

2014 New Releases Catalogue

January



CD-ROM ★ DVD ★ VOD



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AFRICAN STUDIES

CHINA ON CHINA: THE COMEBACK

To surpass the U.S. in economic might, China needs access to cheap energy and raw materials. That's why it is now heavily invested in developing countries—most notably in Africa, where millions of Chinese citizens have relocated. Mozambique, which has China to thank for its remarkable 10 percent growth rate, offers an eye-opening case study. This film travels in and around the capital city of Maputo, highlighting examples of Chinese-backed development and assembling various perspectives on China's involvement in the African "lion economies." Surveying a vast, fertile field with his African business partner, Chinese-born rice producer Luo Haoping describes new agricultural techniques he's shared with local growers, while Lyle White, a South African expert on China, sheds light on the complex forces behind this and similar endeavors. Several other experts are also featured in discussions about China's future as a global economic force and development leader.

Item no. : JS02305307
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088119
Price : USD 170.00

ALZHEIMER'S DISEASE

ALZHEIMER'S DISEASE AND RELATED DISORDERS IV (FOR HOME HEALTH)

This program addresses common issues that caregivers in a home health setting will face in treating a patient with Alzheimer's. Join us as we discuss the stages of Alzheimer's and the modifications that can be made in the home to help these patients.

Item no. : CW04160269
Format : DVD
Price : USD 325.00

AMERICAN STUDIES

DOWNTOWN DREAM

By Aaron Matthews

For decades, small town life in the United States has been slowly and quietly eroding. But there are overlooked stories amidst the talk of America's economic decline: the stories of individual men and women in the "Rust Belt" community in Lewistown, Pennsylvania. Once one of the country's

largest steel manufacturing centers, Lewistown lost its manufacturing base and industrial might a generation ago and has since become a "ghost town." DOWNTOWN DREAM follows the lives of five dynamic men and women living in Lewistown who refuse to be counted out and instead struggle to reinvent their lives and their dreams in America's chilly economic climate.

Over the course of two years, in DOWNTOWN DREAM, viewers witness five dynamic personal journeys that also concretize the struggles of the town itself. Jon, a developer, reflects Lewistown's wistful remembrance of nobler days; Bernard, a pastor and one of 150 African Americans in Lewistown, embodies the town's potential resurrection; Pam, a would-be salon owner, reflects the can-do spirit that may be a remedy for Lewistown's business community; Barb, a recovering addict, and Katie, her daughter and an aspiring actress and singer, personify its potential physical rehabilitation. Lyrical and intimate, the film reveals typical Americans in a typical American place grappling with the question on everybody's lips today: How do you make it in America anymore?

After more than 40 years of decay, Lewistown is now at a crossroads. The town leaders have drawn up a comprehensive redevelopment plan, and it is taking shape. In order to beautify the deserted downtown, streets have been widened, trees have been planted and buildings have been razed. The centerpiece of the plan—spending \$250,000 in state funding to install a park in the town's center—is underway.

The situation in Lewistown mirrors the fate of the nation at this critical point in history. How do Americans make sense of economic and political forces beyond their control? Will they make a go of it and if so, how? In DOWNTOWN DREAM, Jon, Bernard, Pam, Barb and Katie reinvent their dreams in the face of devastation and decay.

Item no. : MG03100917
Format : DVD (Color, Closed Captioned)
Duration : 45 minutes
Copyright : 2013
Price : USD 348.00

NORTHERN LIGHT

By Nick Bentgen and Lisa Kjerulf

Set against the backdrop of a town's annual snowmobile race, NORTHERN LIGHT explores the working class experience in a series of captivating personal stories of recession-era America. The lives of three families change profoundly in the north woods of Michigan, where winters are unforgiving, jobs are hard to come by, and the line between living life and simply surviving is razor-thin. This cinematic, observational documentary explores the American working class experience through character-based storytelling. As racers

and their families pin their hopes to a 500 mile-long test of endurance, small triumphs and giant sacrifices are made along the way. Dysfunction and hardship permeate the cold, but this harsh setting is simultaneously the site of community and familial intimacy. Filmed over the course of several years spent with the film's protagonists, NORTHERN LIGHT is a fresh and vital contribution to the tradition of contemporary American cinema verite.

Reviews

- "Told in short, stolen snippets, it's one beautiful image after another, showing its Michigan subjects trying to win at various competitions. Ups and downs are captured [and] people just keepin' on keepin' on." - Matt Prigge, Metro
- "A visually sumptuous and stirring observation piece that generates a similar small town despondence surrounding an annual snowmobile race in a northern Michigan community feeling the effects of the economic depression." - Robert Bell, Exclaim
- "Patient, observant, and deeply generous" - Michael Tully, Hammer to Nail

Awards

- Winner, Most Innovative Feature, 2013 Visions du Reel, Switzerland
- Winner, Best Cinematography, 2013 New Orleans Film Festival, Louisiana

Item no. : GE03400919
Format : DVD (Color, Closed Captioned)
Duration : 105 minutes
Copyright : 2013
Price : USD 390.00

ANIMATION

MARVEL COMICS

This fascinating documentary looks at the success of Marvel Comics in both the US and UK, accounting for more than half of all comic book sales. Their superheroes, including Captain America, Spiderman and the Incredible Hulk have been hugely successful on television and in Hollywood blockbuster movies.

This program provides a behind-the-scenes look at the artists and writers responsible for producing these modern "fairytales for grownups."

Featured in this program is a unique interview with Marvel legend Stan Lee, the man who created Spiderman, the Incredible Hulk, Captain America and all of the other Marvel heroes during a career lasting over 50 years.

Item no. : ZM00770509
Format : DVD (Color)
Duration : 25 minutes
StdBkNo : 9780769750408
Price : USD 45.00

TINTIN: INSIDE HERGE'S CARTOON ARCHIVES

In 1929, a young Belgian cartoonist, Georges Remi, better known as Herge, created a character called Tintin, who has become one of the most popular comic strip figures in the world.

The twenty three Tintin adventure books have been translated into eighty different languages and have sold millions of copies worldwide. In this fascinating and revealing program cameras were given an unprecedented look inside creator Herge's archives of his world famous cartoon hero Tintin and his timeless cast of characters.

Item no. : WE00770545
Format : DVD (Color)
Duration : 25 minutes
StdBkNo : 9780769750460
Price : USD 45.00

ANTHROPOLOGY

GRINGO TRAILS

By Pegi Vail

Are tourists destroying the planet-or saving it? How do travelers change the remote places they visit, and how are they changed? From the Bolivian jungle to the party beaches of Thailand, and from the deserts of Timbuktu, Mali to the breathtaking beauty of Bhutan, GRINGO TRAILS traces stories over 30 years to show the dramatic long-term impact of tourism on cultures, economies, and the environment.

Directed by prominent anthropologist Pegi Vail, the Director of the Center for Media, Culture and History at New York University and a Fulbright Scholar, GRINGO TRAILS raises urgent questions about one of the most powerful globalizing forces of our time: tourism. Following stories along the well-worn western travelers' route-the 'gringo trail', through South America and beyond to Africa and Asia-the film reveals the complex relationships between colliding cultures: host countries hungry for financial security and the tourists who provide it in their quest for authentic experiences.

As dramatically as travelers are altered by new landscapes, values and belief systems, they also alter the people and places they visit. A man getting lost in the Amazon jungle in 1981 has had an unexpected effect on future generations. The original inhabitant of an island on the Salt Flats of Bolivia faces the dilemma of trying to preserve its ecosystem while still allowing outsiders to experience its unique magic. A traveler's search for an "unspoiled" island paradise in Thailand has unintended but devastating consequences and poses ethical quandaries for locals in a position to profit from tourism. A woman's romantic fantasies about "the unknown" meet reality in Timbuktu. Locals worldwide express the desire for visitors to better understand how to respectfully walk on their sacred lands,

including an indigenous community that has become a model for sustainable tourism in South America.

GRINGO TRAILS experts include National Geographic Traveler editor Costas Christ; Jungle author Yossi Ghinsberg; travel essayist and novelist Pico Iyer; Bolivian Chalalan Ecological's Freddy Limaco and Guido Mamani; Globe Trekker host Holly Morris; Lonely Planet travel writer Anja Mutic; Vagabonding author Rolf Potts; A Map for Saturday's Brook Silva-Braga; National Museum director Kempo Tashi; travel writer Ernest "Fly Brother" White; and Royal Family of Bhutan member Dasho Sangay Wangchuk.

Reviews

- "GRINGO TRAILS illuminates our travel footprint [and illustrates some hard truths about mass travel. Whether you're an armchair traveler or you're working through a bucket list of exotic destinations, it's an important and moving film." - Mary Catherine O'Connor, Outside Magazine
- "If you love to travel, and want to do it responsibly, see this wonderfully nuanced, funny film that shows the joy and horror of travel, and gives you a visa to some possible solutions." - Pamela Yates, documentary filmmaker
- "In GRINGO TRAILS, Vail travels around the world to show how travelers are affected by the romance of packaged travel stories in the media as well as through word of mouth. Adventure becomes a commodity...How do we reconcile our romantic images of the world with the truth of what our presence in those places means?" - Pam Mandel, Gadling

Awards

- 2013 World Premiere, Margaret Mead Film Festival, American Museum of Natural History, New York
- Canadian Premiere, Planet in Focus Festival, Toronto

Item no. : RE03210918
Format : DVD (Color, Closed Captioned)
Duration : 79 minutes
Copyright : 2013
Price : USD 390.00

ART

ANGKOR FOR SALE? ART THEFT IN CAMBODIA

Angkor is one of the world's largest and most magnificent archaeological sites. But Cambodia's recent history of violence has also claimed Angkor as a victim.

The cultural heritage of the ancient Khmer empire has become the target of art theft on a massive scale, with military personnel involved.

Filmed on location in Cambodia and

Thailand, this documentary investigates the illegal trade in much-coveted Khmer artefacts and the measures being taken to try to put a stop to it.

Item no. : HK00770461
Format : DVD (Color)
Duration : 53 minutes
StdBkNo : 9780769750415
Price : USD 50.00

DAVID MALOUF: AN IMAGINARY LIFE

Winner of the world's richest literary prize for his novel Remembering Babylon, David Malouf is a complex and poetic writer. In his beautiful and evocative stories the past is always very close to the surface of the present.

Half-forgotten memories, inner states, obligation and friendship all provide him with inspiration.

Filmed on location in Australia, England, Ireland and Italy, and making atmospheric use of archive footage and dramatisation, this documentary is an emotive exploration of his work.

Item no. : RB00770474
Format : DVD (Color)
Duration : 55 minutes
StdBkNo : 9780769750552
Price : USD 50.00

IN THE FOOTSTEPS OF VAN GOGH

This documentary is ablaze with the vibrant colours of the profusion of canvases van Gogh painted in the last two years of his life. In 1888, the artist left Paris, where he had spent the previous two years sharing an apartment with his younger brother Theo, an art dealer.

Vincent had not had any success selling his work and the sibling relationship had become strained on account of his awkward personality. However, when he arrived in Arles and, a few months later, moved into the 'yellow house', he resumed his prolific correspondence with Theo.

They continued to write to each other up until Vincent committed suicide in 1890. The painter's letters contain a detailed record of his daily life, his impressions of his surroundings, and his reflections on his art.

Illustrating extracts from these letters with his paintings and with stunning location footage, this documentary traces the events of van Gogh's final years and reveals his turbulent spirit.

In a vivid combination of his words and images, it brings to life his time in Arles, alone and with Gauguin; the period he spent in the asylum of Saint-Paul-de-Mausole at Saint-Remy de Provence; and the last weeks he spent in Auvers-sur-Oise, seeking help from Dr

Paul Gachet.

Item no. : BH00770483
Format : DVD (Color)
Duration : 56 minutes
StdBkNo : 9780769750378
Price : USD 50.00

PABLO NERUDA

Pablo Neruda (1904-73), who won the Nobel Prize for Literature in 1971, led an extraordinarily full and passionate life. Using a wealth of archive material, this documentary tells Neruda's story and gives voice to his poetry, exploring the profound links between his political engagement and his writing.

It travels to Chile to set his life and work against the backdrop of the country and the landscapes which inspired him, and to explore his abiding love of the natural world.

Item no. : AD00770513
Format : DVD (Color)
Duration : 45 minutes
StdBkNo : 9780769750545
Price : USD 50.00

ART THERAPY

EMPOWERING ADULTS WITH DEVELOPMENTAL DISABILITIES: A CREATIVE ARTS THERAPIES APPROACH

By Stephen Snow

Gain new tools for helping adults with developmental disabilities using creative arts therapies within Dr. Snow's unique ethnodramatherapy model.

Dr. Stephen Snow uses the term "emancipatory potential" to describe the impact of a unique therapeutic model on these actors with disabilities. As you watch the group develop, rehearse, and ultimately present their life histories onstage, you'll learn how a model known as ethnodramatherapy builds on traditional drama and arts therapies techniques, along with Mienczakowski's ethnodrama method, to bring expression to the challenges marginalized populations experience on a daily basis.

In this video, you'll find educational commentary, personal interviews, and an epilogue by Snow, including ways to incorporate expressive arts, poetry, music, and dance into work with adults with developmental disabilities. You'll be moved by the humorous, touching, and at times disturbing stories of Snow's group, presented by the actors themselves. In addition, you'll hear feedback from their receptive audiences, including young students, that illustrate both the show's effectiveness and the attitudinal shifts that can occur as a result of seeing such a

performance.

By watching this video, you will:

- Understand the objectives and methodology of the ethnodramatherapy approach.
- Identify ways to incorporate expressive and performance art into work with adults with developmental disabilities.
- Learn tools for measuring the therapeutic impact of an ethnodramatherapy performance featuring marginalized populations.

Item no. : HL07620445
Format : Streaming (1 Year)
Duration : 42 minutes
Price : USD 182.00

ARTS & CULTURE

COMPUTER CHESS

Director: Andrew Bujalski

Set over the course of a weekend tournament for chess software programmers thirty-some years ago, COMPUTER CHESS transports viewers to a nostalgic moment when the contest between technology and the human spirit seemed a little more up for grabs. We get to know the eccentric geniuses possessed of the vision to teach a metal box to defeat man, literally, at his own game, laying the groundwork for artificial intelligence as we know it and will come to know it in the future.

Review

- "Recommended." - Video Librarian

Item no. : ZF11990286
Format : DVD (Black & White)
Duration : 92 minutes
Copyright : 2013
Price : USD 249.00

ASIA & THE PACIFIC

CHINA ON CHINA: A DRAMATIC HISTORY

Three decades ago China was regarded as a developing country. Today it is the world's second largest economy, having made the journey from scarcity and poverty to wealth and abundance faster than any other nation in history—a narrative that Chinese leaders are eager to promote. But the official record makes no mention of events which directly precipitated China's astonishing economic rise—most notably, the Tiananmen Square massacre of 1989. This film describes what happened when the rigid policies instigated under Mao gave way to the era of Deng Xiao Ping, who ushered in unprecedented opportunities for creating personal wealth—as well as sociopolitical paradigm shifts that no one could anticipate. Expert commentary is provided

by Chen Mingming, a high-ranking Chinese diplomat; Professor Zhu Ling, Deputy Director at the Chinese Academy of Social Sciences (CASS); Yu Hua, author of *To Live*; and others.

Item no. : YB02305301
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088089
Price : USD 170.00

CHINA ON CHINA: A NEW GENERATION

It can be argued that China's newfound affluence is made possible not by bold entrepreneurs but by disadvantaged migrant workers, millions of whom have left the rural villages in which they were born to seek better lives in cities. This film takes viewers inside that globally significant megatrend with stories of Chinese migrants and their challenges. Li Xu Bin and his wife Dai barely get by on temp jobs in the Beijing suburb of Dong Xin Dian. But in Guiyang, capital of Guizhou province, a young woman named Tian Qiuyu has rejected work for hire and founded her own PR firm. And at Tongji University in Shanghai, budding architect Guan Zhaoyu makes the most of the education her parents never had. Expert commentary comes from Fudan University professor Zhou Dunren, who talks about the importance of understanding the difficulties that migrant workers face in China today and how their outlook compares with those of previous generations.

Item no. : TE02455302
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088096
Price : USD 170.00

CHINA ON CHINA: CULTURE FOR BILLIONAIRES

A country that can look back on a rich and extensive past will undoubtedly have a wealth of stories, and China's literary tradition, with its multi-millennial history of essays, novels, and poetry, is likely the world's oldest. But even in a land that reveres poetry, pictures can take over—especially moving pictures. Although small art-house films were the only choice after the cinematically barren years of the Cultural Revolution, today China is a major producer of movie spectacles. This program shows how far the country has come in terms of cultural production and how it is poised to rival the U.S. as the world's filmmaking center. Contemporary Chinese literature and the market for books are also important topics, as are censorship, self-censorship, and why certain motifs are recurrent in Chinese stories. Expert commentary

comes from director Eva Jin, film critic Raymond Zhou, film industry analyst Leon Gao, stunt man Zeng Dong, and author Yan Lianke.

Item no. : AG00275303
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088140
Price : USD 170.00

CHINA ON CHINA: EVERYTHING HAS A PRICE TAG

Skyrocketing wealth might be building a new China, but it is also leading to deep divisions within Chinese society. As in the United States, some experts even question whether or not a widening lifestyle gap is truly beneficial for the country's long-term economic growth, not to mention for social stability. This film looks at emerging class differences in what was originally designed to be a classless state, with discussions focusing on multigenerational poverty in rural areas and the precarious existence of hundreds of millions of migrant workers on the fringes of China's cities. For street-level insight, viewers are invited into the household of two apartment tenants who are most likely living paycheck to paycheck, but who have high ambitions for their young son. Expert commentary comes from Fudan University professor Zhou Dunren, writer Xie Chuntao, and other observers of China's rapidly evolving social landscape.

Item no. : WE02305304
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088133
Price : USD 170.00

CHINA ON CHINA: MORE THAN HALF THE SKY

Mao's aphorism about the strength and ability of women may have helped to do away with foot-binding, child marriage, and other archaic traditions, but in 21st-century China gender equality is as illusory as ever. This film examines the challenges that Chinese women face, especially the obstacles to prosperity and security that the country's poor, rural women know all too well. Viewers meet Yu Xinpei, who migrated to Shanghai from a remote southern village. At first apprenticed to a hairdresser, she's now starting a salon of her own. Meanwhile, sociologist Liu Bohong talks about the difficulties women encounter when they move to cities—although those who stay in the provinces "have it harder." Many become suicide statistics, which is why physician Xu Rong has founded a support group for wives and daughters who are struggling with rural life. On the other hand, the film also points out that 11 of the

world's richest women are Chinese!

