safety, health, environment, quality and risk.

Chaptered into three modules, following each, auditors will be able to:

- Gain an insight into their personal attributes and audit behaviours.
- Identify specific desirable behaviours and dark-side traits that lead to success or failure.
- Use essential non-technical skills including body language, questioning, listening and presenting.
- Incorporate the five key audit know-how components to achieve desired results.

Module 1 - Traits - desirable and undesirable

Module 2 - Skills - body language, questioning, listening, presenting

Module 3 - Audit know-how - 5 key audit components to achieve a successful audit outcome



**Item no.** : CD25430027  
**Format** : DVD  
**Duration** : 32 minutes  
**Price** : AUD 995.00

## CONFINED SPACE: IF IN DOUBT, STAY OUT

This is a re-enactment of 1998 Darwin Disaster where 2 were killed in a Confined Space Accident.

Narrated by Alan Dale this training video has news film footage of a double fatality in a confined space with procedures for safe entry to confined spaces.

This video features a re-enactment of a coroner's report set down in April 1994 regarding a multiple fatality that was avoidable had correct procedures been in place.

This confined space safety training DVD features:

- What is a confined space?
- Evaluating the dangers within a confined space & risk assessment.
- Taking the correct safety precautions.
- The proper procedures for confined space entry.

**Item no.** : HS25430028  
**Format** : DVD  
**Duration** : 29 minutes  
**Price** : AUD 249.00

## CONSEQUENCES

The consequences of failing to manage risk are outlined in this dramatic video.

This safety training DVD looks at the consequences that arise when the fictitious character Bill, fails to take safety seriously.

- Bill Hudson is now a supervisor.
- Bill doesn't take his OH&S obligations seriously enough.
- One of Bill's staff dies in a preventable accident.
- Bill now suffers the legal and emotional consequences.
- It uses drama to emphasise the cause and effect of neglecting safety obligations.

**Item no.** : LV25430029  
**Format** : DVD  
**Duration** : 10 minutes  
**Price** : AUD 395.00

## CONTRACTOR MANAGEMENT

This video has been produced to assist workplace parties to understand their safety obligations to contractors and their employees and to provide examples of how contractors can be managed effectively.

This contractor management safety training DVD reinforces that an employer

ensures that all employees, contractors and the employees of those contractors carry out their work:

- In safe premises in a safe working environment.
- Using proper and safe plant substances.
- Employing systems of work that are safe and in which there has been adequate instruction, training and supervision.
- It also requires the employer to ensure that no person is exposed to risk from the way in which their business is operated, this includes members of the public.

**Item no.** : NK25430030  
**Format** : DVD  
**Duration** : 28 minutes  
**Price** : AUD 249.00

## CONTRACTOR SAFETY

While most employers recognise their requirements for the health and safety of their employees, their health and safety obligations to contractors, and the contractor's employees, are not as widely understood.

Contractors must ensure their employees and subcontractors are aware of both their company's safety requirements and that of the workplace in which they are carrying out their work.

This training DVD has been produced to assist all workplace parties to understand their obligations in light of current OHS legislation.

This presentation discusses the importance of:

- Communication
- The JSA
- Risk control, including the hierarchy of controls
- Duty of care
- Accident and incident reporting
- Safe tools and equipment
- Emergency and evacuation procedures

**Item no.** : VL25430031  
**Format** : DVD  
**Duration** : 13 minutes  
**Price** : AUD 395.00

## DEALING WITH AGGRESSIVE BEHAVIOUR

Encountering aggressive behaviour in the workplace results in increased stress levels, higher incidences of absenteeism, lowered productivity, damaged morale and a poor company image.

In this safety video a presenter takes you through 3 different dramatised scenarios featuring aggressive behaviour.

The first 2 scenarios feature aggressive behaviour from the public - a customer and a patient. The final scenario shows aggressive behaviour between co-workers.

Each scenario initially shows the harassed worker reacting badly to the situation, not staying calm and in control.

Interactive pause breaks encourage group discussions about the ways viewers could handle the situation in a more effective and competent manner. The safety training DVD discusses "rules" and strategies, such as the "LASSIE" system for dealing with aggressive behaviour.

Both scenarios are then resolved with the harassed workers effectively employing the new strategies that have been discussed.

**Item no.** : TW25430032  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 249.00

## DIARY, THE - KEN WOODWARD

There are more than 800,000 accidents on an average day. This poignant safety training DVD tells the story of just one. In Latitude's Hindsight, Ken Woodward talked about the accident that left him blind. Now, he and his wife Sue reveal for the first time the trauma and heartache that came afterwards.

What you will learn:

- The consequences of an accident may not just last a few days or a few weeks. You may be affected for the rest of your life.
- The risks you take don't just affect you. You may end up traumatising your loved-ones, your friends and your colleagues.
- The physical injuries from an accident will be bad enough but the mental injuries can be just as damaging and last much longer.
- Taking a few moments every day to think about safety can save you a lifetime of pain.

**Item no.** : VU25430033  
**Format** : DVD  
**Duration** : 43 minutes  
**Price** : AUD 595.00

## DRIVER FATIGUE

Fatigue is something that affects all of us at one time or the other.

If your workplace happens to be behind the wheel of a motor vehicle, fatigue could be a killer!

The Australian government have recently introduced a new set of rules and regulations for everyone involved in the supply chain.

This OH&S training DVD looks at these rules and how to manage driver fatigue. It also deals with:

- The warning signs of fatigue
- The usual causes of fatigue
- Factors that can enhance or reduce fatigue

- Supply chain responsibilities; including drivers, consignors, operators and receivers
- Procedures to enable hazard identification and risk reduction

**Item no.** : JJ25430034  
**Format** : DVD  
**Duration** : 11 minutes  
**Price** : AUD 395.00

## DRIVER SAFETY

This driver safety dvd is aimed at individuals whose occupation puts them behind the wheel of a truck or car.

This driver safety DVD deals with:

- The importance of vehicle maintenance
- Driving in the wet
- Awareness of other road users
- The hazards associated with the intersection
- Chock full of handy hints, this driver safety dvd is a must for any employee driving a company vehicle.

**Item no.** : JJ25430035  
**Format** : DVD  
**Duration** : 12 minutes  
**Price** : AUD 395.00

## EMERGENCY AND EVACUATION HEALTHCARE

Essential safety video training for healthcare facilities.

Emergency procedures and evacuation are a vital aspect of training in hospitals and aged care facilities.

There are many different reasons why the evacuation of a workplace may need to occur.

Whatever this reason may be, it is imperative that all Health and Aged Care facilities have both a comprehensive and well-rehearsed Emergency Management Plan.

If and when the need arises, all staff at all levels, should be ready to act in a proactive and efficient manner to ensure the safety of all involved.

Produced specifically for hospitals and aged care facilities, this training DVD includes:

- The different types of emergencies that can occur
- Emergency control organisation
- Wardens and their roles
- Facility safety features
- The four stages of an evacuation
- The R.A.C.E principles

**Item no.** : NH25430036  
**Format** : DVD  
**Duration** : 19 minutes  
**Price** : AUD 295.00

## ENGINEERING SOLUTIONS TO HUMAN PROBLEMS

This is a comprehensive training package for safety in aircraft maintenance.

Part 1 - The Choice - "Either we manage Human Error or Human Error will manage us."

Part 2 - Engineering a Just Culture

Part 3 - Changing the Here & Now - How the world is moving - ICAO, JAR. New requirements

Part 4 - Changing our Future - A triple level approach - Task, Team, Total Organization

Part 5 - Human Error Management Resource Material

Part 6 - Case Histories

**Item no.** : GC25430040  
**Format** : 4 DVDs  
**Price** : AUD 3,800.00

## ERGONOMICS IN THE OFFICE

Ergonomics can optimise human performance, health and safety by improving the design of work processes, work equipment and workplaces. Often simple modifications to work methods, equipment or layout can yield large benefits to both management and employees.

This ergonomics safety training DVD features:

- How poor ergonomics can decrease productivity.
- Health problems caused by poor ergonomics.
- Tips for long hours in front of computers .
- How to organise workstations is also focussed on in this ergonomics training video.

**Item no.** : LE25430041  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 249.00

## FALLING DOMINOS OF MACONDO: A FAILURE OF DEFENCE IN DEPTH

In examining why they failed, Hopkins looks at how independent the barriers were, or rather, how interdependent they actually are. The barriers behaved like falling dominos. Once one fell, the others followed. Understanding the nature of these barriers allows for a critical analysis of the system of defence in depth. In this safety training video, not only does Hopkins analyse why these failures contributed to multiple fatalities and a devastating environmental disaster, he deconstructs the plans put in place in response to the blowout.

At the end of the workshop, participants will:

- Be aware that defence in depth can only work if the barriers operate

- independently of each other
- Understand what one must consider when developing response plans in the event of a blowout
- Be aware that the organisational structure is what formed a basis for the choices made leading up to the Macondo Blowout
- Be mindful of how a focus on commercial risk may contribute to failure of barriers.

**Item no.** : RM25430042  
**Format** : DVD  
**Duration** : 26 minutes  
**Price** : AUD 1350.00

## FIRE CONTROL

Essential training in the use of fire extinguishers for the safe control of a variety of fire types.

This fire safety training DVD features:

- Tips for minimising the chances of fire in your workplace.
- How to identify flammable goods in your workplace.
- How to recognise different classes of fire.
- How to identify the different types of fire extinguishers and the correct type to use in varying situations.
- Safe and correct methods for fire fighting with hand held extinguishers or hose reels.
- The dangers of using the incorrect extinguishers on a fire.
- How to recognise different classes of fire.
- The importance of being prepared and being aware of internal procedures.

**Item no.** : JJ25430043  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 249.00

## FIRE SAFETY

Fire can be a more than useful partner of industry. However, uncontrolled it can be our worst and most feared enemy.

The ability of fire to destroy life and property is without comparison. More often than not, businesses that are destroyed by fire never recover or reopen.

Everyone in their workplace should have a vested interest in the prevention of fire and be aware of what actions to take in the event of a fire.

This fire safety training DVD discusses what employees can do to minimise the risks of a fire occurring in their workplace. Viewers will also learn:

- the various areas and processes that could be a fire risk in the workplace
- the various classes of fire
- the various extinguisher types for each class of fire
- how to use the various fire fighting equipment

**Item no.** : GD25430044  
**Format** : DVD  
**Duration** : 14 minutes  
**Price** : AUD 495.00

### FOR WHAT? (CHARLIE)

Charlie's well known motivational DVD "Remember Charlie" has been followed up with a short punchy delivery of his experience that will encourage safety awareness in every industry. Charlie's new video is a dramatic wakeup call as he relates a few short stories that are close to his heart.

**Item no.** : VD25430065  
**Format** : DVD  
**Duration** : 13 minutes  
**Price** : AUD 450.00

### GETTING IT RIGHT: ESSENTIAL SKILLS FOR AUDITORS (GETTING IT RIGHT: ADVANCE SKILLS FOR AUDITORS)

Aimed to give new and experienced auditors the questioning techniques and interpersonal skills essential for effective audits.