Item no. : VS02455305
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088102
Price : USD 170.00

CHINA ON CHINA: SUN AND WIND BUT NO WATER

"Promoting growth and protecting the environment is a contradiction," says Chinese ambassador Chen Mingming, insisting that the opulent lifestyle of "people overseas" should figure into any assessment of his country's environmental policies. "Isn't it legitimate for the Chinese to seek the same quality of life? That means economic development." Others who support the government's approach to ecological problems also appear in this film, such as political observer Xie Chuntao—although he does acknowledge tangible policy splits within China's leadership and the difficulty of balancing environmental protection with the constant need for energy and raw materials. For a less ambivalent view, the film turns to activist Chen Faging as he meets with angry suburbanites outside Hangzhou—a supposedly "model city" now plagued by factory pollution. With protests and potentially violent confrontations like these brewing across China, will the government seek a new way forward?

Item no. : PA00275306
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088157
Price : USD 170.00

CHINA ON CHINA: THE COMEBACK

To surpass the U.S. in economic might, China needs access to cheap energy and raw materials. That's why it is now heavily invested in developing countries—most notably in Africa, where millions of Chinese citizens have relocated. Mozambique, which has China to thank for its remarkable 10 percent growth rate, offers an eye-opening case study. This film travels in and around the capital city of Maputo, highlighting examples of Chinese-backed development and assembling various perspectives on China's involvement in the African "lion economies." Surveying a vast, fertile field with his African business partner, Chinese-born rice producer Luo Haoping describes new agricultural techniques he's shared with local growers, while Lyle White, a South African expert on China, sheds light on the complex forces behind this and similar endeavors. Several other experts are also featured in discussions about China's future as a global economic force and development leader.

Item no. : JS02305307
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088119
Price : USD 170.00

CHINA ON CHINA: THE PEOPLE AND THE POWER

They aren't chosen by popular election, but when the 3,000 members of the National People's Congress gather in Beijing, they do the nation's business within their ascribed political parameters. Does this mean that the average citizen has a voice in government? Are China's top leaders influenced by these locally appointed representatives, or is power so centralized that over 1.35 billion people can still be ruled as a whole, from behind closed doors? This film presents stories and discussions about China's one-party system, how an individual NPC appointee participates in it, and what alternative forms of political expression are possible. Viewers meet Dilina'er Abudulah, a delegate from the Xinjiang autonomous region who represents the Uyghur ethnic minority. Her thoughts and daily activities are presented alongside commentary from scholars, everyday citizens, and government supporters, including Xie Chuntao, author of *How and Why the CPC Works in China*.

Item no. : TB02455308
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088126
Price : USD 170.00

ATHLETIC TRAINING

HIGH INTENSITY TRAINING: BRIDGING POPULATIONS

By Carl Foster

In the last few years, high intensity training (HIT) has been widely reported as a new fitness trend. In reality, many of the claims made for this mode of training are rather extreme. High Intensity Training: Bridging Populations provides a comprehensive overview of the key factors involved in HIT and examines when, and with what populations HIT is or is not appropriate. The DVD also details the practical realities of using HIT.

Among the topics covered:

- High intensity interval training: precision training
- Basis of contemporary high intensity interval training
- High intensity interval training causes large adaptation in a short time in

- young healthy people
- Exercise in the non-athletic world
- Can high intensity interval training be adapted to older healthy and/or clinical populations?
- High intensity exercise training

Item no. : BC08501890
Format : DVD
Duration : 61 minutes
Copyright : 2012
Price : USD 80.00

BALLET

GREEN TABLE, THE - KURT JOOSS - THE JOFFREY BALLET CHICAGO

One of the masterpieces of twentieth-century dance, Kurt Jooss' ballet expresses the futile, relentless tragedy of war.

The flashing white gloves of the diplomats around the green table and Death's inexorable stamping as he gathers in his victims make an unforgettably powerful impact.

This studio recording with the Joffrey Ballet of Chicago was staged by the choreographer's daughter, Anna Markard, who reconstructed his work as faithfully as possible.

Frederic Cohen's score for two pianos is played by May Sofge and Fiona Boznos.

Item no. : PN00770481
Format : DVD (Color)
Duration : 37 minutes
StdBkNo : 9780769750903
Price : USD 50.00

MARGOT FONTEYN - A PORTRAIT

Just two years before she died, Margot Fonteyn finally agreed to tell the full story of her life for this exclusive television biography. It was made at her home in Panama and is the only personal account of her life and career that exists on film.

It includes archive footage of many of her great roles and extensive newsreel coverage of key events in her life.

Item no. : HB00770501
Format : DVD (Color, Black and White)
Duration : 88 minutes
StdBkNo : 9780769750453
Price : USD 50.00

MAURICE BEJART'S THE NUTCRACKER - BEJART BALLET LAUSANNE

An inspired showman, Bejart attracted huge new audiences for dance with the

productions he mounted in sports stadia, public squares and circus tents. He now works on a more intimate scale but his style is as vivid and direct in its appeal as ever.

Punctuated by Bejart's narration of his life story, his magical staging of The Nutcracker is an enchanting and enchanted autobiography.

Tchaikovsky's score is augmented with popular accordion music performed on-stage by the legendary Yvette Horner.

The Bejart Ballet Lausanne were recorded performing the work at the Theatre du Chatelet.

Item no. : FN00770512
Format : DVD (Color)
Duration : 125 minutes
StdBkNo : 9780769750705
Price : USD 60.00

RUDOLF NUREYEV - A PORTRAIT

No performer on the world stage received so much acclaim and publicity as Rudolf Nureyev, and no one gave away so little about their private life and thinking.

In this television biography, made one year before his death in 1993, Nureyev tells his own story in his own words and recalls turning points in his career. The program traces Nureyev's life, starting out from his home town of Ufa in the shadow of the Ural Mountains, half way between Moscow and Siberia. When filming took place there, Ufa had changed very little since his departure thirty years before.

The school was still there and so was the modest wooden house, which his family shared with two others. The green curtains still hung at the old theatre, where he saw the ballet performance which changed the course of his life.

Nureyev's sister, his head mistress and the dance teacher who first discovered him (101 years old at the time this program was made), all recall the solitary rebel. At the Kirov Theatre, the prima ballerina who was his first partner remembers the student who emerged as the most brilliant dancer of his generation. The cameras were also allowed to film Nureyev on his Mediterranean island of Li Galli, which once belonged to another Russian dancer, Massine. Nureyev's dancing career has been extensively chronicled on film and television.

This definitive biography incorporates extensive archive material and documents Nureyev's career with footage of his greatest roles and the most important events in his life.

Ninette de Valois, mentor; Margot Fonteyn, partner; Roland Petit, choreographer; and Sylvie Guillem, dancer, are among those who comment on the life and legend of this fiery Tartar.

There are extracts from the following ballets: Le Corsaire, The Sleeping Beauty, Marguerite and Armand, Apollo, Aureole, Don Quixote, Cinderella and Pierrot Lunaire.

Item no. : KU00770539
Format : DVD (Color, Black and White)
Duration : 90 minutes
StdBkNo : 9780769750392
Price : USD 50.00

BASKETBALL

BASKETBALL: APPLYING PRESSURE

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Michael Meek demonstrates the fundamentals of applying pressure. Teaches: Pressing Team: Tempo. The 5 keys to a Good Press: Ball pressure, Off the ball intensity, Not giving up Lanes, Getting shots around the basket, Off the ball fouls. Match up Quickly: Keeping offensive players in vision, Do not get beat deep. Run and Jump Press: Match-up quickly, Switch all picks. Drills: Corraling Drill.

Item no. : ZC00941272
Format : DVD
Copyright : 2013
Price : USD 60.00

BASKETBALL: BALL HANDLING & HANDLING PRESSURE

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Michael Meek demonstrates the fundamentals of ball handling and how to handle pressure moves on and off the dribble. Finishing: Finishing Off the Dribble, Power Finishing Moves. Ball Handling Moves: Inside out moves, Hesitation moves, Combination moves, Change of pace, direction moves, Spin dribble and Go moves. Handling Pressure: Staying forward, Dribble up court with pressure, Attacking traps, Handling traps, One on one situations. Passing: Post feeding, Push pass. Defense.

Item no. : FT06041273
Format : DVD
Copyright : 2013
Price : USD 60.00

BASKETBALL: FINISHING MOVES AT THE BASKET

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Coach Eric Lathem demonstrates the fundamentals of finishing moves at the basket. In this program Coach Lathem covers drills and techniques for multiple finishing moves designed to help players score. Teaches Speed Layup, Power Layup, Stride Stop, Floater, Awkward Reverse.

Item no. : CM06111274
Format : DVD
Copyright : 2013
Price : USD 60.00

BASKETBALL: FULL COURT PRESS SKILLS AND DRILLS

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Michael Meek demonstrates the fundamentals of full court press and on the court skills and drills. Teaches: Defensive Stance, Defensive Slide Drills, Z Drill, Turn and Sprint Drill, Hesitation Drill, Ball Position with Dribble, Corraling Drill, Digging from Behind, Combo Dig & Corral.

Item no. : TP00941275
Format : DVD
Copyright : 2013
Price : USD 60.00

BASKETBALL: POST DEVELOPMENT SYSTEM DEFENSE-POSITIONING-SCORING-FINISHING

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Michael Meek demonstrates the fundamentals of post development skills. Game Winning Drills: 5 Best Ways to Defend, Post Positioning, Sealing & Scoring moves, Finishing, Lob & High Low Sealing, Low Post Scoring Moves.

Item no. : WH06041276
Format : DVD
Copyright : 2013
Price : USD 60.00

BASKETBALL: POST DEVELOPMENT SYSTEM GETTING OPEN-SHORT WING-DOUBLE TEAMS

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Michael Meek demonstrates the fundamentals of post development skills. Game Winning Drills: Getting Open in the Post, Mid Post Scoring Moves, Short Wing Scoring Moves, Short Corner Footwork, Post Defense, Handling Double Teams.

Item no. : NH06111277
Format : DVD
Copyright : 2013
Price : USD 60.00

BASKETBALL: POST STRATEGIES & SKILLS

Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating basic techniques into their playing strategy.

Michael Meek demonstrates the fundamentals of post strategies and skills. Teaches: Developing Youth Players, Post Positioning, Drills, Passing to Post, Plays.

Item no. : NC00941278
Format : DVD
Copyright : 2013
Price : USD 60.00

BROADWAY

ELAINE STRITCH AT LIBERTY

Elaine Stritch at Liberty, the Broadway legend's one-woman show, triumphed in New York and won a 2002 Tony Award. This double-Emmy-winning recording was made when she later took London by storm.

Stritch's comic timing is impeccable and her anecdotes priceless as she talks and sings her way through fifty years in American theatre.

From a disastrous date with Marlon Brando to blowing her chance of starring in The Golden Girls, she is uncompromisingly honest in telling her own story and pulls no punches in recounting her struggle with drink.

Sensational, poignant and incredibly funny, Stritch can still knock an audience dead.

Item no. : HF00770477
Format : DVD (Color)
Duration : 89 minutes

StdBkNo : 9780769750422
Price : USD 55.00

BUILDING & TECHNICAL TRADES

BLUEPRINT FUNDAMENTALS: INTERPRETING SYMBOLS AND SPECS

Blueprints are made up of highly-specialized notations that tell builders, machinists, electricians, engineers, and others exactly how items are assembled and what materials to use. Because they are needed to coordinate work across a wide spectrum of trades, learning to interpret these specifications is crucial. From a blueprint's basic elements to the distinct features of construction, electrical, manufacturing, and machining blueprints, this program gives viewers a detailed primer on types of blueprints and how they are read. Students will see graphics that illustrate what is meant by basic, auxiliary, and sectional views; discover how CAD is used to create blueprints; and learn which career fields benefit most from blueprint training programs

Item no. : VF00275300
Format : DVD
Duration : 33 minutes
Copyright : 2014
StdBkNo : 9780816088911
Price : USD 130.00

CAMP RESOURCES

TECHNOLOGY IS YOUR FRIEND

By Matt Brand

Technology Is Your Friend discusses how modern technology can help camps become and remain successful. The DVD details tips and tricks concerning how camp professionals can effectively utilize the latest technologies. For example, the DVD points out how camps can use Facebook as a mini social community for their staff. In addition, the DVD looks at how Twitter and blogs can be employed as a platform to communicate with the parents of campers. The DVD is designed for camp professionals who want to set their inner nerd free.

Among the topics covered:

- The cloud
- The audience
- The Google+ monster
- Square
- Dropbox
- Evernote
- Social icing

Item no. : EB08501895

Format : DVD
Duration : 51 minutes
Copyright : 2013
Price : USD 80.00

CAREERS

FASHION DESIGN

CAREERS: DO YOU HAVE WHAT IT TAKES?

Do you have what it takes to be a fashion designer? Join eight up-and-coming fashion designers as they discuss the characteristics, traits, and skills needed to make it in the fashion industry. Candid interviews with young designers tackle questions about careers in fashion design, including:

- What It Takes: What traits do you need to have?
- Inspiration: Where do designers get ideas?
- The Tough Stuff: What are the realities of being a fashion designer?
- Success and Joy: What success have the designers received? Why do they love doing what they do?

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Only Available in Hong Kong.

Item no. : BC29110229
Format : DVD (Closed Captioned)
Duration : 22 minutes
Audience : Grade 6-Adult
Copyright : 2012
Price : AUD 235.00

CHILD DEVELOPMENT

PARENTING PRINCIPLES

Positive parenting begins by creating an emotionally healthy environment for children to grow, filled with love, guidance, and respect. Join leading adolescence and parenting expert Laurence Steinberg, PhD, in an examination of the ten basic principles of good parenting. Parents share their personal experiences of raising their children while Dr. Steinberg delves into the important role parents play in shaping emotionally healthy children throughout the span of childhood.

Item no. : CM01070372
Format : DVD (Closed Captioned)
Duration : 38 minutes
Audience : Grade 6-Adult
Copyright : 2014
Price : USD 80.00

CINEMA STUDIES

NORTHERN LIGHT

By Nick Bentgen and Lisa Kjerulff

Set against the backdrop of a town's annual snowmobile race, **NORTHERN LIGHT** explores the working class experience in a series of captivating personal stories of recession-era America. The lives of three families change profoundly in the north woods of Michigan, where winters are unforgiving, jobs are hard to come by, and the line between living life and simply surviving is razor-thin. This cinematic, observational documentary explores the American working class experience through character-based storytelling. As racers and their families pin their hopes to a 500 mile-long test of endurance, small triumphs and giant sacrifices are made along the way. Dysfunction and hardship permeate the cold, but this harsh setting is simultaneously the site of community and familial intimacy. Filmed over the course of several years spent with the film's protagonists, **NORTHERN LIGHT** is a fresh and vital contribution to the tradition of contemporary American cinema verite.

Reviews

- "Told in short, stolen snippets, it's one beautiful image after another, showing its Michigan subjects trying to win at various competitions. Ups and downs are captured [and] people just keepin' on keepin' on." - Matt Prigge, Metro
- "A visually sumptuous and stirring observation piece that generates a similar small town despondence surrounding an annual snowmobile race in a northern Michigan community feeling the effects of the economic depression." - Robert Bell, Exclaim
- "Patient, observant, and deeply generous" - Michael Tully, Hammer to Nail

Awards

- Winner, Most Innovative Feature, 2013 Visions du Reel, Switzerland
- Winner, Best Cinematography, 2013 New Orleans Film Festival, Louisiana

Item no. : GE03400919
Format : DVD (Color, Closed Captioned)
Duration : 105 minutes
Copyright : 2013
Price : USD 390.00

CLASSICAL MUSIC

ANDRAS SCHIFF PLAYS

CHOPIN: 24 PRELUDES OP. 28 & SCHIFF ON CHOPIN

This recital was filmed in the beautiful, meticulously restored Ancien Conservatoire in Paris, where the composer himself frequently gave concerts. The 24 Preludes are amongst Chopin's most wonderful and important works.

Also included on this DVD is a documentary wherein Andras Schiff, one of today's great pianists, charts Chopin's life, explores his genius and plays substantial extracts from his work. A wealth of archive material is employed to document the composer's story.

Item no. : WW00770458
Format : DVD (Color)
Duration : 90 minutes
StdBkNo : 9780769750385
Price : USD 60.00

HELENE GRIMAUD: PIANO RECITAL AT THE KAAMER MUSIKSAAL

The *Franlzjiurter Allgemeine Zeitung* wrote of this recital by pianist Helene Grimaud at the Kammer Musiksaal of the Berlin Philharmonie, "She doesn't only play the piano - she feels it and she lives it. Every single note proves her devotion to perfection ... her unconventional style captivates everyone in the audience."

Arguably one of the very top pianists of her generation, her concert career took off in 1987 when she was in her early twenties and she now performs with major orchestras around the world as well as being in demand for recital appearances. The spontaneity of her playing is breathtaking.

Not to be afraid of taking risks and always to play as though it is the first time is Helene Grimaud's maxim.

Her program for this recording features Bach's Chaconne in D minor, Beethoven's Sonata No. 31 in A flat Op. 110, and Brahms' Sonata No. 3 in F minor Op. 5. As encores, she plays two of Rachmaninov's Etudes tableaux Op. 33.

Item no. : CV00770482
Format : DVD (Color)
Duration : 80 minutes
StdBkNo : 9780769750590
Price : USD 60.00

LONDON MASTER CLASSES: CELLO CLASSES WITH RALPH KIRSHBAUM

Since 1988 London Master Classes has been presenting some of the world's most distinguished performers as master teachers offering intensive classical music master classes for vocal, violin, cello, piano and conducting.

Working with advanced classical music students and young professionals before audiences in major London venues, the London Master Classes provide a rare opportunity for young artists to meet and benefit from working with the great performers of our time.

This master class featuring Ralph Kirshbaum shows the world-renowned cellist at work, passing on his expertise to the next generation.

Item no. : HZ00770489
Format : DVD (Color)
Duration : 59 minutes
StdBkNo : 9780769750934
Price : USD 60.00

LONDON MASTER CLASSES: CONDUCTING WITH BENJAMIN ZANDER

Since 1988 London Master Classes has been presenting some of the world's most distinguished performers as master teachers offering intensive classical music master classes for vocal, violin, cello, piano and conducting.

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Conductor Benjamin Zander shares his experience on the worldwide concert platform with ve students from St. Cyprian's Church.

Item no. : ZN00770494
Format : DVD (Color)
Duration : 55 minutes
StdBkNo : 9780769750927
Price : USD 60.00

LONDON MASTER CLASSES: PIANO CLASSES WITH NORMA FISHER

Since 1988 London Master Classes has been presenting some of the world's most distinguished performers as master teachers offering intensive classical music master classes for vocal, violin, cello, piano and conducting.

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opportunity for young artists to meet and benefit from working with the great performers of our time.

A master class following one of Britain's leading pianists. Norma Fisher has international success on the concert & chamber music platform, and now shares her experiences and talent with her students.

Item no. : PK00770497
Format : DVD (Color)
Duration : 59 minutes
StdBkNo : 9780769750941
Price : USD 60.00

LONDON MASTER CLASSES: SINGING WITH SHERRILL MILNES

Since 1988 London Master Classes has been presenting some of the world's most distinguished performers as master teachers offering intensive classical music master classes for vocal, violin, cello, piano and conducting.

Working with advanced classical music students and young professionals before audiences in major London venues, the London Master Classes provide a rare opportunity for young artists to meet and benefit from working with the great performers of our time.

The great American Baritone shares his knowledge of singing in opera houses and music centers of the world encompassing all areas of vocal repertoires.

Item no. : NU00770500
Format : DVD (Color)
Duration : 59 minutes
StdBkNo : 9780769750958
Price : USD 60.00

COMEDY

ELAINE STRITCH AT LIBERTY

Elaine Stritch at Liberty, the Broadway legend's one-woman show, triumphed in New York and won a 2002 Tony Award. This double-Emmy-winning recording was made when she later took London by storm.

Stritch's comic timing is impeccable and her anecdotes priceless as she talks and sings her way through fifty years in American theatre.

From a disastrous date with Marlon Brando to blowing her chance of starring in The Golden Girls, she is uncompromisingly honest in telling her own story and pulls no punches in recounting her struggle with drink.

Sensational, poignant and incredibly funny, Stritch can still knock an audience dead.

Item no. : HF00770477

Format : DVD (Color)
Duration : 89 minutes
StdBkNo : 9780769750422
Price : USD 55.00

COMMUNICATION

EXPLORING HUMAN NATURE

With Dr. Philip Zimbardo, Professor Emeritus of Psychology, Stanford University

Teach your employees how social rules, unconscious biases, and "group think" heavily influence how we analyze and make decisions.

Dr. Philip Zimbardo has spent his career in social psychology—the study of human nature and how we're influenced by others and by social rules internalized in childhood. His research shows how we tend to be completely unaware of these influences, and often choose to act in irrational ways that can cause harm to ourselves or others.

A dynamic training tool
Narrated by Dr. Zimbardo, this fascinating program offers insights into the underlying forces driving individual and group behavior. You'll observe unsuspecting human subjects in twenty situations that test the boundaries of individualism and group mentality. Watch them all or choose the scenes that best fit your training goals.

Watch examples of how we judge others:

- Weighted heavily by first impressions
 - Based on their personal appearance
 - Through identification with groups
- Or how social situations drive behavior:
- When we want to be accepted and fit in
 - Passively deferring to a "group norm"
 - Through obedience to authority

Use as a conversation starter
Would you stay quiet if your team is making a bad decision? Do you question your first impressions of others? Use this powerful program as a meeting opener or to spark discussion in your trainings. And help your team improve their thinking and decision-making abilities.

Item no. : YV02460367
Format : DVD
Duration : 57 Minutes
Price : USD 159.00

COUPLES THERAPY

RAISING AN EMOTIONALLY INTELLIGENT CHILD

Be an emotion coach for your children.

This 90 minute audio program is a wonderful overview of Dr. Gottman's research and findings on raising emotionally healthy kids.

An outstanding resource for parents and caregivers! Dr. Gottman explains how research has yielded better methods to coach children to regulate their emotional world. This increases self-confidence, improve school performance, and contribute to greater physical health and healthier social relationships. For parents of children of all ages, Raising an Emotionally Intelligent Child helps explain how parents and child can enrich their bonds, and contributes immeasurably to the development of a generation of emotionally healthy adults.

Dr. Gottman draws on his studies of more than 120 families to zero in on the parenting techniques that ensure a child's emotional health. In short, these are:

- Be aware of a child's emotions
- Recognize emotional expression as an opportunity for intimacy and teaching
- Listen empathetically and validate a child's feelings
- Label emotions in words a child can understand
- Help a child discover appropriate ways to solve a problem or deal with an upsetting situation

Item no. : NF12100006
Format : DVD
Duration : 90 minutes
Price : USD 60.00

THERAPY SESSIONS: DEMONSTRATIONS

In-depth re-enactments of powerful, moving sessions with Gottman clients

In this set Drs. John & Julie Gottman show you how to apply Gottman Method Therapy tools in your clinical work. View these sessions time and again to enhance your skills.

Here are clear, masterful video training demonstrations of just how Gottman Couples Therapy can be integrated into your clinical work. Based on actual clinical cases, these sessions include:

DVD 1: Assessment, Couple Interaction, Individual Sessions, Contracting Session

DVD 2: Dreams Within Conflict Intervention and Compromise, 4 Horsemen & Culture of Appreciation, Aftermath of a Fight

DVD 3: Doing a 'Dan Wile', Softened Start-up, Video Playback & Enduring Vulnerabilities, Internal Working Model and ID'ing Negative Cycles, Conversation They Never Had, Repair Checklist

DVD 4: Behavior Exchange, Rituals of Emotional Connection, Aftermath of Failed Bids, Building Shared Meanings, Resistance to Change, Rappaport Intervention, the Marital Poop Detector

DVD 5: The Stress Reducing Conversation

Item no. : WN12100007
Format : 5 DVDs
Duration : 10 hours
Price : USD 99.00

CRYENGINE 3

CRYENGINE 3 - VOL 1 - AN INTRODUCTION AND APPLICATION

With Helder Pinto

In this first DVD of our series, Helder Pinto starts by walking you through many of the common features of CryENGINE 3 SDK like Customizing the User Interface, Folder Structure, Viewports, Entities, Panels, Objects and much more. Once a firm foundation has been placed, Helder immediately begins going through the creation of an entire level from scratch. He begins by creating a custom terrain and from there goes into creating the lush vegetation. Other topics in the creation include using brushes, basic lighting, environment tab, fog volumes and finally water volumes.

Item no. : WZ28700037
Format : DVD
Duration : 330 minutes
Price : USD 195.00

CRYENGINE 3 - VOL 2 - AN INTRODUCTION AND APPLICATION

With Helder Pinto

In this second DVD of our series, Helder Pinto continues where he left off on the creation of an entire level from scratch. Helder starts off by placing particles in the scene and then goes into the "Boids" system to place things like flocks of birds. From there he goes into many other topics including decals, roads, prefabs, archetypes, placing automated doors and ropes, setting up sounds, using voxels, creating an entire cave scene, viz areas, environment cubemaps, reflections, clouds, materials and much more. Helder concludes the level section by setting up the final lighting.

Item no. : ME28700038
Format : DVD
Duration : 300 minutes
Price : USD 195.00

CRYENGINE 3 - VOL 3 - AN INTRODUCTION AND APPLICATION

With Helder Pinto

In this third DVD of our series, Helder Pinto goes into more intermediate and advanced topics now that the first level is complete. Helder starts off by explaining how to create and add custom decals,

roads, and terrain layers to the level. From there he goes into deferred lighting, lightbox, environment cubemaps and probes for image-based lighting, heightmaps, using the CryTIF exporter, materials, advanced vegetation, and particle creation. Helder then goes through the entire creation of a custom prop inside 3ds Max and then bringing it into the editor with materials.

Item no. : NS28700039
Format : DVD
Duration : 360 minutes
Price : USD 195.00

CRYENGINE 3 MATERIALS - VOL 1 - AN INTRODUCTION AND APPLICATION

With Helder Pinto

In this first DVD of our series, Helder Pinto starts by studying the materials and examining reference. He then sets up the scene in CryENGINE and gives an overview of the Material Editor. From there Helder shows how to create a golden material, tinted glass material, shattered glass material, car paint material, velvet material, rubber tire material, and a worn and painted metal material.

Item no. : GN28700040
Format : DVD
Duration : 300 minutes
Price : USD 195.00

CRYENGINE 3 MATERIALS - VOL 2 - AN INTRODUCTION AND APPLICATION

With Helder Pinto

In this second DVD of our series, Helder Pinto continues where he left off in creating many different material types. Helder starts off by creating a concrete material and then goes into how to create a rusty metal material. From there he creates an amazing brushed chrome material, and marble material. Other materials created are: a bronze material, leather material, wooden material, monitor TV material, and vegetation material. Once the materials are created, he then takes a step back and tweaks them all and also goes over the new filmic HDR tone mapping.

Item no. : CG28700041
Format : DVD
Duration : 300 minutes
Price : USD 195.00

CRYENGINE 3 MATERIALS - VOL 3 - AN INTRODUCTION AND APPLICATION

With Helder Pinto

In this third DVD of our series, Helder Pinto goes into more intermediate and advanced topics now that the basic materials are complete. He starts off by talking about parallax occlusion mapping and shows how to create a really nice road material. Helder then creates a decal material, terrain material, edge decals, decals, detail maps, scrolling textures, specular tricks, and blend layers.

Item no. : CF28700042
Format : DVD
Duration : 270 minutes
Price : USD 195.00

CULTURAL DIVERSITY

EMPOWERING ADULTS WITH DEVELOPMENTAL DISABILITIES: A CREATIVE ARTS THERAPIES APPROACH

By Stephen Snow

Gain new tools for helping adults with developmental disabilities using creative arts therapies within Dr. Snow's unique ethnodramatherapy model.

Dr. Stephen Snow uses the term "emancipatory potential" to describe the impact of a unique therapeutic model on these actors with disabilities. As you watch the group develop, rehearse, and ultimately present their life histories onstage, you'll learn how a model known as ethnodramatherapy builds on traditional drama and arts therapies techniques, along with Mienczakowski's ethnodrama method, to bring expression to the challenges marginalized populations experience on a daily basis.

In this video, you'll find educational commentary, personal interviews, and an epilogue by Snow, including ways to incorporate expressive arts, poetry, music, and dance into work with adults with developmental disabilities. You'll be moved by the humorous, touching, and at times disturbing stories of Snow's group, presented by the actors themselves. In addition, you'll hear feedback from their receptive audiences, including young students, that illustrate both the show's effectiveness and the attitudinal shifts that can occur as a result of seeing such a performance.

By watching this video, you will:

- Understand the objectives and methodology of the ethnodramatherapy approach.
- Identify ways to incorporate expressive and performance art into

work with adults with developmental disabilities.

- Learn tools for measuring the therapeutic impact of an ethnodramatherapy performance featuring marginalized populations.

Item no. : HL07620445
Format : Streaming (1 Year)
Duration : 42 minutes
Price : USD 182.00

DESIGN, TECHNOLOGY & MANUFACTURING

INSIDE A FACTORY: HOW THEY MAKE THE JAGUAR

- Car Manufacturing
- Robotics
- Jaguar Land Rover

Jaguar is a world-famous name for quality cars for the rich and famous. This film takes us inside the famous Castle Bromwich factory in the West Midlands, UK, to see how they make one – in this case, the Jaguar XJ.

PRESS SHOP: First stage is pressing the various body panels out of the metal "blanks". Aluminium is used, for lightness and strength.

BODY IN WHITE: Next, the parts are put together in the Body In White shop, using robots and skilled manpower, resulting in completed shells for the XJ coming off the line, one every 4.1 minutes.

PAINT, FINAL TRIM & ASSEMBLY: The shells are painted, then go to "Final Trim" to be made into completed cars, each customised to particular orders. Each car has a bar code number that contains all its unique features and destination. Quality Control is also a vital element, through the whole process and at final checking stage.

JAGUAR: A VERY BRITISH COMPANY? Jaguar is "Made In Britain", part of Jaguar Land Rover, but the company is owned by Indian car makers Tata. Its biggest market is China, where Jaguars are the status symbol for the new moneyed classes. Jaguar sales are on the rise, providing more UK jobs, proving it's possible to thrive, even in a recession.

Item no. : DN00110678
Format : Streaming Subscription (3 Year)
Duration : 30 minutes
Copyright : 2013
Price : USD 225.00

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Item no. : DN00110679
Format : Streaming Subscription (1 Year)
Duration : 30 minutes
Copyright : 2013
Price : USD 170.00

INSIDE A FACTORY: HOW THEY MAKE THE JAGUAR

- Car Manufacturing
- Robotics
- Jaguar Land Rover

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Item no. : DN00110680
Format : DVD
Duration : 30 minutes
Copyright : 2013
Price : USD 260.00

DOCUMENTARY

JUST GENDER

Director: George Zuber

JUST GENDER tackles the all too often misunderstood world of transgender. The film explores the common myths and misunderstandings about transgendered people, as well as the confusion between sexual orientation and gender identity as reflected in the rigid binary view of the world generally held by society. JUST GENDER also touches on the discrimination, hardships and brutality resulting from those misconceptions and prejudices, including the numerous deaths caused by hate each year. Through the stories of transgender individuals and their spouses, friends, and allies, the film explores the confusion, the isolation, and the fear felt by many transgender persons. It also reveals their growing awareness and acceptance, and ultimately their joy in blossoming comfort as transgendered persons.

Item no. : FY11990282
Format : DVD (Color)
Copyright : 2013
Price : USD 349.00

MARGOT FONTEYN - A PORTRAIT

Just two years before she died, Margot Fonteyn finally agreed to tell the full story of her life for this exclusive television biography. It was made at her home in Panama and is the only personal account of her life and career that exists on film.

It includes archive footage of many of her great roles and extensive newsreel coverage of key events in her life.

Item no. : HB00770501
Format : DVD (Color, Black and White)
Duration : 88 minutes
StdBkNo : 9780769750453
Price : USD 50.00

MARIA CALLAS - LIVING AND DYING FOR ART AND LOVE

When Callas sang Tosca at Covent Garden in 1964, she could not have known how crucial it would prove to her career and her life. It was the last role she performed on stage: a huge success and a high point in twentieth century opera, but it marked the beginning of the end for the diva.

Loss of nerve, voice and love were to follow.

Franco Zeffirelli's legendary Tosca and the production's resonance with Callas's own extraordinary story are the focus of this documentary, which draws on rare archive footage and a wealth of documents and stills.

Zeffirelli, Tito Gobbi (her Scarpia) and Placido Domingo are among the contributors.

Item no. : SV00770503
Format : DVD (Color, Black and White)
Duration : 56 minutes
StdBkNo : 9780769750439
Price : USD 50.00

RUDOLF NUREYEV - A PORTRAIT

No performer on the world stage received so much acclaim and publicity as Rudolf Nureyev, and no one gave away so little about their private life and thinking.

In this television biography, made one year before his death in 1993, Nureyev tells his own story in his own words and recalls turning points in his career. The program traces Nureyev's life, starting out from his home town of Ufa in the shadow of the Ural Mountains, half way between Moscow and Siberia. When filming took place there, Ufa had changed very little since his departure thirty years before.

The school was still there and so was the modest wooden house, which his family shared with two others. The green curtains still hung at the old theatre, where he saw the ballet performance which changed the course of his life.

Nureyev's sister, his head mistress and the dance teacher who first discovered him (101 years old at the time this program was made), all recall the solitary rebel. At the Kirov Theatre, the prima ballerina who was his first partner remembers the student who emerged as the most brilliant dancer of his generation. The cameras were also allowed to film Nureyev on his Mediterranean island of Li Galli, which once belonged to another Russian dancer, Massine. Nureyev's dancing career has been extensively chronicled on film and television.

This definitive biography incorporates extensive archive material and documents Nureyev's career with footage of his

greatest roles and the most important events in his life.

Ninette de Valois, mentor; Margot Fonteyn, partner; Roland Petit, choreographer; and Sylvie Guillem, dancer, are among those who comment on the life and legend of this fiery Tartar.

There are extracts from the following ballets: Le Corsaire, The Sleeping Beauty, Marguerite and Armand, Apollo, Aureole, Don Quixote, Cinderella and Pierrot Lunaire.

Item no. : KU00770539
Format : DVD (Color, Black and White)
Duration : 90 minutes
StdBkNo : 9780769750392
Price : USD 50.00

YVONNE KENNY: VIVA LA DIVA!

Australian soprano Yvonne Kenny has an international reputation. But the life of a diva is not what most people imagine or would envy.

This documentary gives an intimate insight into the life of the singer and discovers what motivates her as an artist and as a woman. It is peppered with candor and humor.

The hard work and sacrifice involved in her 'glamorous' profession takes enormous commitment but Yvonne's passion for singing and her desire to release music's power to touch the heart and soul keeps her going.

Item no. : PF00770547
Format : DVD (Color)
Duration : 54 minutes
StdBkNo : 9780769750675
Price : USD 50.00

DRAMA

CALLOUSED HANDS

Director: Jesse Quinones

Reviews

- "An unusually perceptive and sensitive first feature." - Miami New Times
- "Calloused Hands is kept spinning by the energy and fury of Andre Royo (The Wire), who conveys the desperation and erratic behavior of a man who has failed at life and knows it. Royo's talent is undeniable. Why isn't this actor in more movies?" - Miami Herald
- "An exceptional and emotional movie from director Jesse Quinones." - Creative Native

Item no. : HY11990280
Format : DVD (Color)
Duration : 97 minutes

Copyright : 2013
Price : USD 249.00

STRANGE COURSE OF EVENTS, A

Shaul is a melancholic dreamer, with a tendency to run whenever things go wrong. He returns to Haifa one day for a reckoning with the father he has not seen in 5 years. But getting along with an airy-fairy mother-in-law with a penchant for New Age, a daughter on the verge of adolescence, and a father who's been converted to yoga is not easy. After a fateful slip, Shaul will find his place as a son, a father, and more.

Item no. : RJ11990284
Format : DVD (Hebrew, Color)
Copyright : 2013
Price : USD 249.00

EARTH

AUSTRALIA'S FIRST 4 BILLION YEARS

Of all continents on Earth, none preserves a more spectacular story of its origins than Australia. With help from high-energy host and geologist Richard Smith, we meet titanic dinosaurs and giant kangaroos, sea monsters and prehistoric crustaceans, disappearing mountains and deadly asteroids. Epic in scope, intimate in nature, this is the untold story of the Land Down Under, the one island continent that has got it all.

Item no. : LP06582474
Format : 2 DVDs (Region 1, Color)
Duration : 240 minutes
Copyright : 2013
Price : USD 104.00

ECONOMICS

DOWNTOWN DREAM

By Aaron Matthews

For decades, small town life in the United States has been slowly and quietly eroding. But there are overlooked stories amidst the talk of America's economic decline: the stories of individual men and women in the "Rust Belt" community in Lewistown, Pennsylvania. Once one of the country's largest steel manufacturing centers, Lewistown lost its manufacturing base and industrial might a generation ago and has since become a "ghost town." DOWNTOWN DREAM follows the lives of five dynamic men and women living in Lewistown who refuse to be counted out and instead struggle to reinvent their lives and their dreams in America's chilly economic climate.

Over the course of two years, in DOWNTOWN DREAM, viewers witness five dynamic personal journeys that also

concretize the struggles of the town itself. Jon, a developer, reflects Lewistown's wistful remembrance of nobler days; Bernard, a pastor and one of 150 African Americans in Lewistown, embodies the town's potential resurrection; Pam, a would-be salon owner, reflects the can-do spirit that may be a remedy for Lewistown's business community; Barb, a recovering addict, and Katie, her daughter and an aspiring actress and singer, personify its potential physical rehabilitation. Lyrical and intimate, the film reveals typical Americans in a typical American place grappling with the question on everybody's lips today: How do you make it in America anymore?

After more than 40 years of decay, Lewistown is now at a crossroads. The town leaders have drawn up a comprehensive redevelopment plan, and it is taking shape. In order to beautify the deserted downtown, streets have been widened, trees have been planted and buildings have been razed. The centerpiece of the plan—spending \$250,000 in state funding to install a park in the town's center—is underway.