Use this video to give new and experienced auditors the questioning techniques and interpersonal skills essential for effective audits.

- This video is much more a how to than the Gorilla in the Midst title.
- One of the keys to understanding auditing is noting that auditing is examining the process, not a person's job performance or skills. To audit quality, environmental or safety systems professionally an auditor will need to use the right people skills.
- Auditors deal with a wide range of employees from senior managers to production line staff. These employees will vary in their communication ability, their understanding of the audit process and their understanding of the auditor's job.
- Most employees will understand and support the auditor's role and some will threaten the audit process, or even be difficult to deal with.
- An auditor's interpersonal skills enable them to build a co-operative relationship with the auditee and to maximise the effectiveness of the audit.
- Getting It Right explains how to make the best use of people skills in an audit. It begins with Getting off to a Good Start and concludes with Question Techniques.

**Item no.** : NV25430066  
**Format** : DVD  
**Duration** : 29 minutes  
**Price** : AUD 595.00

### GIANTS OF LEADERSHIP - THE NATURE OF SAFETY

Giants of Leadership is an exciting, never-before-seen leadership training package that demands the attention of any viewer, using one of the natural world's most awe-inspiring creatures - the Savannah Elephant.

Unlike traditional training programmes on safety culture, Giants of Leadership takes the viewer away from the everyday context of the workplace and invites them to think about leadership in new ways. Spectacular footage of elephants in the wild helps drive home a set of clear, compelling messages about the essential components of leadership:

- Respect
- Leading By Example
- Constant Communication
- Caring
- Consistency
- Learning From Mistakes

**Item no.** : HV25430067  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 695.00

### GORILLA IN THE MIDST

This challenging safety training video shows your auditors why they need the right personal traits, knowledge and influencing skills.

Key points in the safety video

- The purpose of auditing and its contribution to business performance.
- The wide range of business skills needed to undertake an effective audit.
- Desirable personal attributes and behaviours, in contrast to dark side traits which can cause an auditor to succeed or fail in their role.
- The terms 'power and influence' and how an auditor uses influence to add value to the business, through the audit process.

**Item no.** : JN25430068  
**Format** : DVD  
**Duration** : 27 minutes  
**Price** : AUD 695.00

### HAZARD MANAGEMENT

This training video shows viewers step by step how to carry out a successful workplace inspection and how to eliminate or manage any potential hazards that have been identified.

The package has been designed to train all staff (especially managers, supervisors and health & safety personnel) in

identifying, assessing and controlling workplace hazards.

This hazard management safety training DVD shows the importance of:

- A planned hazard management program involving hazard identification, risk management and implementation of control measures.
- Prioritising hazards according to their levels of risk.
- Differentiating between hazards that can be controlled immediately at little or no cost and those that require significant changes to their workplace.
- Ongoing monitoring, risk assessment and evaluation.

**Item no.** : WY25430069  
**Format** : DVD  
**Duration** : 22 minutes  
**Price** : AUD 259.00

### HOW TO LEAD OH&S RISK MANAGEMENT

A group of managers from manufacturing and service companies are shown how to facilitate the risk management process in OH&S.

As a manager or team leader, how do you facilitate the risk management process with your staff?

- What do you ask them to do?
- How do you get them involved?
- How do you make sure you don't miss something important.

This safety training video shows Lyn, an experienced manager and facilitator, is showing a group of managers from manufacturing and service companies how to facilitate the risk management process in OH&S.

Key Points:

- The four steps of risk management and demonstrates the key facilitation skills that managers need.
- How to get staff to contribute to the risk management process.

**Item no.** : HH25430070  
**Format** : DVD  
**Duration** : 16 minutes  
**Price** : AUD 390.00

### INTRODUCING THE TOOLS FOR CONTINUOUS IMPROVEMENT

Continual improvement is the objective of any management system.

Employees at all levels need the tools to contribute to continual improvement.

This safety training DVD will teach employees the when, why and how of these important tools.

Settings in both a bakery and hospital clinic are used to demonstrate the

application of these tools.

One of the examples shows the development a flow chart. The training video uses scenes from a production line in a bakery to demonstrate how a flow chart can interpret and communicate what is actually happening in the process.

The program outlines:

- Flow charts
- Brainstorming
- Check Sheets
- Pareto charts Cause and effect diagrams
- Histograms
- Scatter diagrams
- Run Charts
- Control Charts

**Item no.** : HZ25430071  
**Format** : DVD  
**Duration** : 23 minutes  
**Price** : AUD 595.00

## ISO 14000 CHALLENGE

A practical video to explain key principles such as aspects and impacts in ISO 14000 and environmental management.

Key points in the video:

- The safety training video uses 3 case studies, a mine, a food factory and a local council and construction company together, to explain what an EMS (environmental management system is)
- An aspect is any element of an organisation's activities, products or services that can interact with the environment.
- An impact is the change caused to the environment.
- For examples, at Bonlac Foods an analysis of activities identified waste milk discharge as an output during flushing. Milk is flushed through the separator every 15 minutes to clean it. This discharge or flushing is an aspect because the waste milk interacts with the environment. The impact occurs when milk flows out with waste water. Its high nutrient load can cause algal bloom and contribute to an offensive odour.

**Item no.** : JF25430072  
**Format** : DVD  
**Duration** : 20 minutes  
**Price** : AUD 595.00

## IT TAKES A VILLAGE TO RAISE AN ALCOHOLIC (CHARLIE)

Charlie Morecraft explains how alcohol is a cause of industrial accidents and results in productivity loss.

Charlie explains the role we all play in the lives of alcoholics. He exposes how alcoholics lie, deny and alibi and how making excuses for alcoholics perpetuates

the problem. Charlie openly admits to his own alcoholism and his struggle with it for many years. Although he never went to work intoxicated, Charlie did believe that if drinking didn't kill him - nothing could! Because alcohol is in 47% of all industrial accidents and results in the loss of \$100 billion in productivity every year you can't afford to miss this program.

**Item no.** : PG25430073  
**Format** : DVD  
**Duration** : 36 minutes  
**Price** : AUD 610.00

## IT WILL NEVER HAPPEN TO ME

This training DVD is about the workplace death of Kieron, her construction worker husband, left Jennifer determined to inspire workers everywhere to think again about workplace safety. Just like Kieron, none of us feel that we will be the one to get badly hurt at work.

It was the happiest day in Jennifer and Kieron Deeney's lives. A church full of their closest family and friends gathered to help them celebrate their marriage and enjoy a great party afterwards.

Just fourteen weeks later the same people were gathered back in the same church, the result of the devastating workplace accident that robbed a young couple of their future together.

This safety video is one of the most poignant and unforgettable safety stories told.

Jennifer reminds us that:

- All accidents are preventable
- We should never walk past an Unsafe Act
- We can all make a difference looking after each other
- Nothing is worth being hurt for
- We should think about the potential consequences for our family and friends

**Item no.** : RL25430074  
**Format** : DVD  
**Duration** : 28 minutes  
**Price** : AUD 495.00

## LESSONS FROM A BLIND SCHOOL

This safety DVD is a powerful reminder of the very real consequences of workplace accidents while offering a practical guide to getting involved in workplace safety for managers and individuals.

Now, in a short, sharp, compelling training video, we've tracked back to the source of Ken's own inspiration: the training he received during the year spent in rehabilitation. Ken learnt that just as poor safety had tragically cost him his eyesight the key to getting his life back and regaining his independence was what great safety is all about, learning how to

behave, feel and stay safe.

**Item no.** : YN25430075  
**Format** : DVD  
**Duration** : 16 minutes  
**Price** : AUD 595.00

## MACONDO BLOWOUT:THE HUMAN AND ORGANISATIONAL CAUSES

In the Macondo Blowout: Human and Organisational Causes safety training DVD Hopkins analyses the organisational factors that contributed to poor engineering decisions made with all the judgements centred on commercial risk. Little consideration for major hazard risk was taken into account. Why was there no focus on major hazard risk? The distinction between process safety and personal safety that Hopkins makes, answers this question. It is important to understand the human and organisational causes discussed in this program so as to prevent such accidents from occurring.

At the end of the workshop, participants will:

- Understand how organisational structure may contribute to poor engineering decision making
- Be aware of major hazard risk indicators
- Be aware that preoccupation with profit before safety comes at a cost
- Learn from other incidents
- Understand defence in depth
- Be aware of the multi-causal nature of accidents.

**Item no.** : PD25430076  
**Format** : DVD  
**Duration** : 40 minutes  
**Price** : AUD 1350.00

## MANAGING HUMAN ERROR

Featuring Professor James Reason

This safety training DVD program addresses human factor issues in high hazard industries.

The Managing Human Error training program aims to provide a comprehensive error management resource at a small fraction of the cost of achieving these ends by any other means. The package is designed for ready implementation by the non-specialist facilitator.

Program 1: Why Things Go Wrong  
Program 2: Building a Safe Culture  
Program 3: HERO (Human Error Reduction Operation)

**Item no.** : GH25430077  
**Format** : 3 DVDs  
**Price** : AUD 2,900.00

## MANUAL HANDLING

Most jobs involve some type of manual handling, so ALL workers are at risk now



matter how low the risk appears to be.

In this safety training video viewers will be taken through a range of tips, procedures and preventative actions to make their workplace safe from injury. The selection of safety video footage and effects used will suit most industries.

This manual handling safety training DVD features:

- What is manual Handling and its repercussions?
- A shock introduction to get viewers attention!
- Interviews with medical professionals revealing their patient case histories.
- A detailed 3D animated discussion on the structure of our back & spine.
- Risk assessment lifting.
- Techniques and mechanical aides.

**Item no.** : WC25430078  
**Format** : DVD  
**Duration** : 17 minutes  
**Price** : AUD 395.00

## MANUAL HANDLING - FOUR BASIC STEPS

This concise but thorough DVD reminds your employees that manual handling training is all about them returning home safely everyday. It follows the four basic steps:

- Consult.
- Find.
- Fix.
- Review

The comprehensive package provides all the tools to:

- Conduct manual handling training as part of a safety induction.
- Provide a fresh approach to ongoing manual handling training
- Show workers correct step-by-step lifting and carrying techniques.
- Introduce a Hazardous Manual Handling prevention system.

Topics covered include:

- What are musculoskeletal disorders (MSDS)?
- Two safety managers share their thought provoking personal stories.
- A detailed analysis of the four steps to prevention of hazardous manual handling:
- The importance of conducting JSAs / SWMS.
- A separate DVD section which gives a step-by-step instruction of good lifting techniques.

**Item no.** : CB25430079  
**Format** : DVD  
**Duration** : 8 minutes  
**Copyright** : 2009  
**Price** : AUD 385.00

## MANUAL HANDLING - MINIMAL LIFT

This manual handling safety training video

on DVD specifically addresses the challenges faced with a minimal lift policy and focuses on the reasons why such a policy is essential for nursing staff.

This video focuses more on the theory of the application of the minimal lift policy rather than for specific instructional use, however it does cover the importance of - and shows examples of how lifting devices should be used.

**Item no.** : DU25430080  
**Format** : DVD  
**Duration** : 12 minutes  
**Copyright** : 2006  
**Price** : AUD 249.00

## MANUAL HANDLING HEALTHCARE - AN INTRODUCTION

Since all jobs involve some type of manual handling, essentially all workers are at risk no matter how risk-free they believe their work to be.

This training DVD program is an introduction to manual handling in the healthcare industry and provides a range of procedures and techniques to reduce the risk of injury. Viewers will learn:

- What is manual handling?
- Types of manual handling injury
- Common causes of manual handling injury
- Correct lifting techniques & the balance circle
- OHS responsibilities' of employers and employees
- Importance of hazard identification and hazard management
- Areas to consider when assessing risk

**Item no.** : WD25430081  
**Format** : DVD  
**Duration** : 13 minutes  
**Price** : AUD 395.00

## MANUAL HANDLING HEALTHCARE - CATERING

Thinking ahead before moving any sort of load, and ensuring that the route is clear are both important to the reduction of risk with associated hazards.

This training DVD discusses:

- Planning where you intend to carry a load
- Correct Lifting techniques
- Mechanical aids
- Communication between staff

There can be a substantial amount of lifting, pushing and pulling required in the non clinical areas of a hospital but with a little forethought, improved technique and some planning, the required manual handling can be risk free.

**Item no.** : VA25430082  
**Format** : DVD  
**Duration** : 5 minutes

**Price** : AUD 395.00

## MANUAL HANDLING HEALTHCARE - NON CLINICAL

It looks at how Manual Handling affects the non clinical area of the health care industry and considers issues such as:

- Carrying a load
- Using a trolley
- Different working positions
- Ergonomics
- And frequent muscle use

**Item no.** : LV25430083  
**Format** : DVD  
**Duration** : 8 minutes  
**Price** : AUD 395.00

## MANUAL HANDLING HEALTHCARE - PATIENT AND RESIDENT HANDLING

The physical and financial costs of improper patient handling can be extreme.

This training DVD is one part of a six part series aimed at manual handling in the health care industry.

The most effective ways to eliminate or minimise many of the risks associated with patient handling is for the organization to introduce a no-lift policy and for the staff to embrace no lift as part of the overall patient handling strategy.

**Item no.** : PZ25430084  
**Format** : DVD  
**Duration** : 8 minutes  
**Price** : AUD 395.00

## MANUAL HANDLING HEALTHCARE - PERI-OPERATIVE

In this production we have identified many of the manual handling risks in the peri-operative area and describe how you can decrease your risk of injuries.

This DVD shows how to perform the various lifts prevalent in the peri-operative area to make them relatively risk free. It also demonstrates how to use the various lifting aids available.

**Item no.** : CC25430085  
**Format** : DVD  
**Duration** : 8 minutes  
**Price** : AUD 395.00

## MANUAL HANDLING HEALTHCARE - STERILISATION

There are a number of risk factors in Sterilising Departments making them

places where attention to manual handling is very important.

This DVD talks about the various risks and looks at the controls that are worth considering.

A simple, easy to follow handy guide to improved manual handling techniques in the sterilising department.

**Item no.** : MN25430086  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 395.00

## MANUAL HANDLING IN THE OFFICE

There are many aspects of life in the office that involve some type of manual handling.

All people in the office environment are at risk no matter how low the risk appears to be.

Viewers will be taken through a range of tips, procedures and preventative actions to make their workplace safe from injury.

This manual handling safety training DVD features:

- What is manual Handling and its repercussions?
- A shock introduction to get viewers attention!
- Interviews with medical professionals revealing their patient case histories.
- A detailed 3D animated discussion on the structure of our back & spine.
- Risk assessment Lifting.

**Item no.** : WC25430087  
**Format** : DVD  
**Duration** : 17 minutes  
**Price** : AUD 395.00

## MARY'S MESSAGE

The Mary's Message safety dvd relates a workplace safety incident that was preventable. When Mary's husband John died as a result of a workplace accident, she heard of the accident on the radio four hours after it occurred. This was just the beginning of a shattering experience for Mary and her family.

Her reminiscences of a happy family life before that tragic day- and her portrayal of the heartbreak aftermath are deeply moving experiences for all viewers.

**Item no.** : TW25430088  
**Format** : DVD  
**Duration** : 13 minutes  
**Price** : AUD 430.00

## MEDICAL EMERGENCIES

A medical emergency can be distressing and confusing if you are not prepared or able to deal with the condition encountered.

In this training video, Robyn Doyle shows the correct procedure of how to treat these common medical emergencies:

- Heart Conditions
- Febrile Convulsions
- Drowning
- Asthma
- Anaphylaxis
- Seizures & Convulsions

**Item no.** : NK25430089  
**Format** : DVD  
**Duration** : 30 minutes  
**Price** : AUD 199.00

## MEET JOE'S WIFE (CHARLIE)

In this training video Charlie introduces Carole, the widow of an industrial worker killed on the job. In just a few minutes, with just a few words, Carole reveals the impact of not taking safety seriously. As she herself says, "Needless tragedy is never God's will".

**Item no.** : PU25430090  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : AUD 290.00

## MINDFUL LEADERSHIP - COMMUNICATION SKILLS

Mindful Leaders are acutely aware that the best of systems can fail, even though auditors might be assuring them that all is well. They know that if they want to be sure their systems are working as intended, they need to go and find out for themselves and undertake non-systematic auditing of their own. In order to do so, Mindful Leaders need to be able to communicate effectively with workers.

This program provides guidelines on face-to-face communication with workers on site, not an idea which appeals to many senior managers.

This program illustrates in detail, how management at all levels – Senior Executives, Middle-ranking Managers and Front-line Managers need to communicate with their workers. Specifically, it delves into the 5Ws ('Who', 'What', 'Where', 'When' & 'Why') and 1H ('How') of effective communication.

At the end of this elearning program, safety leaders will have learned communication skills, including:

- Where, Why and When to talk to workers,
- Who they should talk to,
- What to talk about and
- How to talk

**Item no.** : PA25430091  
**Format** : DVD  
**Duration** : 16 minutes  
**Price** : AUD 695.00

## MINDFUL LEADERSHIP - WITH REFERENCE TO BP TEXAS CITY

Leadership is important because it is the leaders of an organisation who determine its culture. This safety training DVD workshop is suitable for management at all levels – senior executives, middle-ranking managers and front-line managers that take responsibility for the culture of an organisation. It also illustrates how the participation, competency, training, behaviour and attitudes of individual workers contribute to developing the safety culture of an organisation.

At the end of the workshop, managers will understand the following key aspects of Mindful Leadership:

- Being preoccupied with the possibility that something could go wrong
- Having a sceptical attitude towards good news audits
- Making site visits and asking the right set of questions from the right workers on site
- Ensuring reporting systems are working
- Being aware of the multi-causal nature of accidents
- Being aware of the dangers of cost-cutting
- Having organisational structures which empower voices for safety
- Promoting reporting systems that pick up warning signs.

**Item no.** : JS25430092  
**Format** : DVD  
**Duration** : 26 Minutes  
**Price** : AUD 995.00

## OCCUPATIONAL HEALTH AND SAFETY SESSION STARTERS

This safety training DVD set has a selection of scenario's depicting workplace accidents and how they can affect different individuals. Ideal for use as a session starter and discussion prompter.

The Electrician

"Falling from a ladder" - an accident occurs after a subcontractor fails to follow OHS procedures.

Spraying For Flies

A council worker collapses after misusing a hazardous substance.

Jade and Maddy

A young girl and her little sister are the innocent victims of a workplace accident.

Confined Space Safety

Re-enacts a coroner's report of a double fatality confined space accident in the Northern Territory.

The Engraver

A cyanide poisoning victim tells how a failure to read the warning signs can be near fatal.

The Warehouse  
Various warehouse workers perform manual handling tasks whilst our ?candid camera? rolls on.

The Forklift Driver  
A forklift driver and office worker both breaking the rules, meet suddenly and unexpectedly.

The Inspections  
An office worker and a factory worker inspect each other's workplaces and encounter very different procedures for checking hazards.

**Item no.** : PH25430093  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 359.00

## OFFICE SAFETY

It is a common misconception by many that the office environment, due to its lack of heavy plant and machinery, is automatically a safe and risk free workplace.

Whilst not as spectacular as other workplace injuries, office injuries can be just as debilitating.

Each and every person at work, even in an office environment has a key role in improving health and safety in the workplace.

This OHS training DVD will make viewers aware of the several hazards that are commonly present in the office environment such as:

- Computers
- Lighting
- Manual Handling
- Ergonomics
- Slips Trips & Falls
- Fire & Emergency

This training package will provide your staff with several practical tips in order to minimise the risks associated with these potential hazards.

**Item no.** : CS25430094  
**Format** : DVD  
**Duration** : 13 minutes  
**Price** : AUD 395.00

## OFFICE SAFETY - IT'S NOT JUST ABOUT YOU

More accidents happen to white collar workers than blue collar workers, proof that accidents are "collar blind". In this important safety training??message for employees who don't have safety training on a regular basis, Charlie explains how a routine, seemingly harmless, job can turn into tragedy.

**Item no.** : LB25430095  
**Format** : DVD  
**Duration** : 19 minutes  
**Price** : AUD 495.00

## OPERATING A FORKLIFT

This forklift safety training DVD highlights the various hazards associated with operating a forklift in the workplace.

Viewers will learn about:

- The responsibilities of both the forklift operator and the employer
- The importance of daily checks and maintenance
- Hazard identification & risk assessment
- The stability triangle, centre of gravity, and how this impacts on a forklift's stability
- Procedures for reporting faults
- Products on the market to improve the safety of forklifts

**Item no.** : NM25430096  
**Format** : DVD  
**Duration** : 12 minutes  
**Price** : AUD 395.00

## PAYING FOR THE PIPER (PIPA ALPHA DISASTER)

This powerful and deeply moving film features Ed Punchard, a diver who survived the Piper Alpha disaster. Ten years after Piper Alpha Ed returns to Scotland and reunites with fellow survivors.

The video utilises extraordinary footage captured as the disaster unfolded and dramatic images recorded by a film crew on the first rescue helicopter. Ed revisits the rescue ship and recalls the experiences of fellow workers.

In a final moving scene he and a fellow survivor Andy Mochan sail out to the site of the Piper Alpha to lay a wreath. A compelling film for all in the Oil & Gas industry.

**Item no.** : WG25430097  
**Format** : DVD  
**Duration** : 44 minutes  
**Price** : AUD 150.00

## REAPER'S GUIDE TO OH&S, A

A novel approach to reminding employees of the importance of safety awareness when a Grim Reaper trains an apprentice Reaper in the tricks of the trade.

This safety training DVD is a general introduction to Occupational Health and Safety.