The situation in Lewistown mirrors the fate of the nation at this critical point in history. How do Americans make sense of economic and political forces beyond their control? Will they make a go of it and if so, how? In DOWNTOWN DREAM, Jon, Bernard, Pam, Barb and Katie reinvent their dreams in the face of devastation and decay.

Item no. : MG03100917
Format : DVD (Color, Closed Captioned)
Duration : 45 minutes
Copyright : 2013
Price : USD 348.00

EMOTIONALLY FOCUSED

EMOTIONALLY FOCUSED THERAPY: A COMPLETE TREATMENT - PART 1 (SESSIONS 1-3)

By Rebecca Jorgensen

Sandra and Carl begin therapy with a number of active conflicts, from whether to sell their boat to where they want to live. Sandra complains that Carl doesn't express his emotions, commenting "it's like being with a cardboard character." Meanwhile Carl is fearful that he cannot provide what Sandra needs, and feels that Sandra's greater emotional acumen makes it difficult for him to share. In these first sessions, Jorgensen works to quickly develop an alliance with the couple, which enables them to begin to explore the hurt, fear and sadness that lie just under the surface of their disagreements. She identifies the couple's negative interaction cycle in the first session, and begins to reframe the problem as rooted in underlying feelings and unmet needs.

In the third session, their negative cycle becomes clearer as it is repeatedly enacted, and we witness Jorgensen demonstrate key skills necessary for Stage 1 EFT work, particularly her deft handling of their emotional reactivity. She is able to interrupt their conflicts before they spin out of control, and create space for them to experience a novel way of interacting. Although Carl and Sandra are both fearful about expressing their feelings directly to one another, they begin to share touching moments of closeness during these early sessions.

Item no. : RE07620442
Format : DVD (With English Subtitles)
Duration : 268 minutes
StdBkNo : 1601243774
Price : USD 223.00

EMOTIONALLY FOCUSED THERAPY: A COMPLETE TREATMENT - PART 2 (SESSIONS 4-6)

By Rebecca Jorgensen

Carl and Sandra's relationship begins to show important signs of progress. In their fourth session, the couple is slow to admit the primary emotions that underlie their complaints. By empathically validating the pain and confusion Sandra and Carl feel while reframing their experiences as part of their cycle, Jorgensen creates a space that enables Carl to come out of his withdrawn, defensive stance and admit that he does not express his care for Sandra. Carl's emergence marks a turning point for the couple, and Jorgensen plants the seed for softening Sandra's pursuer role by reflecting, "you don't quite know how to run to Carl's arms when you're distressed."

Over the next two sessions, the couple begins to assimilate the cycle as the root of their problem, and with Jorgensen's guidance, they soften considerably toward one another. Sandra reflects that she is now able to look at Carl in session, though she still has difficulty revealing why that has been so painful. The moments of connection between Sandra and Carl increase, as they both acknowledge that they do not want to be without the other. In a heartening sign of the headway they have made, Sandra expresses her excitement about the adventure of creating a new relationship with Carl, even as the prospect is very frightening for her.

Item no. : ET07620443
Format : DVD
Duration : 256 minutes
StdBkNo : 1601243790
Price : USD 223.00

EMOTIONALLY FOCUSED THERAPY: A COMPLETE TREATMENT - PART 3 (SESSIONS 7-10)

By Rebecca Jorgensen

By now Sandra and Carl have become much more comfortable acknowledging their attachment needs, but the powerful emotions driving their cycle still elude them. Jorgensen continues to probe with evocative questions, which guide the couple to explore intensely vulnerable feelings of longing, fear, and rejection. Sandra and Carl's willingness to cover such painful territory is fortified by the visible warmth that has blossomed between them over the preceding weeks.

As the therapy progresses into the eighth and ninth sessions, Sandra's deep attachment fear becomes more obvious. She struggles to feel Carl's love for her, even as he explains, "I don't want to be the next person in your life who lets you down." These sessions exemplify the evolution into Stage 2 EFT, as Jorgensen works to soften Sandra's pursuit and pull Carl out of his withdrawn position. When Carl tells her how difficult it is to say that he needs her love, Sandra finally lets her guard down and exclaims, "I feel like I'm rolling through the flowers with you!"

Jorgensen has helped the couple lay the groundwork for a new relationship, but the couple still has a lot of work ahead of them. As wanderlust calls them to pull up stakes and voyage on to greener pastures, the focus of their last session turns to how they can continue their work going forward. And while the therapy may not have reached an ideal stage for the couple, it has provided them with a new perspective, instilled them with hope, and set them on a trajectory toward a deeper connection with each other.

Item no. : HH07620444
Format : DVD
Duration : 302 minutes
StdBkNo : 1601243812
Price : USD 223.00

ENVIRONMENT

GRINGO TRAILS

By Pegi Vail

Are tourists destroying the planet-or saving it? How do travelers change the remote places they visit, and how are they changed? From the Bolivian jungle to the party beaches of Thailand, and from the deserts of Timbuktu, Mali to the breathtaking beauty of Bhutan, GRINGO TRAILS traces stories over 30 years to show the dramatic long-term impact of tourism on cultures, economies, and the environment.

Directed by prominent anthropologist Pegi Vail, the Director of the Center for Media, Culture and History at New York University and a Fulbright Scholar, GRINGO TRAILS

raises urgent questions about one of the most powerful globalizing forces of our time: tourism. Following stories along the well-worn western travelers' route-the 'gringo trail', through South America and beyond to Africa and Asia-the film reveals the complex relationships between colliding cultures: host countries hungry for financial security and the tourists who provide it in their quest for authentic experiences.

As dramatically as travelers are altered by new landscapes, values and belief systems, they also alter the people and places they visit. A man getting lost in the Amazon jungle in 1981 has had an unexpected effect on future generations. The original inhabitant of an island on the Salt Flats of Bolivia faces the dilemma of trying to preserve its ecosystem while still allowing outsiders to experience its unique magic. A traveler's search for an "unspoiled" island paradise in Thailand has unintended but devastating consequences and poses ethical quandaries for locals in a position to profit from tourism. A woman's romantic fantasies about "the unknown" meet reality in Timbuktu. Locals worldwide express the desire for visitors to better understand how to respectfully walk on their sacred lands, including an indigenous community that has become a model for sustainable tourism in South America.

GRINGO TRAILS experts include National Geographic Traveler editor Costas Christ; Jungle author Yossi Ghinsberg; travel essayist and novelist Pico Iyer; Bolivian Chalan Ecolodge's Freddy Limaco and Guido Mamani; Globe Trekker host Holly Morris; Lonely Planet travel writer Anja Mutic; Vagabonding author Rolf Potts; A Map for Saturday's Brook Silva-Braga; National Museum director Kempo Tashi; travel writer Ernest "Fly Brother" White; and Royal Family of Bhutan member Dasho Sangay Wangchuk.

Reviews

- "GRINGO TRAILS illuminates our travel footprint [and illustrates some hard truths about mass travel. Whether you're an armchair traveler or you're working through a bucket list of exotic destinations, it's an important and moving film." - Mary Catherine O'Connor, Outside Magazine
- "If you love to travel, and want to do it responsibly, see this wonderfully nuanced, funny film that shows the joy and horror of travel, and gives you a visa to some possible solutions." - Pamela Yates, documentary filmmaker
- "In GRINGO TRAILS, Vail travels around the world to show how travelers are affected by the romance of packaged travel stories in the media as well as through word of mouth. Adventure becomes a commodity...How do we reconcile our romantic images of the world with the truth of what our presence in those places means?" - Pam Mandel, Gadling

Awards

- 2013 World Premiere, Margaret Mead Film Festival, American Museum of Natural History, New York
- Canadian Premiere, Planet in Focus Festival, Toronto

Item no. : RE03210918
Format : DVD (Color, Closed Captioned)
Duration : 79 minutes
Copyright : 2013
Price : USD 390.00

ENVIRONMENTAL PROBLEMS & MANAGEMENT

CHINA ON CHINA: SUN AND WIND BUT NO WATER

"Promoting growth and protecting the environment is a contradiction," says Chinese ambassador Chen Mingming, insisting that the opulent lifestyle of "people overseas" should figure into any assessment of his country's environmental policies. "Isn't it legitimate for the Chinese to seek the same quality of life? That means economic development." Others who support the government's approach to ecological problems also appear in this film, such as political observer Xie Chuntao—although he does acknowledge tangible policy splits within China's leadership and the difficulty of balancing environmental protection with the constant need for energy and raw materials. For a less ambivalent view, the film turns to activist Chen Faging as he meets with angry suburbanites outside Hangzhou—a supposedly "model city" now plagued by factory pollution. With protests and potentially violent confrontations like these brewing across China, will the government seek a new way forward?

Item no. : PA00275306
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088157
Price : USD 170.00

EXECUTIVE LEADERSHIP

REVOLUTIONARY LEADERSHIP

With Gary Hamel, Visiting Professor, London Business School

- Why our feudal management model desperately needs an overhaul.
- Only companies fit for human beings will be fit for the future.
- How innovation leaders are "hacking" management processes.

Today's organizations face accelerating

change, intensifying competition, rapid commoditization, and a historic shift in bargaining power from producer to consumer. However, our bureaucratic structure of management, invented a century ago, was designed to drive control and efficiency into large enterprises—not rapid response and innovation. To survive, organizations must reinvent management to inspire continual invention and adaptability in all employees.

It's not a task for the management team. It won't happen at a leaders' retreat. In this provocative talk, Professor Hamel suggests companies follow the lead of the social web and crowdsource employees. Ask them: "What do you see in the way you're measured and compensated, in the way we allocate resources and set priorities that work against your capacity to be more innovative, engaged, and work more efficiently?" Open and transparent organizations where hierarchies of meritocracy have more influence than top-down power allocation will develop enduring, long-term advantage.

Item no. : SH02460370
Format : DVD
Duration : 60 Minutes
Copyright : 2013
Price : USD 95.00

EXERCISE ADHERENCE/PSYCHOLOGY

EXERCISE AS A COUNTERMEASURE FOR AGING: FROM MICE TO HUMANS

By Mark Tarnopolsky

Exercise as a Countermeasure for Aging: From Mice to Humans reviews the results of several studies and explores the issue of how physical activity can impact the aging process. Featuring a President's Lecture presented at the 2012 ACSM annual meeting, the DVD discusses what it is about aging that is important from a muscle functional perspective, as well as why resistance exercise can be an effective countermeasure to muscle atrophy. The DVD also looks at the fact that endurance exercise can have a positive effect on aging.

Among the topics covered:

- What is sarcopenia of aging?
- Muscle histology, phenotype and aging—similarity to mitochondrial disease
- Resistance exercise as a countermeasure to sarcopenia
- Gene shifting—satellite cell biology
- Running is good for you
- Exercise attenuates many aging features
- What about voluntary exercise?
- Systemic effect of exercise on mitochondria in humans

- "Exerkines"—current work

Item no. : FN08501887
Format : DVD
Duration : 50 minutes
Copyright : 2012
Price : USD 80.00

EXPLORING THE FUNCTIONAL FITNESS CONTINUUM

By Brad Schoenfeld

Exploring the Functional Fitness Continuum defines functional training and explains how such training can effectively be applied to the clients of health/fitness professionals. The DVD also looks at the impact of working out on unstable surfaces (versus stable surfaces), as well as discusses whether performing singlejoint (versus multi-joint) exercises has value from a functional perspective. In addition, the DVD details the role that power has on functional fitness.

Among the topics covered:

- What is functional fitness?
- The principle of specificity
- Are machines functional?
- Stable vs. unstable surfaces
- Multi-joint vs. single joint
- The power factor
- Future research: active resistance training—unstable resistance or unstable surface?

Item no. : SK08501889
Format : DVD
Duration : 29 minutes
Copyright : 2012
Price : USD 80.00

EXERCISE IS MEDICINE

EXERCISE IS MEDICINE, EXERCISE IS WELLNESS - EXISTING OPPORTUNITIES AND TRENDS

By Jason Conviser

Exercise is Medicine, Exercise is Wellness—Existing Opportunities and Trends looks at the current state of health in the United States and discusses the positive impact that engaging in physical activity can have on the efforts to prevent and treat various kinds of health-related conditions. In that regard, the DVD reviews the inherent opportunities that underline the "exercise is medicine, exercise is wellness" concept. In addition, the DVD details what the medical fitness facility of the future might look like.

Among the topics covered:

- Obesity trends among U.S. adults
- Cardiovascular and metabolic

- disease trends among U.S. adults
- The health benefits of regular physical activity
- Target markets
- What will the medical wellness facility of the future look like?

Item no. : JA08501888
Format : DVD
Duration : 45 minutes
Copyright : 2012
Price : USD 80.00

EXERCISE SCIENCE

MINISTRY OF SILLY WALKS, THE - CLINICAL OBSERVATIONAL ANALYSIS OF COMPLEX MUSCULOSKELETAL ACTIVITIES

By W. Ben Kibler

The Ministry of Silly Walks—Clinical Observational Analysis of Complex Musculoskeletal Activities explains how athletes operate their bodies in an integrated fashion to develop a specific response to a specific functional task and details how a clinical parameter can be an integral part of the practice of dynamic observational analysis. In other words, when making a clinical assessment of a complex multisegmented movement pattern, it is necessary to determine what is normal, what is abnormal, and what makes it abnormal in order to be able to identify the appropriate treatment for restoring the situation to normal.

Among the topics covered:

- Observational analysis
- Clinical usage of dynamic observational analysis
- Implications for patellofemoral evaluation
- Dynamic clinical observation of scapular motion
- Dynamic clinical observation of the baseball pitching motion
- Dynamic clinical observation of the tennis service motion
- Research

Item no. : SH08501891
Format : DVD
Duration : 52 minutes
Copyright : 2012
Price : USD 80.00

EXERCISE/FITNESS S ACTIVITIES

ADIPOSIITY, FITNESS, AND CARDIOMETABOLIC HEALTH: THE TALE OF THE TAPE

By Jean-Pierre Despres

Adiposity, Fitness, and Cardiometabolic Health: The Tale of the Tape presents a compelling review of the key factors involved in adiposity and body fatness. Featuring the D.B. Dill Historical Lecture from the 2012 ACSM annual meeting, the DVD defines the basic parameters of obesity and discusses the health risks associated with this condition. The DVD also points out the fact that the location of fat on the body (i.e., where body fat accumulates) is more important than the amount of body fat, with regard to health risk. The DVD also looks at the association between excess liver fat (visceral adiposity) and cardiometabolic risk.

Among the topics covered:

- Background
- What is obesity?
- Inflammation and cardiovascular disease
- The "metabolic syndrome"
- Excess liver fat: another feature of visceral obesity
- How to estimate visceral adiposity in clinical practice
- Lack of vigorous physical activity: a component of our "toxic" lifestyle leading to abdominal obesity
- What is it with these fat/fit individuals?
- Management of visceral obesity: the medical approach

Item no. : PC08501883
Format : DVD
Duration : 59 minutes
Copyright : 2012
Price : USD 80.00

ATHEROSCLEROSIS, AEROBIC CAPACITY, AGING, AND ADIPOSIITY: ACTIVITY ANTECEDENTS AND ANTIDOTES

By Barry A Franklin

Atherosclerosis, Aerobic Capacity, Aging, and Adiposity: Activity Antecedents and Antidotes discusses the problems related to the increasingly hypokinetic environment that exists at the present time in the United States that has contributed substantially to the obesity epidemic, as well as other associated metabolic considerations. Featuring the Elsworth R. Buskirk Tutorial Lecture presented at the 2012 ACSM annual meeting, the DVD reviews a variety of factors attendant to the contemporary work environment that have had a negative impact on the nation's

health. In addition, the DVD addresses the issue concerning whether a person, from a cardioprotective perspective, can exercise too much.

Among the topics covered:

- Elsworth R. Buskirk, PhD—positions, professional contributions, and honors
- Problems related to our increasingly hypokinetic environment: the obesity epidemic; metabolic considerations
- Contemporary work environment
- VO2max: beyond mortality—modulator of surgical outcomes & health care costs
- Mortality predictors?
- Cardioprotective benefits and risks of physical activity: can you get too much of a good thing?
- Exercise as an antidote to aging
- Future directions: the active living renaissance
- The Buskirk legacy

Item no. : ZM08501884
Format : DVD
Duration : 49 minutes
Copyright : 2012
Price : USD 80.00

CREATING UNLIMITED EXERCISES: CHALLENGING THE BODY APPROPRIATELY

By Michelle Amore

Creating Unlimited Exercises: Challenging the Body Appropriately explains how to manipulate the seven variables involved in the exercise equation to develop exercises that will enable individual to not only achieve their personal fitness-related objectives, but also be given what they actually need. The DVD discusses how to assess what exercisers want versus what they need, given what their joints, force-production capabilities, and muscular response will allow. The DVD also looks at different training methodologies and deconstructs them, using the exercise equation to discredit the idea of the existence of "good" and "bad" exercises, as opposed to client-specific exercises.

Among the topics covered:

- Exercise equation
- Control
- Motion/position
- Resistance
- Time
- Effort
- Intention
- Create an exercise

Item no. : MV08501885
Format : DVD
Duration : 76 minutes
Copyright : 2013
Price : USD 80.00

DYNAMIC FULL-BODY CIRCUITS

By Annette Lang

Dynamic Full-Body Circuits provides an overview of how to incorporate five basic foundational movements (squatting, lunging, pushing, pulling, and rotating) and training paradigms into one full-body circuit. The DVD details how to manipulate the movement variables to make the workout applicable to the fitness level of any exerciser. The DVD also discusses how to utilize each movement as a part of an integrated program. In addition, the DVD explains how the workout can be modified to develop other physical- or motor-related components, for example, speed, power, strength, and agility.

Among the topics covered:

- Thomas Meyers: anatomy trains
- Posterior oblique sling/back functional lines
- Exercise choices
- Anterior oblique sling/front functional lines
- Exercise choices
- The workout
- The circuit

Item no. : WK08501886
Format : DVD
Duration : 58 minutes
Copyright : 2013
Price : USD 80.00

EXERCISE IS MEDICINE, EXERCISE IS WELLNESS - EXISTING OPPORTUNITIES AND TRENDS

By Jason Conviser

Exercise is Medicine, Exercise is Wellness—Existing Opportunities and Trends looks at the current state of health in the United States and discusses the positive impact that engaging in physical activity can have on the efforts to prevent and treat various kinds of health-related conditions. In that regard, the DVD reviews the inherent opportunities that underline the "exercise is medicine, exercise is wellness" concept. In addition, the DVD details what the medical fitness facility of the future might look like.

Among the topics covered:

- Obesity trends among U.S. adults
- Cardiovascular and metabolic disease trends among U.S. adults
- The health benefits of regular physical activity
- Target markets
- What will the medical wellness facility of the future look like?