This presentation discusses the importance of issues such as:

- Communication in the Workplace
- Hazard Identification
- Risk Management

**Item no.** : FF25430099  
**Format** : DVD  
**Duration** : 19 minutes  
**Price** : AUD 395.00

## SAFETY EVERYONE'S RESPONSIBILITY (CHARLIE)

Once you've seen Charlie, you'll ask him to return. Safety - Everyone's Responsibility is the powerful follow-up to Remember Charlie. This presentation highly motivates workers and management to work as a team and not as adversaries, ultimately creating a safer work environment. He defines the real working heroes - the ones who follow safety procedures. Through his dynamic presence, Charlie motivates audience members to take responsibility for their own actions and their own safety, because what we do affects the lives of everyone around us.

**Item no.** : YG25430100  
**Format** : DVD  
**Duration** : 48 minutes  
**Price** : AUD 910.00

## SAFETY EVERYONE'S RESPONSIBILITY (SHORT VERSION)

This safety video highly motivates workers and management to work as a team and not as adversaries, ultimately creating a better safety culture in the workplace. He defines the real working heroes - the ones who follow safety procedures. Through his dynamic presence in his training videos, Charlie motivates audience members to take responsibility for their own actions, because what we do affects the lives of everyone around us.

**Item no.** : WZ25430101  
**Format** : DVD  
**Duration** : 19 minutes  
**Price** : AUD 715.00

## SAFETY THEMES - FIRST AID BASICS

First Aid Basics training video:

- Written, produced and featuring a real Ambulance Paramedic.
- 3 realistic scenarios are shown.
- A comprehensive summary video explaining the important things about being first at a scene of an emergency.

**Item no.** : PH25430102  
**Format** : DVD  
**Duration** : 5 Minutes  
**Price** : AUD 99.00

## SAFETY THEMES - FORKLIFT SAFETY

- After the funny forklift safety video at the start, this delivers serious Forklift Safety awareness training.
- All the inclusions help you comply

with your Safety Legislation obligations.

- You will achieve a WOW! reaction to your forklift safety training.

**Item no.** : PJ25430103  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 99.00

## **SAFETY THEMES - KEEP YOUR EYES PEELED**

- Short Attention Grabbing Video
- Toolbox Summary
- Trainer's Agenda
- Trainer's Support Notes
- A3 Wall Poster
- Attendance Register
- Assessment

**Item no.** : PG25430104  
**Format** : DVD  
**Duration** : 2 minutes  
**Price** : AUD 99.90

## **SAFETY THEMES - MANUAL HANDLING**

- The funny intro will engage your staff.
- This is followed by solid Manual Handling training.
- All the inclusions help you comply with your Safety Legislation obligations.
- No-one will have seen anything quite like this before.

**Item no.** : GY25430105  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 99.90

## **SAFETY THEMES - OFFICE SAFE**

- Short Attention Grabbing Video
- Toolbox Summary
- Trainer's Agenda
- Trainer's Support Notes
- A3 Wall Poster
- Attendance Register
- Assessment

**Item no.** : MM25430106  
**Format** : DVD  
**Duration** : 2 minutes  
**Price** : AUD 99.90

## **SAFETY THEMES - PICK IT UP**

- Short Attention Grabbing Video
- Toolbox Summary
- Trainer's Agenda
- Trainer's Support Notes
- A3 Wall Poster
- Attendance Register
- Assessment

**Item no.** : FH25430107  
**Format** : DVD

**Duration** : 2 minutes  
**Price** : AUD 99.90

## **SAFETY THEMES - RETURN HOME SAFE EVERY DAY**

- Short Attention Grabbing Video
- Toolbox Summary
- Trainer's Agenda
- Trainer's Support Notes
- A3 Wall Poster
- Attendance Register
- Assessment

**Item no.** : AT25430108  
**Format** : DVD  
**Duration** : 2 minutes  
**Price** : AUD 99.00

## **SAFETY THEMES - TANGLE, RIP, MAIM, CRUSH**

- Short Attention Grabbing Video
- Toolbox Summary
- Trainer's Agenda
- Trainer's Support Notes
- A3 Wall Poster
- Attendance Register
- Assessment

**Item no.** : ND25430109  
**Format** : DVD  
**Duration** : 2 Minutes  
**Price** : AUD 99.00

## **SEXUAL HARASSMENT**

Although legislation in the Sex Discrimination Act (1984) prohibits sexual harassment in the workplace, the number of complaints still rises.

Harassment policy should reinforce the unacceptability of unwelcome, unsolicited and/or unreciprocated behaviour.

**Item no.** : TH25430111  
**Format** : DVD  
**Duration** : 10 minutes  
**Price** : AUD 395.00

## **SHUTDOWN: THE REAL COST OF HEALTH & SAFETY**

This safety training DVD makes the business case for good health and safety, and it also shows the human cost of getting things wrong.

- A vivid demonstration that accidents have consequences: economic and personal
- A convincing argument that good health and safety practices are crucial for good business
- An attitude changer: eliminate the false logic that because we've not had an accident yet, we won't have one today
- Understand that insurance doesn't cover the worst effects of an accident

- See how improving your approach to health and safety also improves business performance
- However, health and safety is also about job security and about people's well-being

**Item no.** : PV25430112  
**Format** : DVD  
**Duration** : 11 minutes  
**Price** : AUD 495.00

## **SURVIVING CRIME**

This safety awareness training DVD will assist Australian employers protect cash-handling staff against the dangers of armed robberies.

**Item no.** : NN25430113  
**Format** : DVD  
**Price** : AUD 499.00

## **SURVIVING HOTEL FIRES**

The training video follows a single character as he checks into a hotel and, in a series of dramatic scenes, it shows him doing the right things and the wrong things. Examples of what to look for are discussed and some of the myths about staying in hotels are exposed.

Some things to know about hotel fires:

- Drop your luggage and then check for your Exit path.
- Always keep your room key in the same place - near the bed in case of fire.
- Knowing what to do minimises panic - panic can kill. (See below)
- Smoke, being hot, rises to the ceiling. Then Exit signs may no longer be visible.
- Smoke irritation cause eyes to close - and not reopen while there is smoke about.
- Any fresh air will be at the floor - so it's on hands and knees (or stomach) to get out.

**Item no.** : SN25430114  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 450.00

## **TEN COMMANDMENTS OF WORKPLACE SAFETY**

- Conduct safety induction training
- Provide a fresh approach to achieving safety awareness

Highlights in this Safety DVD include:

- A detailed analysis of the Hierarchy of Control (Commandment 4).
- Powerful interviews with safety managers with their stories to tell
- An overview of managing Hazardous Manual Handling.
- Reinforcement of WorkSafe/Workcover safety campaigns.?

Ten Commandments of Safety are:



1. Everyone is responsible for their own safety and the safety of others.
2. All accidents are preventable.
3. Follow Company rules, regulations and procedures.
4. Assess the Risks. Stop and think.
5. Be proactive about safety.
6. If you're not trained, don't do it.
7. Manual Handling - Manage the lift.
8. Don't take shortcuts.
9. Practice good housekeeping.
10. Be prepared.

**Item no.** : HN25430115  
**Format** : DVD  
**Duration** : 11 minutes  
**Price** : AUD 385.00

## THINK SAFETY

This safety training DVD introduces to viewers the concept of occupational health and safety in connection with safety legislation, and discusses the responsibilities both employers and employees face to ensure that workplace health and safety is achieved.

Viewers will learn the importance of:

- Hazard identification
- 'Near miss' risks
- Incident Reporting
- Consultation
- OHS Committees and meetings
- Hazard management programs

**Item no.** : NW25430116  
**Format** : DVD  
**Duration** : 11 minutes  
**Price** : AUD 390.00

## VISIT WITH CHARLIE, A

This training DVD is particularly valuable for Supervisors and Managers --- Charlie answers the questions on the mind of every supervisor. It is a "must see" conversation.

Charlie had more than 15 years experience on the job, and he knew it well. He knew all the rules. He knew all the safety regulations and he knew all the shortcuts around them too. Charlie was certain that nothing could go wrong. And he was right except for this one time . .

**Item no.** : WH25430118  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : AUD 395.00

## WHS INDUCTION - ACCIDENT & INCIDENT REPORTING

Reporting accidents and injuries forms an integral part of managing health and safety in the workplace, and is a legislative requirement under the WHS Act.

This safety training DVD features:

- Description of a 'near miss' risk
- Why 'near miss' risks should be reported

- The importance of communication

**Item no.** : HE25430119  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - AN INTRODUCTION

There are more work related deaths in Australia than the national road toll and the number of homicides in Australia combined.

Many accidents, injuries and diseases can occur when workers are new to a job. So the first few weeks can be a dangerous time unless workers are aware of the of the hazards associated with the new working environment.

This WHS training DVD features:

- An organisation's obligations under WHS legislation
- Employee's duty of care and responsibilities
- The importance of an effective health and safety program at work

**Item no.** : CA25430120  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - CODE OF CONDUCT

Under the WHS act, there are mutual obligations between an organisation and it's workers, whether you are an employee or a subcontractor.

This code of conduct safety training DVD features:

- Employer and employee obligations under WHS legislation
- General expectations required of all staff
- Types of behaviour that are not tolerated

**Item no.** : LW25430121  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - COMPUTER ERGONOMICS

Many occupations involve sitting in front of a computer for long periods of time.

Although this may lead to gains in versatility and output, it has the potential to do more harm to your health than good.

The way you sit at your desk can make an enormous difference to how you feel at the end of the day.

This computer ergonomics safety training DVD features:

- Health problems caused by poor

- ergonomics
- Tips for long hours in front of computers
- Simple stretching exercises

**Item no.** : WU25430122  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - CONFINED SPACE SAFETY

Tragically, many confined space accidents result in more than one fatality when attempted rescues of colleagues trapped in the confined space are unplanned and rescuers unprepared.

This confined space safety training DVD features:

- What is a confined space?
- Hazards associated with working in confined spaces.
- Carrying out a detailed risk assessment of the work to be undertaken.
- Some general guidelines for safe confined space work.

**Item no.** : TH25430123  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - CONSULTATION

It's a well-recognised fact that consultation is by far the best means of approaching health and safety issues at work.

Management can make more informed and better quality WHS decisions when there is open discussion and a united approach to workplace safety issues.

This consultation safety training DVD features:

- The benefits of consultation in the workplace
- The benefits of committees
- The ideal make up of a safety committee
- Important attributes of a committee member

**Item no.** : VE25430124  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - DRUGS & ALCOHOL

In the interests of health and safety, it is a requirement that all staff come to work in a fit state.

A worker affected by alcoholism or drug use can lead to many problems in the workplace, including an increased risk of accidents putting themselves or others at risk of serious injury.

This drugs and alcohol training DVD includes:

- Definition of a drug?
- Examples of legal and illegal drugs
- Problems caused at work by drug and alcohol abuse
- Employee responsibilities

**Item no.** : DF25430125  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - ELECTRICAL SAFETY**

Electrical accidents can occur at any time and has the potential to cause serious injuries or even death.

Electrical hazards unlike mechanical hazards, are not usually obvious. A "live" wire appears no different to a "dead" wire.

This electrical safety training DVD features:

- The various consequences of an electrical accident
- Injuries that can occur
- Causes of electrical accidents
- Prevention measures

**Item no.** : AH25430126  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - EMERGENCY EVACUATION**

There are many different reasons why an evacuation of a workplace may need to occur.

Whatever the emergency, it is important that all workers can act in a way that will save not only their own lives, but not put others at risk.

This emergency and evacuation training DVD includes:

- Various reasons why an evacuation may need to occur
- The importance of Site Emergency Evacuation Plans
- Responsibilities assigned to wardens, incident controller, fire fighting teams and first aiders
- What to do in the event of an emergency
- What new employees who start in a new workplace need to be informed of

**Item no.** : EG25430127  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - EQUAL EMPLOYMENT OPPORTUNITY**

Equal employment opportunity is about

giving everybody a 'fair go'

Employees in any workplace should be treated fairly and equally and have the opportunities to develop to their full potential.

This equal employment training DVD features:

- The definition of equal employment opportunity
- Employee rights and responsibilities
- Additional responsibilities for managers and supervisors

**Item no.** : DM25430128  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - EYE SAFETY**

People in a variety of different working environments are putting their eyesight at risk every day.

Our eyes can be damaged by flying objects, dust, chemicals, or working in or around sources of radiation.

Protecting our eyes from these hazards is crucial.

This eye safety training DVD features:

- The various hazards in the workplace that could put your eyesight at risk
- The Importance of eye protection
- What to do in the event of an eye injury

**Item no.** : BH25430129  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - FATIGUE MANAGEMENT**

Fatigue and insufficient sleep can put your health at risk in many ways.

Not only can it impact on your immune system, it can cause a loss of alertness, which in turn will effect your judgment, reactions, skill levels and safety. In fact, many safety incidents in the workplace are directly attributed to fatigue.

This fatigue management training DVD includes:

- Factors that can cause fatigue
- Warning signs of fatigue
- The body clock and rest breaks

**Item no.** : PC25430130  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - FIRE PREVENTION**

Fires are a preventable catastrophe that

can cause hundreds of thousands of dollars damage, loss of production, loss of jobs and loss of lives.

Everyone in their workplace should have a vested interest in the prevention of fire and be aware of what actions to take in the event of a fire.

This fire prevention training DVD includes:

- Prevention measures to minimise the risk of fire in the workplace
- The different classes of fire
- Types of fire extinguishers
- Fire extinguisher use (P.A.S.S)

**Item no.** : WZ25430131  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - FORKLIFT SAFETY**

Because of their wide range of uses, forklifts are one of the most versatile and widely used pieces of machinery in our workplaces.

However they also have the potential to be one of the most dangerous.

Each year forklifts are involved in hundreds of workplace accidents that result in fatalities, serious injuries and property damage.

This forklift safety training DVD features:

- The various safety checks that licenced operators should perform
- The various hazards that should be identified in a new workplace
- Precautions for when forklifts and pedestrians are in the same areas.

**Item no.** : KB25430132  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - HANDHELD POWER TOOLS**

Power tools can be potentially dangerous.

If poorly maintained or used incorrectly or carelessly, they can cause serious injury or death.

This hand held power tools safety training DVD features:

- Most common injuries caused when using power tools
- Employee responsibilities when using power tools
- The importance of PPE

**Item no.** : VS25430133  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION -**

## HARASSMENT AND BULLYING

Everyone has the right to work in an environment free from bullying, harassment, discrimination and violence!

The incidence of workplace bullying and harassment is a significant problem in today's workforce and can impact greatly on both an organisation and individuals.

This bullying and harassment training DVD features:

- What is and what isn't bullying
- How bullying impacts on victims and witnesses
- Employee responsibilities
- Manager and supervisor responsibilities
- Steps that should be taken if you are the victim of bullying

**Item no.** : CJ25430134  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - HAZARD IDENTIFICATION & RISK CONTROL

A successful hazard management program is essential to ensuring the safety of everyone in the workplace.

It involves hazard identification, assessment of the risks and the implementation of control measures.

An important component of this program is the consultation between employees who are exposed to the hazards and managers or supervisors from the area concerned.

This hazard identification and risk control DVD includes:

- Definition of a hazard and examples of hazards in the workplace
- Components of a hazard management program
- The hierarchy of controls

**Item no.** : VM25430135  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - HAZARDOUS SUBSTANCES

Over 35,000 different types of chemicals are used today in our places of work. Approximately 200 new chemicals are introduced into Australia each year.

If a chemical is classified as a hazardous substance, then a risk assessment is required to be carried out in its use.

This chemical safety training DVD features:

- What is classified as a chemical
- The various forms chemicals come in.
- How chemicals can enter our bodies.
- The risks of exposure to hazardous

- substances.
- Risk assessments and MSDS.
- The key things to know when using chemicals in the workplace.

**Item no.** : RR25430136  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - HERBICIDES & PESTICIDES

Herbicides and pesticides are designed to kill organisms, thus making them extremely dangerous to humans.

Therefore it is important to handle them correctly in order to reduce the risk exposure.

This herbicides and pesticides training DVD includes:

- How harmful exposure can occur
- Symptoms of exposure to harmful chemicals
- Risk control measures
- Types of PPE
- The importance of Material Safety Data Sheets

**Item no.** : AA25430137  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - HOT WORK

Hot work is a term used to describe tasks such as welding, thermal or oxygen cutting or heating, grinding, in fact any work that may create heat or a continuous stream of sparks.

This Hot Work safety training DVD:

- How hot work and welding should only be undertaken by qualified and experienced personnel
- How workers should only undertake hot work when issued with a permit and risk assessment prior to commencing work
- What a permit lays out and what a risk

**Item no.** : TE25430138  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - INFECTION CONTROL

Many employees are at risk of contracting infectious diseases in the course of their work.

Those at obvious risk are health workers who come in contact with medical waste, body fluids and patients who have infectious diseases.

This infection control training DVD includes:

- How infections can occur and spread in the workplace
- The importance of good hygiene
- Risk control measures including safe food preparation

**Item no.** : FT25430139  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - JOB SAFETY ANALYSIS (SAFE WORK METHOD STATEMENT (SWMS))

One of the most common tools used for assessing and controlling risks is the document known as the Safe Method Work Statement - SMWS (previously JSA).

This safety training DVD features:

- Why A Safe Method Work Statement should be used
- How it should be completed
- Who should be involved in the preparation of the document.

**Item no.** : CY25430140  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - LIFTING & CARRYING

It is important to think ahead before moving any sort of load, whether it is big or small.

Pre-planning a route and employing correct lifting techniques will help reduce the risk of accidents and injuries.

This lifting and carrying safety training DVD includes:

- The balance circle and its impact on safe lifting
- Correct lifting techniques
- Areas to consider when assessing risk

**Item no.** : CH25430141  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - LOCKOUT TAG OUT

Many industrial accidents and serious injuries are caused by the uncontrolled release of hazardous energy.

Many of these accidents could have been prevented by proper lockout tag out procedures.

This lockout tag out training DVD includes:

- What the isolation procedure should include
- The different types of tags and the

- information they should contain
- Procedures for removing locks

**Item no.** : WZ25430142  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - MACHINERY SAFETY

Most machinery injuries occur when people come into contact with the moving parts of a machine.

There are many different types of machines and equipment used in the workplace. They can range from the smaller hand held equipment such as power tools and saws, to lathes, paper and metal-cutting guillotines, injection moulders and large tonnage presses. All of these machines are potentially dangerous and have caused many accidents in a variety of workplaces.

This machinery safety training DVD features:

- Types of accidents machinery guarding protects against.
- Types of appropriate and inappropriate clothing to be worn when working with machinery.

**Item no.** : TR25430143  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - MANUAL HANDLING

Manual handling injuries and illnesses can occur suddenly or over a long period, and whilst they may not be as graphic as many other workplace injuries, they are certainly just as debilitating.

All jobs involve some type of manual handling, so essentially all workers are at risk.

This Manual Handling safety training DVD discusses:

- What is manual handling?
- Common causes of manual handling injury
- Risk assessment and ways of reducing risk in the workplace
- Includes a 'shock introduction' to grab the viewers' attention.

**Item no.** : ZM25430144  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - OUTDOOR TOOLS

Outdoor power tools have their own set of risks and hazards.

This safety training DVD highlights these

and lays out some simple measures that can be taken prior to operating any outdoor power tool to minimize the risk of injury to operators, coworkers and the public.

**Item no.** : FR25430145  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - PERSONAL PROTECTIVE EQUIPMENT

Personal Protective Equipment is necessary in many working environments to protect workers from a number of occupational hazards.

It is important to note that although suitable PPE might be worn, it doesn't eliminate the hazard.

This PPE safety training DVD features:

- Fitting of PPE
- When PPE should be worn
- What are items of PPE?
- Correct selection of PPE

**Item no.** : DL25430146  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - PROTECTING YOUR HEARING

Each year in Australia thousands of workers are diagnosed as having noise-induced hearing loss. Exposure to excessive noise can also result in stress, fatigue, irritability and tinnitus or ringing in the ears.

Excessive noise destroys the delicate nerve cells in the inner ear which transmit sound messages to the brain. When the nerve cells are damaged, they are replaced by scar tissue which does not respond to sound. This damage is permanent and generally happens with no physical sign or sensation of pain in the ear to indicate that damage is occurring.

This noise and hearing safety training DVD features:

- Noise levels in workplaces.
- Reducing exposure to excessive noise.
- Types of hearing protection to use

**Item no.** : FL25430147  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - ROAD SAFETY

Safety on the road is something that impacts on all of us. The road is generally

a busy place and a dangerous place but it can be made safer if everyone shows a little courtesy and common sense.

This safety training DVD sets out some simple, easy to follow and practical instructions to minimize the risk of traffic accidents and injury.

**Item no.** : VN25430148  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - SKIN CANCER

Skin cancers account for over two thirds of all cancers diagnosed in Australia.

Workers who are outside between the hours of 11am and 4pm (when ultra violet radiation is most intense) have an increased risk of skin cancer.

This skin cancer safety training DVD features:

- How to recognise the early signs of skin cancer
- Types of cancers
- Ways to reduce risk of skin cancer
- How to be 'sunsmart'.

**Item no.** : WS25430149  
**Format** : DVD  
**Duration** : 5 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - SLIPS TRIPS & FALLS

Falls both from heights and as a result of slips and trips are a common cause of injury and death.

We tend to think of the danger of falls being related to working at heights, but trips over cords or material lying in aisle ways, slipping on wet or greasy surfaces or tripping on stairs or uneven surfaces can also cause serious injuries.

This slips trips and falls safety training DVD features:

- Reporting what even appears to be minor hazards.
- Some simple practices to control and reduce the risk of a slip, trip or fall hazard.

**Item no.** : ZP25430150  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## WHS INDUCTION - THE ENVIRONMENT

There are many reasons for workers to be environmentally conscious around the workplace.

Not only is it good for the planet, it helps create a healthier and safer workplace,



and can also be advantageous for an organisation's bottom line

This safety training DVD emphasises that individual collective actions can make a difference.

It includes several practical and easy to follow suggestions for reducing waste around the workplace.

**Item no.** : NW25430151  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - WORKING AT HEIGHTS**

Falling from heights is a common cause of injury and death in workplaces.