Item no. : JA08501888
Format : DVD
Duration : 45 minutes
Copyright : 2012
Price : USD 80.00

EXPLORING THE FUNCTIONAL FITNESS CONTINUUM

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Exploring the Functional Fitness Continuum defines functional training and explains how such training can effectively be applied to the clients of health/fitness professionals. The DVD also looks at the impact of working out on unstable surfaces (versus stable surfaces), as well as discusses whether performing single-joint (versus multi-joint) exercises has value from a functional perspective. In addition, the DVD details the role that power has on functional fitness.

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- Are machines functional?
- Stable vs. unstable surfaces
- Multi-joint vs. single joint
- The power factor
- Future research: active resistance training—unstable resistance or unstable surface?

Item no. : SK08501889
Format : DVD
Duration : 29 minutes
Copyright : 2012
Price : USD 80.00

HIGH INTENSITY TRAINING: BRIDGING POPULATIONS

By Carl Foster

In the last few years, high intensity training (HIT) has been widely reported as a new fitness trend. In reality, many of the claims made for this mode of training are rather extreme. High Intensity Training: Bridging Populations provides a comprehensive overview of the key factors involved in HIT and examines when, and with what populations HIT is or is not appropriate. The DVD also details the practical realities of using HIT.

Among the topics covered:

- High intensity interval training: precision training
- Basis of contemporary high intensity interval training
- High intensity interval training causes large adaptation in a short time in young healthy people
- Exercise in the non-athletic world
- Can high intensity interval training be adapted to older healthy and/or clinical populations?
- High intensity exercise training

Item no. : BC08501890
Format : DVD
Duration : 61 minutes
Copyright : 2012
Price : USD 80.00

MINISTRY OF SILLY WALKS, THE - CLINICAL OBSERVATIONAL ANALYSIS OF COMPLEX MUSCULOSKELETAL ACTIVITIES

By W. Ben Kibler

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- Observational analysis
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- Implications for patellofemoral evaluation
- Dynamic clinical observation of scapular motion
- Dynamic clinical observation of the baseball pitching motion
- Dynamic clinical observation of the tennis service motion
- Research

Item no. : SH08501891
Format : DVD
Duration : 52 minutes
Copyright : 2012
Price : USD 80.00

PHYSICAL ACTIVITY: THE PONCE DE LEON ELIXIR FOR HEALTH AND FUNCTION

By Steven N. Blair

Physical Activity: The Ponce De Leon Elixir for Health and Function offers a compelling overview of one of the biggest health issues facing the United States—energy balance. Featuring the Paffenbarger Tutorial Lecture from the 2012 ACSM annual meeting, the DVD explains why energy balance is an important matter of concern, as well as points out the current trends in energy expenditure. The DVD argues that compared to physical activity, diet and obesity receive too much attention. The DVD also discusses a major research undertaking (The Energy Balance Project) that is currently underway that is investigating the factors that are driving weight change.

Among the topics covered:

- Health care in the United States
- Healthy eating and active living (HEAL)
- Benefits of walking daily
- Walking to treat depression
- Getting patients to walk
- The total health framework

Item no. : LA08501892
Format : DVD
Duration : 45 minutes
Copyright : 2012
Price : USD 80.00

ROLE OF EXERCISE IN THE REHABILITATION FROM SEVERE BURNS

By Oscar E. Suman

Role of Exercise in the Rehabilitation From Severe Burns looks at the issue of physical activity as an appropriate rehabilitation intervention for youth with severe burns. Featuring a President's Lecture presented at the 2012 ACSM annual meeting, the DVD discusses the response of the human body to severe burns and outlines precautions that should be taken when involving a burn victim in an exercise program. The DVD also reviews several case studies that investigated the impact of employing a combination of exercise and growth hormone on children with severe burns.

Among the topics covered:

- Characteristics of the response to severe burns
- The wellness program
- Methods
- Case studies
- Exercise and...

Item no. : TK08501893
Format : DVD
Duration : 55 minutes
Copyright : 2012
Price : USD 80.00

STRENGTH TRAINING FOR BABY BOOMERS AND BEYOND

By Wayne Westcott

Strength Training for Baby Boomers and Beyond makes a compelling case concerning why older adults will benefit from participating in a sound strength training program. The DVD looks at the key outcomes of strength training and their impact on the lives of members of the baby-boomer generation. The DVD also outlines the basic principles that should guide the development of a strength training program for older adults.

Among the topics covered:

- Muscle
- Reversing muscle loss
- Reducing body fat
- Facilitating physical function
- Enhancing mental health

- Reversing aging factors
- Strength training benefits endocrine production
- Nutrition and exercise for weight loss programs
- Strength principles

Item no. : YY08501894
Format : DVD
Duration : 83 minutes
Copyright : 2013
Price : USD 80.00

EXERCISE AS A COUNTERMEASURE FOR AGING: FROM MICE TO HUMANS

By Mark Tarnopolsky

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Among the topics covered:

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- Muscle histology, phenotype and aging—similarity to mitochondrial disease
- Resistance exercise as a countermeasure to sarcopenia
- Gene shifting—satellite cell biology
- Running is good for you
- Exercise attenuates many aging features
- What about voluntary exercise?
- Systemic effect of exercise on mitochondria in humans
- "Exerkines"—current work

Item no. : FN08501887
Format : DVD
Duration : 50 minutes
Copyright : 2012
Price : USD 80.00

FASHION AND CLOTHING

FASHION DESIGN CAREERS: DO YOU HAVE WHAT IT TAKES?

Do you have what it takes to be a fashion designer? Join eight up-and-coming fashion designers as they discuss the characteristics, traits, and skills needed to make it in the fashion industry. Candid interviews with young designers tackle questions about careers in fashion design, including:

- What It Takes: What traits do you need to have?
- Inspiration: Where do designers get ideas?
- The Tough Stuff: What are the realities of being a fashion designer?
- Success and Joy: What success have the designers received? Why do they love doing what they do?

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Only Available in Hong Kong.

Item no. : BC29110229
Format : DVD (Closed Captioned)
Duration : 22 minutes
Audience : Grade 6-Adult
Copyright : 2012
Price : AUD 235.00

FILM DOCUMENTARY

DINOSAURS: THE HISTORY OF DINOSAURS IN HOLLYWOOD

This insightful program explores children's fascination with dinosaurs and how Hollywood has brought the beasts to life. This documentary also examines the history of dinosaurs in Hollywood, from the early 1900s animation to the work of Ray Harryhausen, then Steven Spielberg's Jurassic Park.

Listen in as Harryhausen recounts his early, primitive techniques using rubber dinosaurs and stop-motion photography to bring to life movies such as "One Million Years B.C."

Harryhausen unlocks the question pursued throughout the program about the juvenile attraction to dinosaurs: They're real, and knowing dinosaurs once walked on this planet makes them more special than cartoon characters.

Item no. : HC00770475
Format : DVD (Color)
Duration : 24 minutes
StdBkNo : 9780769750583
Price : USD 45.00

PENDRAGON - PETER ALLWOOD - NATIONAL YOUTH MUSIC THEATRE

Go behind-the-scenes with your favorite Arthurian characters King Arthur, Guinevere, Merlin, Morgan Le Fay and the Knights of the Round Table - they're all here in the National Youth Music Theatre's thrilling production.

Discover what went into the making of Pendragon the spectacular theatrical smash hit of Peter Allwood.

Item no. : SZ00770514
Format : DVD (Color)
Duration : 25 minutes
StdBkNo : 9780769750873
Price : USD 45.00

FILM MAKING

HOW HOLLYWOOD DOES IT - ANIMATION

This program looks at animation, a style of filmmaking that gained popularity during the silent era of the 1920s and has remained extremely popular from the 1930s to the present day. Animation still remains a labor-intensive and time-intensive process as the artists and crafts people behind contemporary animated programming are still essentially applying the same processes as the early animation pioneers - two frames per image, holds and cycles and synchronization. This program includes two practical animated tutorials as well as some classical animation from the early 1900s.

Item no. : TK04210442
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - CINEMATOGRAPHY

Cinematography looks at what a camera operator is responsible for and how they make the decisions to create the look the director desires. This segment will focus on cinematography, or camera work and how this tool helps in the creation of the story. The role of the camera operator, or cinematographer, can be highly artistic while simultaneously requiring significant scientific and technical knowledge to be performed well. From the birth of motion pictures in the 1890s to the talkies of the late 1920s, cinematography was of paramount importance to successful narrative, since in the absence of dialogue to record, footsteps or closing doors to anticipate, or music to incorporate, the camera could capture the moving image only. In the first decade of motion pictures, the role of the cinematographer or camera operator and director were one and the same, but as cinema evolved, the duties of the director and cinematographer diverged. In this program we review Academy Award

winner, James Wong Howe, who pioneered dolly and handheld camera techniques as well as the use of unconventional light sources. We take a look at his 1938 film *Algiers*, which earned Howe his first Academy nomination for Best Cinematography, focusing on the moving camerawork.

Item no. : CE01970443
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - DIRECTING

This program discusses three big jobs in motion picture making: screenwriting, producing and directing. The director is responsible for the overall feel and look of the film and decides on the use of all of the other processes of movie making - lighting, editing, mise en scene, cinematography and sound which ultimately reflect the director's control and vision. Explore films from major directors of cinema and learn how a script is formatted. Includes the opening scene from the Howard Hawks film *His Girl Friday*, Stanley Donen, the 1951 musical *Royal Wedding*, Vincente Minnelli, comedy film *Father's Little Dividend*, Frank Capra, 1941 film, *Meet John Doe*, John Huston, 1953 film *Beat The Devil* and Michael Gordon's 1950 film, *Cyrano De Bergerac*.

Item no. : RF04000444
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - DOCUMENTARY

Documentary talks about some of the different styles of documentary filmmaking from the birth of cinema to the present day. It is a multi-part look at the history, techniques, movements, and people who create the magic that we call motion pictures. Today's program will talk about a style of filmmaking outside of the normal fiction or narrative films that we as audience members are used to seeing, that is, documentary filmmaking. With the birth of cinema in the 1890s, spearheaded by America's Thomas Edison and France's Louis and Auguste Lumiere, filmmaking progressed in two directions. Edison brought his subjects before a stationary camera to his tarpaper-covered studio called the *Black Maria* built at West Orange, New Jersey partly because the camera required multiple people to move it. While Edison was bringing people to the *Black Maria* to have a pie, the Lumiere brothers created the cinematographe. The resulting camera mobility allowed people to go out into the world and both document events and project films. Included are a number of clips from classic documentary films. Features the 1934 documentary *Song of Ceylon*, 1935 British film *Housing Problems*, the 1936 film *The Plow that Broke the Plains*, and 1938's film *The River*.

'Why We Fight' and the 1944 film, *The Battle of San Pietro*.

Item no. : YT04210445
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - EARLY CINEMA

This program looks at the very birth of cinema in the late 1800s through the talkies in 1928. It is a multi-part look at the history, techniques, movements and people who created the magic that we call motion pictures. The dawn of the moving image began early in the 19th century with the discovery that a surface treated with a photo-sensitive emulsion would reveal an image when exposed to light. These first photos, or tintypes, were crude forms of photography improved upon by the creation of more flexible photo-sensitive material, or film, which resulted in better still photographic images whose subjects were photographed in slightly different positions could be flipped in rapid succession to create the illusion of subjects in motion. George Eastman, of Eastman-Kodak fame, created a celluloid film stock that could be wound on a reel, resulting in the first actual example of moving images on film. Experiments in the 1890s by W.K.L. Dickson and William Heise, under the auspices of the Thomas Edison Company, resulted in the invention of the Kinetograph, a vertical feed camera which exposed film and had a row of sprockets on each side of the celluloid strip, much like our conventional 35 mm film today. Featured are early films from Thomas Edison, The Lumiere Brothers and George Melies.

Item no. : ZA01970446
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - EDITING

This program focuses on editing and how this process helps tell the story in a motion picture. The editing process follows some simple steps: takes the raw footage from the camera after it is developed, selects the shots and combines them into sequences which will themselves be combined to create an entire motion picture. Completing these steps sounds easy enough, but in reality, editing a film extends beyond arranging shots into a completed project. Deciding which shots to use and their length requires creativity and discernment. Editing is sometimes described as an invisible art, because if the editor performs their job well, the audience never notices the cuts. We are simply engaged in the story. Editing discusses how a film is cut to create the story we see on the screen. This program features a long take, from the 1950 film *Cyrano de Bergerac*, Establishing shot,

from the 1937 film *A Star is Born*, A point of view shot, when the camera replaces the eye of the character and we see exactly what the character sees - the opening of *Naked Kiss* from 1964 and cutting on action, from John Houston's 1954 film *Beat the Devil*.

Item no. : CA04000447
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - GENRE

Film genre, or the classification of film into categories is based upon designated characteristics that distinguish one film from another. Genre explores what characteristics indicate a film genre like horror, musical, Western and comedy and how viewers understand the story put before them. They remain a useful way to categorize and distinguish most films, so that audiences know what to expect. Most film critics agree on ten film genres: action-adventure, comedy, costume films, epics, horror, musical, science fiction and fantasy, suspense, war, and the western. This program discusses the following films and the genre of each - *Angel and the Badman*, *The Road to Bali*, *Royal Wedding*, *My Man Godfrey* and *The Big Combo*.

Item no. : TL04210448
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - LIGHTING

This program focuses on lighting and how a cinematographer and lighting engineer work together to showcase what is put before the camera. Lighting is a crucial component to filmmaking because it enables the director to say, Look here, not there, or to light up an entire scene so we can see what's in the film's frame. Without light we are left with this 'LIGHTS OFF' nothing. We need light to see the film and we need lighting engineers to handle and control the lighting so the director can attain the look they want. Quite often what makes an average production exceptional is the lighting. This program discusses what tools are used to create different lighting set-ups and uses a number of examples to illustrate how this important element is decided. Lighting design falls into two categories, High-Key lighting and Low-Key lighting. High-Key lighting provides relatively bright, even illumination of the film frame or scene, the kind the director and producer of a big-scale musical productions may choose to showcase 60 dancers and 20 chorus singers and their elaborate costumes. Low-key lighting is focused lighting with strong contrast. Low-key lighting creates fast fall-off, which means that the image goes from light to dark very quickly, falling off into shadows or darkness. Low-key

lighting works well in horror films, or any film in which a director wishes to create suspense or keep you guessing what is in the dark, inky shadows on the outskirts of the frame. This program discusses the following films and the lighting of each Royal Wedding (musical) the scene is brightly lit throughout in both, wide and medium shots. Night of the Living Dead (horror) to enhance the suspense, the lighting creates shadows which heighten the mystery. Flying Deuces (comedy) like a musical, relies on a high-key lighting set-up, eliminating almost all shadows.

Item no. : GJ01970449
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - MISE-EN-SCENE

Mise-en-scene looks at how filmmakers make decisions about what is put before the camera. It includes costumes, props, set design, positioning of actors and much more. Mise en scene is a term that refers to all visual elements that appear within each frame of a motion picture. Without various features of mise en scene, a moving picture would consist of only a series of flickering black or light-infused frames, since even a colored screen would provide visual information that some might consider an element of mise en scene. A French phrase which translates roughly as "placed on stage", Mise-en-scene is a broad concept often difficult to define for film because it only exists when considering a combination of elements within the frame or camera's eye. Basically, anything to be filmed the setting, the costumes and make-up, the movement, facial expression, and position of actors on screen, and some elements of lighting is considered mise en scene. The concept of mise en scene for film shares a lot with theater production in that props, sets and blocking of actors are all deliberately chosen for particular effects, although the physical space of the stage and theater often limit or dictate how mise en scene is perceived by an audience. Features the Western, Angel and the Badman, silent film, Caligari, costuming Cyrano de Bergerac and lighting (an air of mystery) Film Noir.

Item no. : PB04000450
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - OVERSEAS CINEMA

In this program we go global, or look at global cinema. While American cinema has had a wide-spread influence on world popular cultures almost from the beginning, many other nations have had significant national film traditions that have also had an influence. But, rather than provide a panoramic view of each national cinema, we're going to concentrate on some of the

most influential world film movements and filmmakers since the beginning of cinema. Includes some of the major foreign film movements, such as Italian Neo-Realism and French New Wave.

Item no. : FR04210451
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - SOUND

Sound investigates the various types of sound, how they are recorded, and how they are incorporated in a film. Besides the visuals in moving pictures, sound also contributes to part of those magical effects. This program will focus on sound design and how life can be breathed into a project through the use of carefully selected and carefully placed sounds. When we think about or talk about them, we can categorize all sounds into one of three categories: dialogue or voice, music, and sound effects. Sound effects can be sounds that occur naturally within the film itself or sounds that add to the overall impact that the film presents. Music is quite often not part of the film itself, but a musical track that adds to the mood of the film. Both music and sound effects are usually classified as either diegetic or non-diegetic sounds. Simply put, non-diegetic sounds are those which do not occur within the film, while diegetic sounds occur inside of the film's action. This program features diegetic and non-diegetic music in the 1950 film D-O-A Atmospheric sound known as foley in Meet John Doe and manufactured sound elements (suspenseful mood music, a ray gun emission, the whirling of flying spaceships) in the 1953 Killers From Outer Space.

Item no. : TW01970452
Format : DVD
Copyright : 2013
Price : USD 99.00

HOW HOLLYWOOD DOES IT - THE GOLDEN AGE

The Golden Age of Hollywood motion picture making was a period of almost 30 years, beginning in 1928 and ending in the mid-1950s. This program focuses on the classical Hollywood era of the 1930s through the 1950s. The hosts discuss and present clips from some of the films which made this era of Hollywood so memorable including the musical Dixiana, the western (Fighting Caravans), A Star is Born, The Vampire Bat, The Little Princess (Shirley Temple), Father's Little Dividend with Spencer Tracy and Elizabeth Taylor.

Item no. : BC04000453
Format : DVD
Copyright : 2013
Price : USD 99.00

FILM STUDIES

CAMILLE CLAUDEL 1915

Director: Bruno Dumont

In CAMILLE CLAUDEL 1915, Juliette Binoche gives a mesmerizing performance as Auguste Rodin's protegee (and later mistress), and sister of the Christian/mystic poet Paul Claudel. Inspired by the correspondence between Paul and Camille, writer/director Bruno Dumont (Humanite, La Vie de Jesus) focuses on Camille Claudel's struggle to find understanding and recognition as an artist - and the moments before her brother's visit while she is confined to a mental institution.

Shot in a real psychiatric asylum, Bruno Dumont brings together a supporting cast comprised of real-life patients and their actual nurses that, alongside Binoche, create an emotionally intense ensemble - and a rare cinematic experience. While the camera rarely ventures outside of her prison's thick walls, the story of Camille Claudel's 29-year confinement is in itself a tale of defiance against social norms - and a testament to the power of creativity and fortitude.

Item no. : RH11990281
Format : DVD (Color, French with English subtitles)
Duration : 97 minutes
Copyright : 2013
Price : USD 249.00

COMPUTER CHESS

Director: Andrew Bujalski

Set over the course of a weekend tournament for chess software programmers thirty-some years ago, COMPUTER CHESS transports viewers to a nostalgic moment when the contest between technology and the human spirit seemed a little more up for grabs. We get to know the eccentric geniuses possessed of the vision to teach a metal box to defeat man, literally, at his own game, laying the groundwork for artificial intelligence as we know it and will come to know it in the future.

Review
 ● "Recommended." - Video Librarian

Item no. : ZF11990286
Format : DVD (Black & White)
Duration : 92 minutes
Copyright : 2013
Price : USD 249.00

TOUCH OF SIN, A

Director: Jia Zhangke

A "brilliant exploration of violence and corruption in contemporary China" (Jon Frosch, The Atlantic), A TOUCH OF SIN was inspired by four shocking (and true) events that forced the world's fastest growing economy into a period of

self-examination.

Written and directed by master filmmaker Jia Zhangke (The World, Still Life), "one of the best and most important directors in the world" (Richard Brody, The New Yorker), this daring, poetic and grand-scale film focuses on four characters, each living in different provinces, who are driven to violent ends.

An angry miner, enraged by widespread corruption in his village, decides to take justice into his own hands. A rootless migrant discovers the infinite possibilities of owning a firearm. A young receptionist, who dates a married man and works at a local sauna, is pushed beyond her limits by an abusive client. And a young factory worker goes from one discouraging job to the next, only to face increasingly degrading circumstances.

Item no. : PC11990285
Format : DVD (Color, Mandarin with English subtitles)
Duration : 125 minutes
Copyright : 2013
Price : USD 249.00

FITNESS / SPORTS

PENDRAGON - PETER ALLWOOD - NATIONAL YOUTH MUSIC THEATRE

Go behind-the-scenes with your favorite Arthurian characters King Arthur, Guinevere, Merlin, Morgan Le Fay and the Knights of the Round Table - they're all here in the National Youth Music Theatre's thrilling production.

Discover what went into the making of Pendragon the spectacular theatrical smash hit of Peter Allwood.

Item no. : SZ00770514
Format : DVD (Color)
Duration : 25 minutes
StdBkNo : 9780769750873
Price : USD 45.00

GENDER & SEXUALITY

JUST GENDER

Director: George Zuber

JUST GENDER tackles the all too often misunderstood world of transgender. The film explores the common myths and misunderstandings about transgendered people, as well as the confusion between sexual orientation and gender identity as reflected in the rigid binary view of the world generally held by society. JUST GENDER also touches on the discrimination, hardships and brutality resulting from those misconceptions and prejudices, including the numerous deaths caused by hate each year. Through the stories of transgender individuals and their

spouses, friends, and allies, the film explores the confusion, the isolation, and the fear felt by many transgender persons. It also reveals their growing awareness and acceptance, and ultimately their joy in blossoming comfort as transgendered persons.

Item no. : FY11990282
Format : DVD (Color)
Copyright : 2013
Price : USD 349.00

GROUP THERAPY

GROUP COUNSELING WITH ADOLESCENTS: A MULTICULTURAL APPROACH

By Sam Steen, PhD, & Sheri Bauman, PhD

Over the course of eight sessions with a multicultural group of eighth graders, Drs. Sam Steen and Sheri Bauman offer child therapists a thorough picture of the issues adolescents face and ways to deepen connection around them.

While many training videos present a single session of therapy or use actors to reenact a course of treatment, this video is remarkable in that you'll witness eight actual sessions of group counseling with teens.

Creating safety for adolescents to express emotional vulnerability can seem particularly difficult given this population's much-documented resistance to self-disclosure. Moreover, working with this age group poses challenges related to managing energy levels and varying degrees of introversion and extraversion. Steen and Bauman prove their skill in all of these areas, facilitating crosstalk and direct interaction among their group members while encouraging relational risks and deeper thinking about the experiences that connect us all.

You'll be impressed by the range of issues these children bring to the group, from feeling "weird" for enjoying reading, to worrying about relationships, to rumors and bullying, and much more. With so much of our therapeutic work occurring in isolation from other professionals, you'll find it particularly instructive to see how these two talented therapists authentically connect with the teens and complement each other's facilitation styles. Perhaps you'll be inspired to co-lead a group yourself!

In this minimally edited video, Steen and Bauman offer a transparent, thoughtful deconstruction of their methods that anyone working with adolescents will find educational and refreshing.

By watching this video, you will:

- Learn how to present discussion topics in age-appropriate ways that create safety to self-disclose.

- Discover ways to enliven and focus the group when energy is low.
- Identify how and when to adjust activities based on observations of group members.

Item no. : KH07620446
Format : Streaming (1 Year)
Duration : 85 minutes
Price : USD 210.00

HISTORY

ANGKOR FOR SALE? ART THEFT IN CAMBODIA

Angkor is one of the world's largest and most magnificent archaeological sites. But Cambodia's recent history of violence has also claimed Angkor as a victim.

The cultural heritage of the ancient Khmer empire has become the target of art theft on a massive scale, with military personnel involved.

Filmed on location in Cambodia and Thailand, this documentary investigates the illegal trade in much-coveted Khmer artefacts and the measures being taken to try to put a stop to it.

Item no. : HK00770461
Format : DVD (Color)
Duration : 53 minutes
StdBkNo : 9780769750415
Price : USD 50.00

C.G. JUNG: THE WISDOM OF THE DREAM

A LIFE OF DREAMS

In this first film, as throughout the series, unprecedented access to Jung's family house near Zurich, with his library and consulting room, and to his famous retreat, the lakeside Tower at Bollingen on Lake Zurich, have enabled the producers to refer Jung's biographical story with exactly appropriate visual references.

In addition, a major English-language interview with Jung, recorded in 1956 and never previously transmitted on television, forms a substantial element within the series; besides various previously undiscovered 'home-movies' shot during Jung's travels in Africa and elsewhere.

INHERITANCE OF DREAMS

This film prominently features the culture, religion and mythology of the North American Indian Pueblo and Navajo tribes which Jung visited. In Taos, Jung was immensely impressed by a Pueblo elder named Mountain Lake, whose grand-daughter is interviewed – as is Jung's grandson, who followed his grandfather's journey to New Mexico sixty years later in 1963.

It became Jung's conviction that a culture which has lost touch with its abiding mythology – a fate which he believed had befallen 'technological man' – is a culture

in danger. Among the Pueblo Indians, "their religion is their culture".

Finally, Jung believed that the power of symbols in living mythology had a curative power – and comparison is made on film between a Navajo medicine man's healing ceremony and the healing method of analysis where the symbols come in patients' dreams.

A WORLD OF DREAMS

In the last film of the series, viewers are invited to see how Jungian psychology provides a framework for understanding themselves and the contradictions of life a little better, for detecting the meaning of their own dreams, for seeing the importance and creativity of emotional difficulties, for gaining a new understanding of the dynamics and problems of relationships and for realising the basic human need for play.

Jung always insisted he was a doctor first and foremost. For him, what proved the value of an idea was that it cured a patient. His sense of the reality of the psyche, which inexorably changed human perception in this century, began with his own inner life.

Item no. : MS00770472
Format : DVD (Color)
Duration : 159 minutes
StdBkNo : 9780769750446
Price : USD 60.00

COPTIC EGYPT: 2000 YEARS OF CHRISTIANITY

The Copts, the native Christian community of Egypt, have a culture, a language and a church with ancient roots.

Having survived Roman persecution and Byzantine rule, they have co-existed with Islam for fourteen centuries.

This program visits two of the oldest desert monasteries in Egypt to observe religious practices and a way of life that have changed remarkably little since the beginnings of Coptic Christianity.

It also explores the religion's iconography and the art, artifacts and textiles it has inspired.

Item no. : HP00770473
Format : DVD (Color)
Duration : 53 minutes
StdBkNo : 9780769750521
Price : USD 50.00

EL CAMINO DE SANTIAGO

Filmed on location, El Camino de Santiago explores the spiritual significance of the legend of St. James and follows the pilgrimage route to the Cathedral of Santiago de Compostela.

This unique film investigates the legend and legacy of St James the Apostle, whose remains are said to be buried there.

During the pilgrimage in southern France and northern Spain, it looks at the magnificent artistic heritage that resulted from the saint's dominance in the Middle Ages.

Item no. : PA00770476
Format : DVD (Color)
Duration : 60 minutes
StdBkNo : 9780769750712
Price : USD 50.00

RICHARD III - MARTYR OR MONSTER?

After being lost for centuries, the recent discovery of a skeleton has now been confirmed as that of King Richard III, widely depicted as one of history's most notorious villains.

Filmed entirely on location in Great Britain, RICHARD III: Martyr or Monster? Reveals the true man behind Shakespeare's villain and exposes the extent to which Shakespeare bent the truth in order to please his own Tudor monarch.

Featuring incisive interviews with leading historians, specially filmed sequences from the play and highly accurate historical reconstructions, this authoritative film is the key to one of history's greatest mysteries.

Item no. : MM00770534
Format : DVD (Color)
Duration : 48 minutes
StdBkNo : 9780769750163
Price : USD 55.00

STALIN - THE RED GOD

Shot on location in Georgia and Russia, this documentary examines how the bloodiest dictator in world history commanded the allegiance and adulation of the Soviet Union during his lifetime and how his influence lives on beyond the grave.

It employs a wealth of archive material, eye witness accounts, reconstructions in original locations, and myriad examples of Stalin's artistic legacy, in its scrutiny of the dictator's career and his cult, past and present.

Item no. : PJ00770541
Format : DVD (Color, Black and White)
Duration : 61 minutes
StdBkNo : 9780769750880
Price : USD 50.00

YEMEN: LAND OF THE QUEEN OF SHEBA

Directed by Alain Jomier

Incense was the principal source of the wealth and power of the three ancient kingdoms of Saba, Qataban and Hadramawt which now form Yemen.

This documentary travels through the country's dramatic landscape, visiting important points on the route once travelled by the caravans that carried the precious resin to market.

It reveals what is known of Yemen's distant past and glimpses present day life there, which remains largely untrammelled by the trappings of the modern world.

Item no. : CN00770546
Format : DVD (Color)
Duration : 53 minutes
StdBkNo : 9780769750859
Price : USD 50.00

HUMAN GEOGRAPHY

CHINA ON CHINA: A DRAMATIC HISTORY

Three decades ago China was regarded as a developing country. Today it is the world's second largest economy, having made the journey from scarcity and poverty to wealth and abundance faster than any other nation in history—a narrative that Chinese leaders are eager to promote. But the official record makes no mention of events which directly precipitated China's astonishing economic rise—most notably, the Tiananmen Square massacre of 1989. This film describes what happened when the rigid policies instigated under Mao gave way to the era of Deng Xiaoping, who ushered in unprecedented opportunities for creating personal wealth—as well as sociopolitical paradigm shifts that no one could anticipate. Expert commentary is provided by Chen Mingming, a high-ranking Chinese diplomat; Professor Zhu Ling, Deputy Director at the Chinese Academy of Social Sciences (CASS); Yu Hua, author of *To Live*; and others.

Item no. : YB02305301
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088089
Price : USD 170.00

CHINA ON CHINA: A NEW GENERATION

It can be argued that China's newfound affluence is made possible not by bold entrepreneurs but by disadvantaged migrant workers, millions of whom have left the rural villages in which they were born to seek better lives in cities. This film takes viewers inside that globally significant megatrend with stories of Chinese migrants and their challenges. Li Xu Bin and his wife Dai barely get by on temp jobs in the Beijing suburb of Dong Xindian. But in Guiyang, capital of Guizhou province, a young woman named Tian Qiuyu has rejected work for hire and founded her own PR firm. And at Tongji University in Shanghai, budding architect

Guan Zhaoyu makes the most of the education her parents never had. Expert commentary comes from Fudan University professor Zhou Dunren, who talks about the importance of understanding the difficulties that migrant workers face in China today and how their outlook compares with those of previous generations.

Item no. : TE02455302
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088096
Price : USD 170.00

CHINA ON CHINA: EVERYTHING HAS A PRICE TAG

Skyrocketing wealth might be building a new China, but it is also leading to deep divisions within Chinese society. As in the United States, some experts even question whether or not a widening lifestyle gap is truly beneficial for the country's long-term economic growth, not to mention for social stability. This film looks at emerging class differences in what was originally designed to be a classless state, with discussions focusing on multigenerational poverty in rural areas and the precarious existence of hundreds of millions of migrant workers on the fringes of China's cities. For street-level insight, viewers are invited into the household of two apartment tenants who are most likely living paycheck to paycheck, but who have high ambitions for their young son. Expert commentary comes from Fudan University professor Zhou Dunren, writer Xie Chuntao, and other observers of China's rapidly evolving social landscape.

Item no. : WE02305304
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088133
Price : USD 170.00

CHINA ON CHINA: MORE THAN HALF THE SKY

Mao's aphorism about the strength and ability of women may have helped to do away with foot-binding, child marriage, and other archaic traditions, but in 21st-century China gender equality is as illusory as ever. This film examines the challenges that Chinese women face, especially the obstacles to prosperity and security that the country's poor, rural women know all too well. Viewers meet Yu Xinpei, who migrated to Shanghai from a remote southern village. At first apprenticed to a hairdresser, she's now starting a salon of her own. Meanwhile, sociologist Liu Bohong talks about the difficulties women encounter when they move to cities—although those who stay in the provinces "have it harder." Many

become suicide statistics, which is why physician Xu Rong has founded a support group for wives and daughters who are struggling with rural life. On the other hand, the film also points out that 11 of the world's richest women are Chinese!

Item no. : VS02455305
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088102
Price : USD 170.00

CHINA ON CHINA: SUN AND WIND BUT NO WATER

"Promoting growth and protecting the environment is a contradiction," says Chinese ambassador Chen Mingming, insisting that the opulent lifestyle of "people overseas" should figure into any assessment of his country's environmental policies. "Isn't it legitimate for the Chinese to seek the same quality of life? That means economic development." Others who support the government's approach to ecological problems also appear in this film, such as political observer Xie Chuntao—although he does acknowledge tangible policy splits within China's leadership and the difficulty of balancing environmental protection with the constant need for energy and raw materials. For a less ambivalent view, the film turns to activist Chen Faping as he meets with angry suburbanites outside Hangzhou—a supposedly "model city" now plagued by factory pollution. With protests and potentially violent confrontations like these brewing across China, will the government seek a new way forward?

Item no. : PA00275306
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088157
Price : USD 170.00

CHINA ON CHINA: THE COMEBACK

To surpass the U.S. in economic might, China needs access to cheap energy and raw materials. That's why it is now heavily invested in developing countries—most notably in Africa, where millions of Chinese citizens have relocated. Mozambique, which has China to thank for its remarkable 10 percent growth rate, offers an eye-opening case study. This film travels in and around the capital city of Maputo, highlighting examples of Chinese-backed development and assembling various perspectives on China's involvement in the African "lion economies." Surveying a vast, fertile field with his African business partner, Chinese-born rice producer Luo Haoping describes new agricultural techniques he's shared with local growers, while Lyle White, a South African expert on China, sheds light on the complex forces behind

this and similar endeavors. Several other experts are also featured in discussions about China's future as a global economic force and development leader.

Item no. : JS02305307
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088119
Price : USD 170.00

CHINA ON CHINA: THE PEOPLE AND THE POWER

They aren't chosen by popular election, but when the 3,000 members of the National People's Congress gather in Beijing, they do the nation's business within their ascribed political parameters. Does this mean that the average citizen has a voice in government? Are China's top leaders influenced by these locally appointed representatives, or is power so centralized that over 1.35 billion people can still be ruled as a whole, from behind closed doors? This film presents stories and discussions about China's one-party system, how an individual NPC appointee participates in it, and what alternative forms of political expression are possible. Viewers meet Dilina'er Abudulah, a delegate from the Xinjiang autonomous region who represents the Uyghur ethnic minority. Her thoughts and daily activities are presented alongside commentary from scholars, everyday citizens, and government supporters, including Xie Chuntao, author of *How and Why the CPC Works in China*.

Item no. : TB02455308
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088126
Price : USD 170.00

HUMAN RESOURCES

BULLYING AND RESPECT IN THE WORKPLACE

Have respect and good manners begun to slip in your workplace? Is rude behavior becoming the norm?

Bullies often act just under the radar, denying their hostile intent or shrugging off their behaviors as humorous or insignificant. Yet, the constant tension they create—and the way their harmful activities tend to build over time—not only damages the individual targets of their behavior but also the workgroup as a whole.

That's why you need to bring bullying out into the open. So you can deal with it directly and put an end to it.

How to speak up or seek help

This brand new release is intended to do just that. In five dramatic stories taking place in settings that range from a hospital to City Hall, victims and witnesses will see how to speak up and challenge a coworker's mean-spirited behavior in a straightforward way that earns them respect. They'll also learn they do not have to face this problem alone. If they are not comfortable challenging a bully on their own—or if they do speak up and the behavior continues—they can reach out to supervisors, HR or other designated resources to help resolve the issues.

As for any bullies who may be watching: this video clearly shows that mistreating a fellow employee makes you look bad in the eyes of others and will not be tolerated in your workplace.

Item no. : SN00300366
Format : DVD (Closed Captioned)
Duration : 19 minutes
Price : USD 189.00

MANAGING THE WORKPLACE BULLY

What do you do if you're the supervisor or manager of a problem employee? What if you are the target of bullying behavior, yourself? Or if you are accused of acting like a bully?

As a manager, it's up to you to be a role model. You need to insist on being treated respectfully yourself, and you need to provide a safe and respectful atmosphere for your people.

Sure, it takes courage to confront a disruptive team member. And, yes, you may be tempted to look the other way when a star performer is the one who is behaving badly. Or when under-performing employees disappoint you again and again—well, it's admittedly tough not to treat them harshly yourself.

This brand new release tackles these issues head on, providing practical solutions that help you put an end to bullying behavior in your subordinates—and find new ways to deal with your own frustrations so that you don't end up looking like the bad guy.

Item no. : NW02500368
Format : DVD (Closed Captioned)
Duration : 18 minutes
Price : USD 189.00

HYPNOTHERAPY

FUNDAMENTALS OF ERICKSONIAN HYPNOTHERAPY IV

Introduction/Foundations of Hypnosis - Michael Yapko, PhD

A Phenomenological Approach to Induction – Jeffrey Zeig, PhD

Treatment Planning in Ericksonian Hypnosis: The Class of Problems/Class of Solutions Model – Bill O'Hanlon, MS

The Principle of Utilization in Ericksonian Hypnotherapy – Stephen Gilligan, PhD

Three Easy to Learn Hand Mirroring Approaches to Therapeutic Hypnosis – Ernest Rossi, PhD

Item no. : MN09420083
Format : 5 DVDs
StdBkNo : 9781932248593
Price : USD 199.00

LITERATURE

DAVID MALOUF: AN IMAGINARY LIFE

Winner of the world's richest literary prize for his novel Remembering Babylon, David Malouf is a complex and poetic writer. In his beautiful and evocative stories the past is always very close to the surface of the present.

Half-forgotten memories, inner states, obligation and friendship all provide him with inspiration.