The risk of serious injury is significantly increased when working at a height that is greater than 2 metres.

This safe working at heights training DVD features:

- Risk identification using relevant documentation
- Risk control measures using the hierarchy of control
- Fall protection systems and devices

**Item no.** : MA25430152  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - WORKING WITH GAS**

There are certain precautions that must be taken when working with gases.

Any worker that is about to work with gas must complete a permit and risk assessment prior to commencing work.

This gas safety training DVD features:

- Procedures for safe gas cylinder storage and transport
- Safety equipment such as gas pressure regulators
- Environments for safe gas work

**Item no.** : NV25430153  
**Format** : DVD  
**Duration** : 4 minutes  
**Price** : AUD 149.00

## **WHS INDUCTION - WORKING WITH LADDERS**

Falling from heights is a common cause of injury and death in the workplace. In most cases these accidents could have been prevented.

Where ladders are required, there are various procedures that should be followed to help reduce the risks associated with the work.

This ladder safety training DVD features:

- Factors that can increase the risk of injury when working with ladders
- Easy to follow tips and procedures for accident prevention

**Item no.** : ZW25430154  
**Format** : DVD  
**Duration** : 3 minutes  
**Price** : AUD 149.00

## **WHY ME? WHY NOT ME! - KAHI PURU STORY**

When Kahi Puru was crushed in a forklift accident, doctors were not worried about saving his leg. They were worried about saving his life. Kahi was 29 years old when his left leg was amputated at the hip following the accident.

The accident that left Kahi crushed under a forklift was unexpected- they always are. What followed over the next three months is the Kahi Puru Story.

WHY ME?... WHY NOT ME! Is the result of combining both these talents. At one level it looks at the mechanics of this accident- and questions how likely it might occur in the workplace of those being trained. At another level, it considers the impact of the accident not only on Kahi and his wife Hilda, but also on the workmate and the driver of the forklift. The screening of this video will have high impact on all viewers.

**Item no.** : FP25430155  
**Format** : DVD  
**Duration** : 18 minutes  
**Price** : AUD 390.00

## **WORKING AROUND FORKLIFTS**

Forklift training is usually aimed at the forklift driver yet more than 50% of forklift fatalities and serious injuries involve pedestrians.

This forklift safety training DVD highlights the various hazards associated with working around forklifts in the workplace.

Viewers will learn about:

- Why and how to be aware of working around forklifts in the workplace
- Hazard identification & risk assessment
- Control measures to reduce eliminate or minimise risks (hierarchy of control)

This DVD will also encourage viewers to think about how they approach safety in their workplace.

**Item no.** : LG25430156  
**Format** : DVD  
**Duration** : 7 minutes  
**Price** : AUD 295.00

## **SPECIAL OFFER**

### **ABC'S OF STD'S, THE - STRAIGHT TALK ABOUT SEXUALLY TRANSMITTED**

Sexually transmitted diseases are so prevalent they've been called the silent epidemic. These diseases can cause infertility, long-term illness and cancer. They can affect the health of a newborn. They can kill. This program gives an overview of the many types of sexually transmitted diseases (STD's). Nationally known researchers interviewed included King K. Holmes, MD, Ph.D., Director of the Center for AIDS and STD at the University of Washington, and Dartmouth-Hitchcock Medical Center of human papilloma Diane M. Harper, M.D.

**Item no.** : SF29110291  
**Format** : DVD  
**Duration** : 23 minutes  
**Copyright** : 2000  
**Price** : USD 145.00

### **ACE'S GUIDE TO EXERCISE AND WEIGHT CONTROL**

By Cedric X. Bryant

ACE's Guide to Exercise and Weight Control addresses the current issues regarding nutrition, exercise, and weight control and discusses many of the more popularly held weight-control myths and misconceptions. Covers basic nutrition facts, high protein diets, evaluation of diet and nutrition advice, exercise and weight management myths, the importance of strength training in weight management, identifying the best calorie-burning exercise devices, the afterburn effect of exercise, exercise and appetite control, adherence and weight control, hypertrophic versus hyperplastic obesity, the factors that determine ideal body weight, and much, much more.

Among the topics covered:

- Low-fat foods
- High-protein diets
- Exercise and appetite
- Determining ideal body weight

**Item no.** : DB29110292  
**Format** : DVD  
**Duration** : 46 minutes  
**Copyright** : 2006  
**Price** : USD 49.95

### **AMERICA REMEMBERS - THE EVENTS OF SEPTEMBER 11TH (COMMEMORATIVE EDITION)**

America Remembers compiles CNN's incomparable coverage of 9/11 and the months that followed. This comprehensive documentary gives you a powerful, minute-by-minute account of the events of

9/11 as they developed, as well as a compelling look at the aftermath: a time of reflection, resolve, and retaliation.

**Item no.** : FC29110293  
**Format** : DVD

### ARE YOU GOOD OR EVIL?

This program seeks to determine if there is a physical source behind people's moral impulses and whether notorious psychopaths, clearly deficient in morality, are in actuality "born bad." Are You Good or Evil? uses brain scans to compare and contrast the brains of law-abiding and criminal adults; considers brain scan evidence suggesting that psychopaths have abnormalities in the part of the brain that deals with emotions and impulses; and shows how scientific assessments of brain scans and upbringing can be combined to predict the likelihood of whether a child will grow up to be a criminal. The video also speculates as to whether a plea of "defective moral hardwiring" could be used as a defense in court.

**Item no.** : GR29110294  
**Format** : DVD  
**Duration** : 50 minutes  
**Copyright** : 2011  
**Price** : USD 169.95

### ARMCHAIR FITNESS: GENTLE EXERCISE

This program is intended for persons with limited strength and range of motion. The program begins with a slow and easy warm-up. Teacher Betty Switkes progresses through a gentle full-body routine including a seated dance and a refreshing relaxation with Broadway style music.

**Item no.** : PY29110295  
**Format** : DVD  
**Duration** : 30 minutes  
**Copyright** : 2006  
**Price** : USD 39.95

### ARMCHAIR FITNESS: YOGA HEALTH

Master teacher and health educator Pat Hulbert leads participants in three 27 minute sessions of breathing for relaxation, coordinated stretching, and yoga movements seated in a chair. Regular practice of rhythmic stretching and relaxation promotes confidence, a deepened sense of wellbeing and serenity. The movements require no prior yoga experience. Soothing music accompanies the program.

**Item no.** : PL29110296  
**Format** : DVD  
**Duration** : 81 minutes  
**Price** : USD 39.95

### BEGINNING WEIGHT TRAINING

In this informative DVD, Dr. Nick Evans takes two beginners through the basics of weight training. In the first section, he will discuss and demonstrate 14 exercises that work all the major muscle groups of the body. In the second section, Evans will put it all together in a series of workouts designed to build and strengthen the entire body. In the first workout (push), the concentration is on the chest, shoulders and triceps. The second workout (pull) focuses on the back, biceps and abdominals. In the third workout (legs), the emphasis is on strengthening the quadriceps, hamstrings and calf muscles. This comprehensive program will help you get into great shape and reach your fitness goals.

**Item no.** : WA29110297  
**Format** : DVD  
**Duration** : 56 minutes  
**Copyright** : 2006  
**Price** : USD 30.00

### BIG IDEAS: THINKING BIG

This program brings together six icons of intellect-mathematician John Nash, mathematical biologist Martin Nowak, mathematician Enrico Bombieri, mathematical physicist Freeman Dyson, cultural anthropologist Clifford Geertz, and pianist Robert Taub-who talk about milestones on their roads to success. In the process, they range far and wide, covering topics such as game theory, the evolution and cultural adaptation of language, the Riemann hypothesis, genetic engineering, nuclear-powered spacecraft, the ethnography of Southeast Asia and North Africa, Beethoven's piano sonatas, and even the movie A Beautiful Mind.

**Item no.** : JK29110298  
**Format** : DVD  
**Duration** : 57 minutes  
**Copyright** : 2003  
**StdBkNo** : 9780736574976  
**Price** : USD 169.95

### COLLAGE ART FOR KIDS VOL. 1: PAPER COLLAGE

In first lesson, "Cut Paper Collage," Donna creates a collage that, by using papers she has cut into various sizes and shapes, has the look of a colorful quilt. In her second lesson, "Torn Paper Collage," she uses papers she has carefully torn to create a beautiful and harmonious collage of vertical shapes. In her third lesson, "Tissue Paper Collage," she layers and overlaps tissue paper to create a desert scene with different colors and hues.

Step-By-Step Lessons  
Lesson 1: Cut Paper Collage  
Lesson 2: Torn Paper Collage  
Lesson 3: Tissue Paper Collage

**Item no.** : PJ29110299  
**Format** : DVD (Color)

**Duration** : 57 minutes  
**Audience** : Ages Six-Adult  
**Copyright** : 2009  
**StdBkNo** : 9781931021593  
**Price** : USD 24.95

### COLLAGE ART FOR KIDS VOL. 2: TEXTURE AND THEME COLLAGE

In lesson one, "Texture Collage," Donna first shows textured materials she has collected, such as bark, seeds, twigs, feathers, and cork. Then she arranges some of these materials in pleasing layers and formations to create a collage that emphasizes texture. For her second lesson, "Theme Collage," Donna selects a realistic picture. She then chooses and positions a variety of materials compatible with the picture she has selected in order to create an artistic and beautiful theme collage.

Step-By-Step Lessons  
Lesson 1: Texture Collage  
Lesson 2: Theme Collage

**Item no.** : RL29110300  
**Format** : DVD (Color)  
**Duration** : 36 minutes  
**Audience** : Ages Six-Adult  
**Copyright** : 2009  
**StdBkNo** : 9781931021609  
**Price** : USD 24.95

### COLLAGE ART FOR KIDS VOL. 3: MIXED MEDIA COLLAGE

In lesson one, Donna creates a "Fruit Bowl Collage" by using watercolors to paint simple backgrounds from which she cuts a tablecloth and various fruits. In her second lesson, Donna creates a "Snowy Village Collage" with materials such as cut paper, bits of cotton, and a twig that resembles a tree. Using a crayon, she adds details to the buildings in her snowy village.

Step-By-Step Lessons  
Lesson 1: Fruit Bowl Collage  
Lesson 2: Snowy Village Collage

**Item no.** : FG29110301  
**Format** : DVD (Color)  
**Duration** : 43 minutes  
**Audience** : Ages Six-Adult  
**Copyright** : 2009  
**StdBkNo** : 9781931021616  
**Price** : USD 24.95

### COLLAGE ART FOR KIDS VOL. 4: GREETING CARDS

Using collage art techniques, Donna creates four types of cards.

In lesson one, to create "Father's Day and Mother's Day Cards," she uses various materials, such as playing cards and decorative elements that would be appropriate to honor such an occasion.

The "Celebration Card" she creates in lesson two, using newspaper and glitter glue, could be used for various occasions, such as New Year's Day, Independence Day, or Congratulations. In lesson three, the "Thank You Card" she creates with materials such as torn paper, buttons, and ribbons could also be used to convey "Get Well Soon" or "Missing You." In lesson four, "Holiday Card," Donna creates a paper poinsettia to which she adds mustard seeds and glitter glue for texture and a festive look.