Filmed on location in Australia, England, Ireland and Italy, and making atmospheric use of archive footage and dramatisation, this documentary is an emotive exploration of his work.

Item no. : RB00770474
Format : DVD (Color)
Duration : 55 minutes
StdBkNo : 9780769750552
Price : USD 50.00

JAMES JOYCE'S DUBLIN: A LITERARY BIOGRAPHY

Directed by Antony Sellers

This fascinating documentary is an exploration of seminal writer James Joyce's native city, discovering the influences and settings for his life and work.

It presents an interweaving picture, focusing on Joyce's family and their situation and his social and religious environment.

It contrasts the physical city that he knew with the city of his writings, through the eyes of Ulysses, characters Leopold Bloom and his women, from Molly Bloom to Anna Livia Plurabella.

Interviewees include Robert Nicholson (curator of the James Joyce Museum), David Norris (Trinity College lecturer and chairman of the James Joyce Cultural Centre) and Ken Monaghan (Joyce's nephew).

Item no. : BU00770484
Format : DVD (Color)

Duration : 50 minutes
StdBkNo : 9780769750767
Price : USD 50.00

RAINER MARIA RILKE - LETTERS TO A YOUNG POET

Rainer Maria Rilke (1875-1926) was one of the twentieth-century's finest and most influential poets.

This program interweaves extracts from his letters and readings from his Duineser Elegien (Duino Elegies), the intensely personalized visions which are the culmination of his literary achievement.

The biographical details of his restless and emotionally-troubled life add substantially to an appreciation of his complex, philosophical work, which is left, without critical analysis, to speak for itself.

Item no. : MY00770515
Format : DVD (Color, Black and White)
Duration : 41 minutes
StdBkNo : 9780769750736
Price : USD 50.00

MANAGEMENT & SUPERVISING

EXPLORING HUMAN NATURE

With Dr. Philip Zimbardo, Professor Emeritus of Psychology, Stanford University

Teach your employees how social rules, unconscious biases, and "group think" heavily influence how we analyze and make decisions.

Dr. Philip Zimbardo has spent his career in social psychology—the study of human nature and how we're influenced by others and by social rules internalized in childhood. His research shows how we tend to be completely unaware of these influences, and often choose to act in irrational ways that can cause harm to ourselves or others.

A dynamic training tool
 Narrated by Dr. Zimbardo, this fascinating program offers insights into the underlying forces driving individual and group behavior. You'll observe unsuspecting human subjects in twenty situations that test the boundaries of individualism and group mentality. Watch them all or choose the scenes that best fit your training goals.

Watch examples of how we judge others:

- Weighted heavily by first impressions
- Based on their personal appearance
- Through identification with groups

Or how social situations drive behavior:

- When we want to be accepted and fit in
- Passively deferring to a "group norm"
- Through obedience to authority

Use as a conversation starter
Would you stay quiet if your team is making a bad decision? Do you question your first impressions of others? Use this powerful program as a meeting opener or to spark discussion in your trainings. And help your team improve their thinking and decision-making abilities.

Item no. : YV02460367
Format : DVD
Duration : 57 Minutes
Price : USD 159.00

MANAGING THE WORKPLACE BULLY

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Item no. : NW02500368
Format : DVD (Closed Captioned)
Duration : 18 minutes
Price : USD 189.00

MARKETING

MARKETING, THE: 7 - THE MARKETING MIX: PROMOTION

- The Promotional Mix
- Advertising
- Direct Marketing
- PR & Sponsorship
- Point Of Sale Promotion
- Above The Line/Below The Line
- Marketing Ethics
- Internet v Conventional Promotion

An exploration of a key element of the Marketing Mix: Promotion.

PART 1 (15 mins): Introduction To promotion/advertising. Why do businesses promote their goods? To sell more, of course – but it's not as simple as that. There are different reasons requiring

different solutions: a different "promotional mix". In this part we look mostly at advertising, in all its forms including TV, radio, billboards, cinema and press – and also the internet, which now threatens the existence of some of the old media. What does the internet offer compared to older media?

PART 2 (15 mins): Other parts of the promotional mix. In this part we look at the other elements in the promotional mix (apart from advertising, covered in Part 1): including direct marketing (mail, email & social media), public relations, sponsorship and point of sale. Above the line and below the line: what do these terms mean? Do they apply these days? Marketing Ethics: large companies are very hot on "responsible marketing", but how much is real, how much PR whitewash?

Item no. : KU00110681
Format : Streaming Subscription (3 Year)
Duration : 30 minutes
Copyright : 2013
Price : USD 225.00

MARKETING, THE: 7 - THE MARKETING MIX: PROMOTION

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Item no. : KU00110682
Format : Streaming Subscription (1 Year)
Duration : 30 minutes

Copyright : 2013
Price : USD 170.00

MARKETING, THE: 7 - THE MARKETING MIX: PROMOTION

- The Promotional Mix
- Advertising
- Direct Marketing
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Item no. : KU00110683
Format : DVD
Duration : 30 minutes
Copyright : 2013
Price : USD 260.00

MASS COMMUNICATION

CHINA ON CHINA: CULTURE FOR BILLIONAIRES

A country that can look back on a rich and extensive past will undoubtedly have a wealth of stories, and China's literary tradition, with its multi-millennial history of essays, novels, and poetry, is likely the world's oldest. But even in a land that reveres poetry, pictures can take over—especially moving pictures. Although small art-house films were the only choice after the cinematically barren years of the Cultural Revolution, today China is a major producer of movie spectacles. This program shows how far the country has come in terms of cultural

production and how it is poised to rival the U.S. as the world's filmmaking center. Contemporary Chinese literature and the market for books are also important topics, as are censorship, self-censorship, and why certain motifs are recurrent in Chinese stories. Expert commentary comes from director Eva Jin, film critic Raymond Zhou, film industry analyst Leon Gao, stunt man Zeng Dong, and author Yan Lianke.

Item no. : AG00275303
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088140
Price : USD 170.00

MAYA

ANIMATION MASTERCLASS - ANIMATING WITH MAYA FOR GAMES AND MORE

With Joe Mandia

In this DVD, Instructor Joe Mandia gives a deep foundation to the complexities of animation using Maya 2012 with a focus on video games. Although the focus is on games, the instruction is great for any animator. Topics include Maya shortcuts, ui setup, 12 principles overview, timing, spacing, arcs, overlap, anticipation, squash and stretch, slow ins and outs, staging, secondary action, straight ahead vs pose to pose, and finally refining and polishing a final animation.

Item no. : AB28700035
Format : DVD
Duration : 480 minutes
Price : USD 195.00

CLASSICAL SCULPTING - ANATOMY AND FIGURATIVE ART FOR DIGITAL SCULPTORS

In this lecture the instructor demonstrates the digital sculpting and rendering of a classical style marble sculpture, showing how accurate anatomy and a dynamic pose combine to produce a professional and aesthetically pleasing result.

In this novel approach to teaching anatomy, the instructor regularly overlays the model with anatomy images as he sculpts, which makes it easy to visualize how the underlying anatomy relates to the sculpted surface of the model.

Item no. : JZ28700036
Format : DVD
Duration : 120 minutes
Price : USD 195.00

FACIAL RIGGING FOR GAMES

With Matt Skonicki

In this training video the instructor takes you through the entire process of creating a fully bone based facial rig which is transferable to next-gen game engines like Unreal Editor 3.

This video focuses on facial bone rigging and animation. Most game engines do not support blend shapes so it is imperative to know how to create a solid facial rig with just using bones. With the right rig and setup, it is possible to create stunning facial animations in very short amounts of time. If you are a student this video is great to become exposed to professional techniques in the game industry.

Item no. : NZ28700043
Format : DVD
Duration : 300 minutes
Price : USD 195.00

INTRODUCTION TO MAYA 2014: INTERFACE AND WORKFLOW

With Eric Keller

Over the past 15 years, Maya has become the leading 3D application used in the film, broadcast and game industries. Hailed for its diverse toolset, Maya excels due to its integration, flexibility and performance in regards to modeling, texturing, lighting, rendering, animation, rigging and effects. Designed for the individual new to Maya, this DVD contains over 8 hours of lecture. The essential UI (user interface) is discussed, focusing on the workflow of an experienced user. Learn how to efficiently create, manipulate and organize hierarchies, objects, components and cameras. Many concepts are introduced including the use of Polygons versus NURBS, Maya materials and rendering, The Node Editor, setting up Maya Projects, animation using the Graph Editor, and the fundamental concepts behind how Maya understands your scenes. Customization of the UI is also addressed in order to dramatically improve efficiency and workflow.

Item no. : FF06370346
Format : DVD-ROM
Duration : 478 minutes
StdBkNo : 159762733x
Price : USD 109.00

LIVE ACTION & CG 3 - A COMPREHENSIVE GUIDE TO COMPOSITING

With Matt Skonicki

In this DVD, Instructor Matt Skonicki takes you through the entire process of compositing 2 HD Shots with 3D integration. The best part of this tutorial is it uses Autodesk Composite for

compositing which ships free with Autodesk Maya 2011. Matt starts off by taking you On Location to demonstrate the capturing of the raw plate and HDRI images. From there he goes through creating the final HDRI image in Photoshop. The next chapters include detailed tracking in SynthEyes, setting up the scene in Maya, creating masks in After Effects, Animation of the 3D objects in Maya, adding particle effects, lighting, and render layers. Last, Matt composites the final scenes in Autodesk Composite.

Item no. : KN28700044
Format : DVD
Duration : 510 minutes
Price : USD 195.00

LIVE ACTION & CG 4 - ULTIMATE GUIDE TO COMPOSITING WITH NUKEX & MAYA

With Matt Skonicki

In this DVD, Instructor Matt Skonicki takes you through the full "gamut" of compositing a CG monster into a live action scene using Maya and NUKEX. Matt starts off talking about color management and giving an overview of what will be covered. He then goes into NUKEX and talks about its color space, interface, and other things needed to know before using it. Matt goes on to talk about lens distortion and then goes into tracking 5 different shot scenarios using the camera tracker in NUKEX. He then takes the solve into Maya, sets everything up, and then talks a bit about the monsters rig, materials, and animation. Matt then introduces Vray and talks about rendering with Vray and Vray RT, and setting up basic IBL. After the lighting is done he goes into rendering with render layers and then brings the layers into NUKEX to composite. Inside NUKEX he adds a lens flare, chromatic aberration, granularity, roto masks, tracking, tweaks, and finalizing the piece.

Item no. : YV28700045
Format : DVD
Duration : 540 minutes
Price : USD 195.00

LIVE ACTION & CG 5 - 3D SET EXTENSIONS IN NUKE

With Matt Skonicki

In this DVD, instructor Matt Skonicki explores plate enhancement and set extension. He starts off by going over the raw workflow with footage captures from the new Blackmagic Cinema Camera. From there he tracks the footage in Nuke and then begins rotoscoping for sky replacement using the new Nuke Planar Tracker Node. Next, he moves into 3D Projecting and does some cosmetic work on the plate by adding multiple glowing and flickering neon signs. He then finishes off the composition with Nuke's powerful

3D scanline render engine, lighting geometry in the scene using many of Nuke's 3D environment tools including point lights, environment lights, materials, and shaders.

Item no. : WC28700046
Format : DVD
Duration : 360 minutes
Price : USD 195.00

LIVE ACTION AND CG - FOUNDATIONS

With Matt Skonicki

In this demonstration the instructor starts off by explaining the shot and then tracking the footage using Boujou. Once the live footage is tracked, its on to Maya to start blocking out the scene and incorporating CG elements.

Everything from Ambient Occlusion, to Render Layers, to even Image Based Lighting is explained while in Maya. After all of the elements are rendered out of Maya, the last thing done is composing them together using Combustion and After Effects.

Item no. : ZM28700047
Format : DVD
Duration : 150 minutes
Price : USD 195.00

LIVE ACTION AND CG 2 - HD VIDEO IN 3D

With Matt Skonicki

In this demonstration the instructor starts off by explaining the Red One camera and how it was used to capture the HD video. Then he goes into SynthEyes and explains everything needed to get a good track. Once the live footage is tracked, its on to Maya to use the camera animation with the provided 3d scene. After that he goes through rendering your scene in passes, and then compositing the elements in Combustion.

Item no. : DK28700048
Format : DVD
Duration : 150 minutes
Price : USD 195.00

SHADER PRODUCTION - WRITING CUSTOM SHADERS WITH CGFX

With Luiz Kruehl

In this DVD, Instructor Luiz Kruehl guides you through writing your own shaders, primarily with the CGFX shader language in Maya. Luiz starts off with getting everything set up in Maya and then writes a simple Lambert shader from scratch. From there Luiz builds upon the Lambert to create a Fresnel and Phong shader. Once the Phong shader is defined, Luiz begins to add textures like diffuse,

specular, normal, and cubemap. He then demonstrates how to manipulate Uvs and even how to do vertex animation. Luiz then goes into such techniques as blending textures and colors, creating a car shader and pulling everything together to create a full character shader with SSS. Finally, Luiz demonstrates how to take what you have learned into UDK to create a custom shader using the standard material nodes.

Item no. : JA28700049
Format : DVD
Duration : 240 minutes
Price : USD 195.00

MULTICULTURAL ISSUES

GROUP COUNSELING WITH ADOLESCENTS: A MULTICULTURAL APPROACH

By Sam Steen, PhD, & Sheri Bauman, PhD

Over the course of eight sessions with a multicultural group of eighth graders, Drs. Sam Steen and Sheri Bauman offer child therapists a thorough picture of the issues adolescents face and ways to deepen connection around them.

While many training videos present a single session of therapy or use actors to reenact a course of treatment, this video is remarkable in that you'll witness eight actual sessions of group counseling with teens.

Creating safety for adolescents to express emotional vulnerability can seem particularly difficult given this population's much-documented resistance to self-disclosure. Moreover, working with this age group poses challenges related to managing energy levels and varying degrees of introversion and extraversion. Steen and Bauman prove their skill in all of these areas, facilitating crosstalk and direct interaction among their group members while encouraging relational risks and deeper thinking about the experiences that connect us all.

You'll be impressed by the range of issues these children bring to the group, from feeling "weird" for enjoying reading, to worrying about relationships, to rumors and bullying, and much more. With so much of our therapeutic work occurring in isolation from other professionals, you'll find it particularly instructive to see how these two talented therapists authentically connect with the teens and complement each other's facilitation styles. Perhaps you'll be inspired to co-lead a group yourself!

In this minimally edited video, Steen and Bauman offer a transparent, thoughtful deconstruction of their methods that anyone working with adolescents will find educational and refreshing.

By watching this video, you will:

- Learn how to present discussion topics in age-appropriate ways that create safety to self-disclose.
- Discover ways to enliven and focus the group when energy is low.
- Identify how and when to adjust activities based on observations of group members.

Item no. : KH07620446
Format : Streaming (1 Year)
Duration : 85 minutes
Price : USD 210.00

MUSICALS

PENDRAGON - PETER ALLWOOD - NATIONAL YOUTH MUSIC THEATRE

Go behind-the-scenes with your favorite Arthurian characters King Arthur, Guinevere, Merlin, Morgan Le Fay and the Knights of the Round Table - they're all here in the National Youth Music Theatre's thrilling production.

Discover what went into the making of Pendragon the spectacular theatrical smash hit of Peter Allwood.

Item no. : SZ00770514
Format : DVD (Color)
Duration : 25 minutes
StdBkNo : 9780769750873
Price : USD 45.00

OPERA

EMMA KIRKBY IN RECITAL WITH CHRISTOPHER WILSON AT WIGMORE HALL

One of the leading exponents of Renaissance and Baroque vocal music Emma Kirby performs a varied program including works by Pierre Guedron, Rene Mesangeau and William Lawes.

This concert also includes some exceptional lute pieces performed by her accompanist Christopher Wilson.

Item no. : NP00770479
Format : DVD (Color)
Duration : 76 minutes
StdBkNo : 9780769750514
Price : USD 60.00

FELICITY LOTT & THOMAS ALLEN: RECITAL

Two of opera's greatest British stars, Dame Felicity Lott and Sir Thomas Allen, sing songs and duets by Schumann, Brahms, Mendelssohn, Bizet, Duparc, Saint-Saens and Faure from the Wigmore Hall, London.

Dame Felicity Lott has always had a special love for the song repertoire. As well as expertise in the songs of Strauss, Schubert, Schumann and Brahms she is also a master of French Melodies.

This concert, therefore, is especially suited to her talents. Sir Thomas Allen is, perhaps, best known as a singer of great Mozart roles. He is a star of all the great Opera houses: La Scala, Vienna and the Metropolitan to name but a few. He brings his unique dramatic talent and flair to these songs.

Sir Thomas is a much-acclaimed recitalist worldwide and his warm voice, capable of immense tenderness, is shown to its full advantage in this recital.

Item no. : YU00770480
Format : DVD (Color)
Duration : 88 minutes
StdBkNo : 9780769750842
Price : USD 50.00

MARIA CALLAS - LIVING AND DYING FOR ART AND LOVE

When Callas sang Tosca at Covent Garden in 1964, she could not have known how crucial it would prove to her career and her life. It was the last role she performed on stage: a huge success and a high point in twentieth century opera, but it marked the beginning of the end for the diva.

Loss of nerve, voice and love were to follow.

Franco Zeffirelli's legendary Tosca and the production's resonance with Callas's own extraordinary story are the focus of this documentary, which draws on rare archive footage and a wealth of documents and stills.

Zeffirelli, Tito Gobbi (her Scarpia) and Placido Domingo are among the contributors.

Item no. : SV00770503
Format : DVD (Color, Black and White)
Duration : 56 minutes
StdBkNo : 9780769750439
Price : USD 50.00

RAMON VARGAS IN RECITAL AT WIGMORE HALL

This concert marks Ramon Vargas' first appearance at London's premiere chamber music venue. Sensitive accompanied by Mzia Bachtouridze, with whom he has collaborated for seven years, and he sings an interesting selection of Spanish songs.

Featuring works by Schumann, Moreno, Ponce, Respighi, Donizetti and more.

Vargas also explains to the appreciative audience that it is a nerve-wracking experience to make his debut at this prestigious concert hall!

Item no. : YN00770518
Format : DVD (Color)
Duration : 89 minutes
StdBkNo : 9780769750606
Price : USD 60.00

YVONNE KENNY: VIVA LA DIVA!

Australian soprano Yvonne Kenny has an international reputation. But the life of a diva is not what most people imagine or would envy.

This documentary gives an intimate insight into the life of the singer and discovers what motivates her as an artist and as a woman. It is peppered with candor and humor.

The hard work and sacrifice involved in her 'glamorous' profession takes enormous commitment but Yvonne's passion for singing and her desire to release music's power to touch the heart and soul keeps her going.