#### Step-By-Step Lessons

Lesson 1: Father's Day and Mother's Day Cards

Lesson 2: Celebration Card

Lesson 3: Thank You Card

Lesson 4: Holiday Card

**Item no.** : MY29110302  
**Format** : DVD (Color)  
**Duration** : 57 minutes  
**Audience** : Ages Six-Adult  
**Copyright** : 2009  
**StdBkNo** : 9781931021623  
**Price** : USD 24.95

## DEADLY SKIN CANCER, THE - GUARDING AGAINST MELANOMA

This type of skin cancer is usually not difficult to detect, and when found early, it is almost always curable, but left untreated too long, it becomes one of the most deadliest of all cancers. This program explains self-exams and sun exposure precautions that can lower the risk. Protection early in life can help prevent this cancer in adulthood. People who have experienced melanoma tell about their experiences with the illness, from discovery through treatment.

**Item no.** : LP29110303  
**Format** : DVD  
**Duration** : 28 minutes  
**Copyright** : 2004  
**StdBkNo** : 1581403445  
**Price** : USD 145.00

## DROP, COVER & HOLD EARTHQUAKE PREPAREDNESS TRAINING

42 out of 50 states have communities in earthquake zones.

Scientists place the chances of having a magnitude 6.7 or larger earthquake in the United States at more than 99% over the next 30 years. This research-based earthquake training video, produced by a major corporate insurer, teaches employees how to react during an earthquake.

Employees will learn how to stay safe during an earthquake emergency, whether:

- Indoors
- Outdoors
- In a stairwell

- Driving a car
- In a restroom

But there's more. This video also illustrates what should be done to prepare before a natural disaster strikes: removing hazards from offices and work areas, making contingency plans, and gathering supplies. And it shows how to stay safe in the aftermath of a major event.

Whether or not you live and work in a known earthquake zone—not to mention when you travel—the unthinkable can strike out of the blue. In a major quake, the choices you make in an instant can change your reality forever. Make sure you and your workforce know your best options so you'll be ready when the next earthquake strikes.

**Item no.** : VY29110304  
**Format** : DVD  
**Duration** : 10 minutes  
**Price** : USD 129.00

## DUPLEX - CONTATO MORTAL / FURYO - EM NOME DA HONRA

**Item no.** : JG29110305  
**Format** : DVD

## FALL PREVENTION 101: PERSONAL STORIES & EXPERT ADVICE

This informative documentary offers a concise collection of unnerving personal accounts of falls and expert advice from Harvard and Yale medical school professors on fall prevention. This program provides caregivers, and persons at risk of falling, with an introduction to the evaluation and modification of the home environment.

**Item no.** : DL29110306  
**Format** : DVD  
**Duration** : 9 minutes  
**Copyright** : 2005  
**Price** : USD 145.00

## FEEL LIKE YOURSELF AGAIN: UNDERSTANDING POSTPARTUM DEPRESSION AND OTHER MOOD DISORDERS

It's estimated that 700,000 women a year experience postpartum depression. That's about 1 in every 5 mothers! Affected mothers describe it as a dark fog that overwhelms their lives. However, with treatment, the outlook is very good for overcoming mood disorders. This award-winning program features:

- Interviews with postpartum depression experts Shoshana

Bennett, Ph.D., and Pec Indman, Ed. D., MFT. They have written a highly acclaimed book called "Beyond the Blues."

- Explores the symptoms of the five postpartum mood disorders.
- Examines treatment options, provides tips on how to find a therapist, and prevention strategies.
- Help for family members and friends to understand what to do and what to say to be supportive and assist her through treatment.
- Highlights the story of a mother who suffered from postpartum depression and anxiety. She received treatment and recovered to enjoy her life and family again!

**Item no.** : FG29110307  
**Format** : DVD  
**Duration** : 24 minutes  
**Copyright** : 2005  
**Price** : USD 150.00

## GAME ON!

Kids today are in constant competition and motion. But at what cost? Learn what can parents can do reduce the stress and buck today's trend toward the race for reward.

**Item no.** : RH29110308  
**Format** : DVD  
**Duration** : Approx. 22 minutes  
**Audience** : Upper Elementary, Middle and High School  
**Copyright** : 2009  
**Price** : USD 79.95

## GLOBAL WARMING: WHAT'S TRUTH AND WHAT'S PROPAGANDA?

In basic terms, global warming refers to a warming trend of the Earth's near-surface atmosphere and its oceans. Scientific study has shown that in the distant past global warming trends occurred due to natural influences; however, today, because climate change and rising sea levels have seen dramatic changes, and because human emissions of greenhouse gases have increased significantly over the past 100 years, scientists are much more concerned about global warming than ever. With the world's population continuing to grow, the demand for energy will only increase, which will continue to put a heavy demand on the Earth's natural resources. As a result, there's no way around global warming being a political issue, and, no pun intended, the debate about global warming continues to heat up. To remain objective it is key for individuals to know what is fact or fiction, which is the main theme of this program.

This program introduces us to Stephen H. Schneider, Ph.D., who is an expert climatologist and Professor of Environmental Biology and Global Change at Stanford University; he co-edited the acclaimed book, Climate Change Policy: A Survey. Here he explains how individuals can determine what's truth and what's



propaganda in the scientific wars regarding the environmental status of planet Earth.

**Item no.** : JS29110309  
**Format** : DVD  
**Duration** : 30 minutes  
**Audience** : Senior High, College, Adult  
**Copyright** : 2004  
**Price** : USD 160.00

### GLOBAL WARMING: WHAT'S TRUTH AND WHAT'S PROPAGANDA?

In basic terms, global warming refers to a warming trend of the Earth's near-surface atmosphere and its oceans. Scientific study has shown that in the distant past global warming trends occurred due to natural influences; however, today, because climate change and rising sea levels have seen dramatic changes, and because human emissions of greenhouse gases have increased significantly over the past 100 years, scientists are much more concerned about global warming than ever. With the world's population continuing to grow, the demand for energy will only increase, which will continue to put a heavy demand on the Earth's natural resources. As a result, there's no way around global warming being a political issue, and, no pun intended, the debate about global warming continues to heat up. To remain objective it is key for individuals to know what is fact or fiction, which is the main theme of this program.

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**Item no.** : NE29110310  
**Format** : DVD  
**Duration** : 30 minutes  
**Audience** : Senior High, College, Adult  
**Copyright** : 2004  
**Price** : USD 160.00

### GROCER'S SON, THE

Director: Eric Guirado  
Starring: Nicolas Cazale, Clotilde Hesme, Daniel Duval, Jeanne Goupil

It is summer, and 30-year-old Antoine is forced to leave the city to return to his family in Provençe. His father is sick, so he must assume the lifestyle he thought he had shed driving the family grocery cart from hamlet to hamlet, delivering supplies to the few remaining inhabitants. Accompanied by Claire, a friend from Paris whom he has a secret crush on, Antoine gradually warms up to his

experience in the country and his encounters with the villagers, who initially seem stubborn and gruff, but ultimately prove to be funny and endearing. This surprise French box-office hit is about the coming-of-age of a man re-discovering life and love in the countryside.

**Item no.** : MC29110311  
**Format** : DVD (Region 1, French, With English Subtitles)  
**Duration** : 96 minutes  
**Copyright** : 2007  
**Price** : USD 200.00

### HOLDING OUR OWN: EMBRACING THE END OF THE LIFE

This powerful yet tender treatment of our final life passage features artist Deidre Scherer, the hospice chorus Hallowell, and Ira Byock, M.D., author of *Dying Well*. With its gentle, direct, and celebratory approach toward the end of life, *Holding Our Own* can be shared with audiences of all ages. Excellent for hospices and those dealing with end-of-life issues.

**Item no.** : AA29110312  
**Format** : DVD  
**Duration** : 57 minutes  
**Copyright** : 2007  
**Price** : USD 175.00

### LAST OF THE BLUE DEVILS, THE - THE KANSAS CITY JAZZ STORY

Directed by Bruce Ricker

The Last Of The Blue Devils is a rare document of the 1974 reunion that brought together Kansas City swing and blues giants Count Basie, Big Joe Turner and Jay McShann, as well as countless performers and instrumentalists in the Kansas City jazz scene from the 30s onwards.

The greatest Kansas City jazz and blues names appear in this heartwarming feature documenting their heyday and subsequent activities. Director Bruce Ricker rounded up The KC legends still surviving in the '70s for his film: Count Basie, Jay McShann, Big Joe Turner, Jimmy "Night Train" Forrest, and many more, and their hearty reminiscences form the backbone of the movie.

**Item no.** : TL29110313  
**Format** : DVD  
**Duration** : 90 minutes

### LEAVE ME ALONE!

Teens can be moody, impulsive and irritable. But how can parents tell if the tears are a sign of something more? Learn about depression's warning signs, treatments and what works with kids.

**Item no.** : PC29110314

**Format** : DVD  
**Duration** : Approx. 22 minutes  
**Audience** : Middle and High School  
**Copyright** : 2006  
**Price** : USD 79.95

### LIGHTWEIGHT CONSTRUCTIONS WITH FIBRE REINFORCED PLASTICS

This instructional film demonstrates the range of fibre composite applications in mould building and lightweight constructions. Ultra high-quality tools and components can be manufactured economically with simple means. Each step and the specific know-how are presented in a comprehensive, easily understandable format. The film presents the detailed manufacture of the following:

- one- and two-part moulds of GRP and laminating ceramic
- a vacuum press moulded honeycomb sandwich recumbent tricycle seat
- a model engine cowl of GPR with white overlay

The practical relevance of this instructional film enables the viewer to enter immediately the leading edge technology world of fibre composites. Also professionals can benefit from the interesting extras on this DVD, including an Excel-based program for laminate calculations.

**Item no.** : NW29110290  
**Format** : DVD  
**Price** : USD 47.00

### MORE THAN BABY BLUES - UNMASKING POSTPARTUM DEPRESSION

This video shows the signs of postpartum depression (PPD), what family members and friends can do, and what to do if PPD strikes. It removes the mystery of making it difficult to identify and therefore, difficult to treat. More than Baby Blues offers women and their families practical ways to deal with PPD so they can regain hope. Excellent for women's support groups and hospital resource centers.

**Item no.** : NE29110315  
**Format** : DVD  
**Duration** : 30 minutes  
**Copyright** : 2003  
**StdBkNo** : 1581403879  
**Price** : USD 145.00

### MORE THAN HONEY

Director: Markus Imhoof

Oscar-nominated director Markus Imhoof (*THE BOAT IS FULL*) tackles the vexing issue of why bees, worldwide, are facing extinction. With the tenacity of a man out to solve a world-class mystery, he



investigates this global phenomenon, from California to Switzerland, China and Australia. Exquisite macro-photography of the bees (reminiscent of MICROCOSMOS) in flight and in their hives reveals a fascinating, complex world in crisis.

Writes Eric Kohn in Indiewire: "Imhoof captures the breeding of queen bees in minute detail, ventures to a laboratory to witness a bee brainscan, and discovers the dangerous prospects of a hive facing the infection of mites. In this latter case, the camera's magnifying power renders the infection in sci-fi terms, as if we've stumbled into a discarded scene from David Cronenberg's THE FLY." This is a strange and strangely moving film that raises questions of species survival in cosmic as well as apiary terms.

**Item no.** : WN29110316  
**Format** : DVD (Region 1, Color, English and German with English subtitles)  
**Duration** : 91 minutes  
**Copyright** : 2013  
**Price** : USD 349.00

## MYTHS AND REALITIES OF STRETCHING, THE

By Mike Bracko

The Myths & Realities of Stretching presents a comprehensive discussion of the misinformation, misunderstanding, and mystery attendant to the documented benefits of sound stretching. In a straightforward, easy-to-understand manner, the DVD reviews the literature concerning how stretching can help (and in some instances hinder) individuals.

Among the topics covered:

- Research that indicates that stretching immediately prior to exercise or sports does not prevent injuries
- Research that shows stretching weakens the muscle for approximately 10-15 minutes
- Possibly making it more susceptible to injury
- Evidence that a pre-work warm-up in an occupational setting offers benefits to both the worker and the employer
- How workstation stretching can help prevent muscle imbalances caused by chronic occupational positions
- Anecdotal benefits of stretching

**Item no.** : JM29110317  
**Format** : DVD  
**Duration** : 46 minutes  
**Copyright** : 2007  
**Price** : USD 49.95

## NYPD NARCOTICS UNIT, THE

Since New York City enacted its zero-tolerance drug policy in the early 1990s, arrests for narcotics violations have increased over 40 percent. This program goes on the streets where the

policy is enforced, taking a gritty look at narcotics stake-outs and arrest procedures. Cameras follow the real-life beats of Detective Danny Murphy and Sergeant Vincent Curulli in Brooklyn, Detective Larry Burke in the Bronx, and Detective Bernie Malone, a 17-year NYPD veteran now working with the DEA.

**Item no.** : KH29110318  
**Format** : DVD (Closed Captioned)  
**Duration** : 54 minutes  
**Copyright** : 2002  
**StdBkNo** : 9780736573979  
**Price** : USD 169.95

## PARENTS: OUR MOST IMPORTANT RESOURCE

As all educators know, the importance of communicating with parents throughout the assessment process cannot be overstated. From gathering information from parents during registration to working with the parent hand-in-hand throughout the school year, this partnership is crucial to understanding and charting the growth of the whole child.

To demonstrate, we highlight a group parent-teacher meeting and presentation. The process of developing the portfolio, the formal checklist and the parent's reporting form is explained at the meeting.

Another important segment shows a teacher screening and observing Alexis, a pre-school child, in the classroom. The teacher then shares her observations of Alexis with his mother during conferences at the school and at his home. Viewers will see how this willingness to meet in a variety of settings can enable teachers and parents to better discuss a student's progress and to set goals together.

**Item no.** : VP29110319  
**Format** : DVD  
**Duration** : 27 minutes  
**Copyright** : 2004  
**Price** : USD 99.00

## POWER OF RTI, THE: CLASSROOM MANAGEMENT STRATEGIES

By Jim Wright

Response to Intervention is an effective method for helping struggling learners achieve academic success. The good news is that RTI can also be a powerful management approach to challenging behaviors in the classroom.

Jim Wright, widely renowned authority on RTI and author of the national best seller, RTI Toolkit: A Practical Guide for Schools, presents powerful strategies for structuring classroom routines that minimize opportunities for student misbehavior. He focuses on TIER I techniques which address:

- Classroom rules, routines, and schedules
- Positive behavioral expectations
- Simple strategies to manage defiant and con-compliant students
- Targeted use of rewards and feedback
- Structured lessons to incorporate meaningful student choices
- Management of daily classroom transitions

In addition to Tier I strategies, Wright provides constructive and positive approaches to address student misbehavior, if and when it occurs. Learn how to implement RTI to create optimal learning environments with a minimum of discipline and behavior problems.

**Item no.** : KR29110320  
**Format** : DVD (Closed Captioned)  
**Duration** : 68 minutes  
**Audience** : Grades K-6  
**Copyright** : 2008  
**StdBkNo** : 9781934032664  
**Price** : USD 139.95

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**Duration** : 68 minutes  
**Audience** : Grades K-6  
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**Duration** : 68 minutes  
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**Copyright** : 2008  
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**Item no.** : KE29110323  
**Format** : DVD (Closed Captioned)  
**Duration** : 68 minutes  
**Audience** : Grades K-6  
**Copyright** : 2008  
**StdBkNo** : 9781934032664  
**Price** : USD 139.95

## **PROJECT MANAGEMENT**

This DVD examines the Alton Bridge development project and addresses the management, design and awarding of contracts. Also discussed are the challenges and difficulties faced and handled, techniques used in scheduling, visual graphics designed to illustrate bridge construction, how major glitches were met, and the routes taken to repair and complete the project.

**Item no.** : ZB29110324  
**Format** : DVD  
**Audience** : Grades 9-12, College, Adult  
**Copyright** : 1998  
**Price** : USD 79.95

## **RED BALLOON, THE**

Directed by Albert Lamorisse

Albert Lamorisse's Exquisite film remains one of the most beloved children's films of all time. In this deceptively simple, nearly wordless tale, a young boy discovers a stray balloon on the streets of Paris that seems to have a mind of its own. The two become inseparable, yet the world's harsh realities finally interfere. With its glorious palette and allegorical purity, the Academy Award-winning The Red Balloon has enchanted movie lovers, young and old, for generations.

**Item no.** : HZ29110325  
**Format** : DVD  
**Duration** : 34 minutes  
**Copyright** : 1956  
**Price** : USD 14.95

## **SOPHIE'S CHOICE**

Kevin Kline, Peter MacNichol and Meryl

Streep star in this drama directed by Alan J. Pakula. Set in 1947 post-World War II Brooklyn, the story tells of Sophie Zawistowska, a Polish Catholic who survived Auschwitz. Sophie settles in America after World War II with her lover. The drama unfolds through the observations of a friend and would-be writer. As the trio grows closer, the friend discovers the hidden truths that the couple harbors. Based on the drama by William Styron.

**Item no.** : KA29110326  
**Format** : DVD

## **TASTE OF SHAKESPEARE, A: A MIDSUMMER NIGHT'S DREAM**

A guide to the loveliest of Shakespeare's romantic comedies.

A Midsummer Night's Dream, considered the loveliest of Shakespeare's romantic comedies, draws the viewer almost immediately into a dark forest, where love loses its way.

Although we gladly let ourselves be seduced by moonlight magic, fairy dust, and bridal-bed blessings, we wonder at the end of this play how long the "happy ending" will last. We also look with a sharper eye at our own wanderings in the forest of love, and at the pain we inflict when we tell someone we once loved to "get lost."

"Lord, what fools these mortals be!" proclaims the goblin Puck; and the Fairy Queen makes a fool of herself over an ass.

**Item no.** : JH29110327  
**Format** : DVD (Color)  
**Duration** : 57 minutes  
**Audience** : Grades 9-12, College, Adult  
**Copyright** : 1998  
**StdBkNo** : 1594581622  
**Price** : USD 250.00

## **UNDERSTANDING MEDIA LITERACY**

TV and radio commercials, Web sites and banner ads, magazine ads, pop songs, photos, and even news articles and textbooks: all of them are sending messages to influence the reader/viewer/listener. How do they grab the attention? What are they selling - a product or service? a lifestyle? an ideology? - and why? Would a different media consumer interpret the message differently? This program raises more questions than it answers, which is the whole point: to prompt students to question, question, question the messages they are bombarded with daily. Savvy media consumers aren't born; they're made, and this program is an excellent tool for shaping the classroom dialogue.

**Item no.** : HH29110328  
**Format** : DVD  
**Duration** : 35 minutes  
**Copyright** : 2007  
**StdBkNo** : 9781421364742  
**Price** : USD 99.95

and international recognition.

**Item no.** : KR29110330  
**Format** : DVD  
**Duration** : 57 Minutes  
**Copyright** : 2009  
**Price** : USD 170.00

## **WOMEN WITH ALCOHOL DEPENDENCY - MORE COMMON THAN YOU THINK**

This program profiles women of different ages and backgrounds who are in recovery. Though the incidence of alcoholism is slightly less among women than men, once it develops, this disease tends to progress more rapidly in women. Physiological differences quickly put women at a greater risk for physical complications, some of which are unique to women (breast cancer & bearing a child with fetal alcohol syndrome). Powerful, enlightening, excellent for support groups to see and use for discussions.

**Item no.** : AZ29110329  
**Format** : DVD  
**Duration** : 27 minutes  
**Copyright** : 2004  
**StdBkNo** : 1581403429  
**Price** : USD 145.00

## **YEARS IN THE MAKING: A JOURNEY INTO LATE LIFE CREATIVITY**

Years In the Making introduces a group of 50 feisty, professional artists who live within a few miles of each other. All between the ages of 70 and 95 years old, they are still passionate about their art and their need to produce new work. They talk about the challenges they faced to become artists originally and the new challenges that come with age.

And what eventful lives they have lived. Some document how the Great Depression, World War II, the Holocaust and the Civil Rights movement impacted their lives and their art. Others tell about confronting illness and aging with creativity, finding new ways to express themselves.

Years in the Making is a joyful documentary providing insights into the creative process and the impact of art throughout various stages of life. It is a kaleidoscope of the artists, their works and their diverse personalities.

Alternately pensive and humorous, the film inspires us to seize the day and to celebrate artists who are journeying through late life creativity.

Narrated by Keir Dullea with music by composer Paul Alan Levi, this production presents a vast array of the visual arts including painters, sculptors, mixed media artists, cartoonists, illustrators, graphic designers and photographers who have spent decades nurturing their talents and creating works that have gained national

## **YOU'RE NOT ALONE: COPING WITH THE DEATH OF A SPOUSE**

By Steve Gillman

When do you take off your wedding ring? What about the pain one feels when eating alone? These are some of the questions that come up in this video about the loss of a spouse. This moving video focuses on the early grieving process and viewers come to understand the immediate feelings of shock, grief, anger, and numbness, as well as the ongoing fear of being alone.

**Item no.** : FL29110331  
**Format** : DVD  
**Duration** : 38 minutes  
**Copyright** : 1996  
**StdBkNo** : 1581400691  
**Price** : USD 215.00

## **ZULU LOVE LETTER**

Director: Ramadan Suleman

The Truth and Reconciliation Commission could not heal all the wounds left behind by the apartheid era. Thandeka, a journalist, is still traumatized by the murder of a schoolgirl, which she witnessed years before. She can find no peace before tracking down the perpetrators and finding the body of the schoolgirl so it can have a decent memorial.

**Item no.** : GG29110332  
**Format** : DVD (English and Zulu with English subtitles)  
**Duration** : 100 minutes  
**Copyright** : 2004  
**Price** : USD 99.00



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