Item no. : PF00770547
Format : DVD (Color)
Duration : 54 minutes
StdBkNo : 9780769750675
Price : USD 50.00

PERSONAL TRAINING

CREATING UNLIMITED EXERCISES: CHALLENGING THE BODY APPROPRIATELY

By Michelle Amore

Creating Unlimited Exercises: Challenging the Body Appropriately explains how to manipulate the seven variables involved in the exercise equation to develop exercises that will enable individual to not only achieve their personal fitness-related objectives, but also be given what they actually need. The DVD discusses how to assess what exercisers want versus what they need, given what their joints, force-production capabilities, and muscular response will allow. The DVD also looks at different training methodologies and deconstructs them, using the exercise equation to discredit the idea of the existence of "good" and "bad" exercises, as opposed to client-specific exercises.

Among the topics covered:

- Exercise equation
- Control
- Motion/position
- Resistance
- Time
- Effort

- Intention
- Create an exercise

Item no. : MV08501885
Format : DVD
Duration : 76 minutes
Copyright : 2013
Price : USD 80.00

DYNAMIC FULL-BODY CIRCUITS

By Annette Lang

Dynamic Full-Body Circuits provides an overview of how to incorporate five basic foundational movements (squatting, lunging, pushing, pulling, and rotating) and training paradigms into one full-body circuit. The DVD details how to manipulate the movement variables to make the workout applicable to the fitness level of any exerciser. The DVD also discusses how to utilize each movement as a part of an integrated program. In addition, the DVD explains how the workout can be modified to develop other physical- or motor-related components, for example, speed, power, strength, and agility.

Among the topics covered:

- Thomas Meyers: anatomy trains
- Posterior oblique sling/back functional lines
- Exercise choices
- Anterior oblique sling/front functional lines
- Exercise choices
- The workout
- The circuit

Item no. : WK08501886
Format : DVD
Duration : 58 minutes
Copyright : 2013
Price : USD 80.00

PERSON-CENTERED

CARL ROGERS AND THE PERSON-CENTERED APPROACH

By Carl Rogers

Carl Rogers was one of the most influential psychologists and psychotherapists of our time. In this singular presentation, Rogers' biographer, Howard Kirschenbaum, guides us through Rogers' life and work and the development of the "client-centered" and "person-centered" approach to counseling, education, group work, and human relationships.

By watching this video you will:

- Gain a deeper understanding of the breadth and impact of Rogers' work.
- Identify the principal components of the person-centered approach.
- Learn about the three key conditions that bring about positive change in

clients.

Item no. : SE07620441
Format : Streaming (1 Year)
Duration : 65 minutes
Price : USD 168.00

PHILOSOPHY & SCIENCE

COMPUTER CHESS

Director: Andrew Bujalski

Set over the course of a weekend tournament for chess software programmers thirty-some years ago, COMPUTER CHESS transports viewers to a nostalgic moment when the contest between technology and the human spirit seemed a little more up for grabs. We get to know the eccentric geniuses possessed of the vision to teach a metal box to defeat man, literally, at his own game, laying the groundwork for artificial intelligence as we know it and will come to know it in the future.

Review

- "Recommended." - Video Librarian

Item no. : ZF11990286
Format : DVD (Black & White)
Duration : 92 minutes
Copyright : 2013
Price : USD 249.00

POPULAR MUSIC

JAMES MORRISON: THE WIZARD FROM OZ

James Morrison is the hottest jazz musician from Australia to emerge onto the international scene. A superbly talented multi-instrumentalist, he has no peers on jazz trumpet, trombone or euphonium and his U.S. debut, at the Village Vanguard in New York, prompted veteran jazz writer Leonard Feather to rate him as "a sure bet for jazz superstardom."

This film taps into Morrison's dynamic energy and boundless creativity and features him in concert in Australia, with his mentor Don Burrows; at the Montreux Jazz festival; and in a creative improvisation session with the Australian artist Ken Done.

Done develops a canvas in response to Morrison's performance and Morrison, in turn, responds to the painter at work. Colleagues and jazz peers, such as Dizzy Gillespie, discuss his unique blend of technique, confidence and charisma.

In spite of so much international acclaim, Morrison remains firmly based in Australia and pays tribute to his family and the church as providing the underlying soul and gospel feel to his high energy jazz.

The highlight of the program is footage of

Morrison rehearsing and performing with the World Superband, in New York.

Item no. : PH00770488
Format : DVD (Color)
Duration : 54 minutes
StdBkNo : 9780769750606
Price : USD 50.00

SEARCH FOR ROBERT JOHNSON, THE

For decades little was known about Robert Johnson. Legend was rife with supernatural accounts of his life and his pact with the devil, and conflicting versions of his death.

The Search For Robert Johnson traces the path of this most legendary of Bluesmen, a figure whose blues influenced the development of popular music in the US and UK but whose life story was shrouded in mystery.

In this documentary the soul of an elusive spirit is finally pieced together. Those who come to bear witness include fellow bluesman Johnny Shines, and Honeyboy Edwards, who learned their craft from Johnson; girlfriend Willie Mae Powell (who inspired "Love In Vain"); and others who knew the man who folklore says sold his soul to the devil at the crossroads.

In another first, the man who may be Johnson's long-lost son is introduced.

Narrator John Hammond steers us through this travelogue as he re-enacts the work of the original researchers, crisscrossing the Delta by automobile and freight car; unveiling marriage records from six decades ago; taking us to the sites of Johnson's only two recording sessions in 1936 and 1937; and finally exploring the circumstances of Johnson's grisly murder.

Item no. : VC00770540
Format : DVD (Color)
Duration : 72 minutes
StdBkNo : 9780769750538
Price : USD 50.00

PSYCHOLOGY

ATTENTION DEFICIT DISORDER AND ADD-CARE: THE NATURAL ALTERNATIVE!

By Jef Gazley MS, LMFT

This mental health video explains the causes, symptoms, and complex dynamics of ADD and ADHD and dispels many of the common myths of attention deficit disorder. It shows the research done at the Amen Clinic by Jef Gazley, M.S., LMFT with ADD patients and introduces ADD-careR which is a natural alternative to the stimulants. This educational video also demonstrates the

Six Types of ADD and how to treat each one of them. Find a solution for your ADD or ADHD symptoms with this excellent psychology video.

Item no. : KG09370015
Format : DVD
Copyright : 2012
Price : USD 100.00

RELATIONSHIPS

EMOTIONALLY FOCUSED THERAPY: A COMPLETE TREATMENT - PART 1 (SESSIONS 1-3)

By Rebecca Jorgensen

Sandra and Carl begin therapy with a number of active conflicts, from whether to sell their boat to where they want to live. Sandra complains that Carl doesn't express his emotions, commenting "it's like being with a cardboard character." Meanwhile Carl is fearful that he cannot provide what Sandra needs, and feels that Sandra's greater emotional acumen makes it difficult for him to share. In these first sessions, Jorgensen works to quickly develop an alliance with the couple, which enables them to begin to explore the hurt, fear and sadness that lie just under the surface of their disagreements. She identifies the couple's negative interaction cycle in the first session, and begins to reframe the problem as rooted in underlying feelings and unmet needs.

In the third session, their negative cycle becomes clearer as it is repeatedly enacted, and we witness Jorgensen demonstrate key skills necessary for Stage 1 EFT work, particularly her deft handling of their emotional reactivity. She is able to interrupt their conflicts before they spin out of control, and create space for them to experience a novel way of interacting. Although Carl and Sandra are both fearful about expressing their feelings directly to one another, they begin to share touching moments of closeness during these early sessions.

Item no. : RE07620442
Format : DVD (With English Subtitles)
Duration : 268 minutes
StdBkNo : 1601243774
Price : USD 223.00

EMOTIONALLY FOCUSED THERAPY: A COMPLETE TREATMENT - PART 2 (SESSIONS 4-6)

By Rebecca Jorgensen

Carl and Sandra's relationship begins to show important signs of progress. In their fourth session, the couple is slow to admit the primary emotions that underlie their complaints. By empathically validating the

pain and confusion Sandra and Carl feel while reframing their experiences as part of their cycle, Jorgensen creates a space that enables Carl to come out of his withdrawn, defensive stance and admit that he does not express his care for Sandra. Carl's emergence marks a turning point for the couple, and Jorgensen plants the seed for softening Sandra's pursuer role by reflecting, "you don't quite know how to run to Carl's arms when you're distressed."

Over the next two sessions, the couple begins to assimilate the cycle as the root of their problem, and with Jorgensen's guidance, they soften considerably toward one another. Sandra reflects that she is now able to look at Carl in session, though she still has difficulty revealing why that has been so painful. The moments of connection between Sandra and Carl increase, as they both acknowledge that they do not want to be without the other. In a heartening sign of the headway they have made, Sandra expresses her excitement about the adventure of creating a new relationship with Carl, even as the prospect is very frightening for her.

Item no. : ET07620443
Format : DVD
Duration : 256 minutes
StdBkNo : 1601243790
Price : USD 223.00

EMOTIONALLY FOCUSED THERAPY: A COMPLETE TREATMENT - PART 3 (SESSIONS 7-10)

By Rebecca Jorgensen

By now Sandra and Carl have become much more comfortable acknowledging their attachment needs, but the powerful emotions driving their cycle still elude them. Jorgensen continues to probe with evocative questions, which guide the couple to explore intensely vulnerable feelings of longing, fear, and rejection. Sandra and Carl's willingness to cover such painful territory is fortified by the visible warmth that has blossomed between them over the preceding weeks.

As the therapy progresses into the eighth and ninth sessions, Sandra's deep attachment fear becomes more obvious. She struggles to feel Carl's love for her, even as he explains, "I don't want to be the next person in your life who lets you down." These sessions exemplify the evolution into Stage 2 EFT, as Jorgensen works to soften Sandra's pursuit and pull Carl out of his withdrawn position. When Carl tells her how difficult it is to say that he needs her love, Sandra finally lets her guard down and exclaims, "I feel like I'm rolling through the flowers with you!"

Jorgensen has helped the couple lay the groundwork for a new relationship, but the couple still has a lot of work ahead of them. As wanderlust calls them to pull up stakes and voyage on to greener pastures, the focus of their last session turns to how

they can continue their work going forward. And while the therapy may not have reached an ideal stage for the couple, it has provided them with a new perspective, instilled them with hope, and set them on a trajectory toward a deeper connection with each other.

Item no. : HH07620444
Format : DVD
Duration : 302 minutes
StdBkNo : 1601243812
Price : USD 223.00

RELIGION / PHILOSOPHY

COPTIC EGYPT: 2000 YEARS OF CHRISTIANITY

The Copts, the native Christian community of Egypt, have a culture, a language and a church with ancient roots.

Having survived Roman persecution and Byzantine rule, they have co-existed with Islam for fourteen centuries.

This program visits two of the oldest desert monasteries in Egypt to observe religious practices and a way of life that have changed remarkably little since the beginnings of Coptic Christianity.

It also explores the religion's iconography and the art, artifacts and textiles it has inspired.

Item no. : HP00770473
Format : DVD (Color)
Duration : 53 minutes
StdBkNo : 9780769750521
Price : USD 50.00

EL CAMINO DE SANTIAGO

Filmed on location, El Camino de Santiago explores the spiritual significance of the legend of St. James and follows the pilgrimage route to the Cathedral of Santiago de Compostela.

This unique film investigates the legend and legacy of St James the Apostle, whose remains are said to be buried there.

During the pilgrimage in southern France and northern Spain, it looks at the magnificent artistic heritage that resulted from the saint's dominance in the Middle Ages.

Item no. : PA00770476
Format : DVD (Color)
Duration : 60 minutes
StdBkNo : 9780769750712
Price : USD 50.00

YEMEN: LAND OF THE QUEEN OF SHEBA

Directed by Alain Jomier

Incense was the principal source of the wealth and power of the three ancient kingdoms of Saba, Qataban and Hadramawt which now form Yemen.

This documentary travels through the country's dramatic landscape, visiting important points on the route once travelled by the caravans that carried the precious resin to market.

It reveals what is known of Yemen's distant past and glimpses present day life there, which remains largely untrammelled by the trappings of the modern world.

Item no. : CN00770546
Format : DVD (Color)
Duration : 53 minutes
StdBkNo : 9780769750859
Price : USD 50.00

RESIDENT RIGHTS/DIGNITY

RESIDENTS' RIGHTS TODAY: RESPECTFUL CARE IN CHANGING TIMES

This program presents a contemporary overview of residents' rights in the long term care context. It covers how residents' rights can be affected by other characteristics of today's long term care environment, including:

- Increased cultural, ethnic, language and age diversity
- More time and work-flow pressure on staff
- The impact of outside stresses on staff, especially for single parents and employees working two jobs
- What residents' rights are and why they are so important in the life and culture of a long term care facility
- The specific rights everyone in a nursing home must understand and uphold
- What staff, residents and family members should know about dealing with concerns and complaints early and effectively

Item no. : PS29110228
Format : DVD
Duration : 20 minutes
Price : USD 159.00

SOCIAL INEQUALITY

CHINA ON CHINA: EVERYTHING HAS A PRICE TAG

Skyrocketing wealth might be building a new China, but it is also leading to deep divisions within Chinese society. As in the United States, some experts even question whether or not a widening lifestyle gap is truly beneficial for the country's long-term economic growth, not to mention for social stability. This film looks at emerging class differences in what was originally designed to be a classless state, with discussions focusing on multigenerational poverty in rural areas and the precarious existence of hundreds of millions of migrant workers on the fringes of China's cities. For street-level insight, viewers are invited into the household of two apartment tenants who are most likely living paycheck to paycheck, but who have high ambitions for their young son. Expert commentary comes from Fudan University professor Zhou Dunren, writer Xie Chuntao, and other observers of China's rapidly evolving social landscape.

Item no. : WE02305304
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088133
Price : USD 170.00

CHINA ON CHINA: MORE THAN HALF THE SKY

Mao's aphorism about the strength and ability of women may have helped to do away with foot-binding, child marriage, and other archaic traditions, but in 21st-century China gender equality is as illusory as ever. This film examines the challenges that Chinese women face, especially the obstacles to prosperity and security that the country's poor, rural women know all too well. Viewers meet Yu Xinpei, who migrated to Shanghai from a remote southern village. At first apprenticed to a hairdresser, she's now starting a salon of her own. Meanwhile, sociologist Liu Bohong talks about the difficulties women encounter when they move to cities—although those who stay in the provinces "have it harder." Many become suicide statistics, which is why physician Xu Rong has founded a support group for wives and daughters who are struggling with rural life. On the other hand, the film also points out that 11 of the world's richest women are Chinese!

Item no. : VS02455305
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088102
Price : USD 170.00

SOCIAL JUSTICE & HUMAN RIGHTS

JUST GENDER

Director: George Zuber

JUST GENDER tackles the all too often misunderstood world of transgender. The film explores the common myths and misunderstandings about transgendered people, as well as the confusion between sexual orientation and gender identity as reflected in the rigid binary view of the world generally held by society. JUST GENDER also touches on the discrimination, hardships and brutality resulting from those misconceptions and prejudices, including the numerous deaths caused by hate each year. Through the stories of transgender individuals and their spouses, friends, and allies, the film explores the confusion, the isolation, and the fear felt by many transgender persons. It also reveals their growing awareness and acceptance, and ultimately their joy in blossoming comfort as transgendered persons.

Item no. : FY11990282
Format : DVD (Color)
Copyright : 2013
Price : USD 349.00

SOCIOLOGY

DOWNTOWN DREAM

By Aaron Matthews

For decades, small town life in the United States has been slowly and quietly eroding. But there are overlooked stories amidst the talk of America's economic decline: the stories of individual men and women in the "Rust Belt" community in Lewistown, Pennsylvania. Once one of the country's largest steel manufacturing centers, Lewistown lost its manufacturing base and industrial might a generation ago and has since become a "ghost town." DOWNTOWN DREAM follows the lives of five dynamic men and women living in Lewistown who refuse to be counted out and instead struggle to reinvent their lives and their dreams in America's chilly economic climate.

Over the course of two years, in DOWNTOWN DREAM, viewers witness five dynamic personal journeys that also concretize the struggles of the town itself. Jon, a developer, reflects Lewistown's wistful remembrance of nobler days; Bernard, a pastor and one of 150 African Americans in Lewistown, embodies the town's potential resurrection; Pam, a would-be salon owner, reflects the can-do spirit that may be a remedy for Lewistown's business community; Barb, a recovering addict, and Katie, her daughter and an aspiring actress and singer, personify its potential physical rehabilitation. Lyrical and intimate, the film reveals typical Americans in a typical American place grappling with the question on everybody's lips today: How

do you make it in America anymore?

After more than 40 years of decay, Lewistown is now at a crossroads. The town leaders have drawn up a comprehensive redevelopment plan, and it is taking shape. In order to beautify the deserted downtown, streets have been widened, trees have been planted and buildings have been razed. The centerpiece of the plan—spending \$250,000 in state funding to install a park in the town's center—is underway.

The situation in Lewistown mirrors the fate of the nation at this critical point in history. How do Americans make sense of economic and political forces beyond their control? Will they make a go of it and if so, how? In DOWNTOWN DREAM, Jon, Bernard, Pam, Barb and Katie reinvent their dreams in the face of devastation and decay.

Item no. : MG03100917
Format : DVD (Color, Closed Captioned)
Duration : 45 minutes
Copyright : 2013
Price : USD 348.00

GRINGO TRAILS

By Pegi Vail

Are tourists destroying the planet—or saving it? How do travelers change the remote places they visit, and how are they changed? From the Bolivian jungle to the party beaches of Thailand, and from the deserts of Timbuktu, Mali to the breathtaking beauty of Bhutan, GRINGO TRAILS traces stories over 30 years to show the dramatic long-term impact of tourism on cultures, economies, and the environment.

Directed by prominent anthropologist Pegi Vail, the Director of the Center for Media, Culture and History at New York University and a Fulbright Scholar, GRINGO TRAILS raises urgent questions about one of the most powerful globalizing forces of our time: tourism. Following stories along the well-worn western travelers' route—the 'gringo trail', through South America and beyond to Africa and Asia—the film reveals the complex relationships between colliding cultures: host countries hungry for financial security and the tourists who provide it in their quest for authentic experiences.

As dramatically as travelers are altered by new landscapes, values and belief systems, they also alter the people and places they visit. A man getting lost in the Amazon jungle in 1981 has had an unexpected effect on future generations. The original inhabitant of an island on the Salt Flats of Bolivia faces the dilemma of trying to preserve its ecosystem while still allowing outsiders to experience its unique magic. A traveler's search for an "unspoiled" island paradise in Thailand has unintended but devastating consequences and poses ethical quandaries for locals in a position to profit from tourism. A woman's romantic

fantasies about "the unknown" meet reality in Timbuktu. Locals worldwide express the desire for visitors to better understand how to respectfully walk on their sacred lands, including an indigenous community that has become a model for sustainable tourism in South America.

GRINGO TRAILS experts include National Geographic Traveler editor Costas Christ; Jungle author Yossi Ghinsberg; travel essayist and novelist Pico Iyer; Bolivian Chalan Ecolodge's Freddy Limaco and Guido Mamani; Globe Trekker host Holly Morris; Lonely Planet travel writer Anja Mutic; Vagabonding author Rolf Potts; A Map for Saturday's Brook Silva-Braga; National Museum director Kempo Tashi; travel writer Ernest "Fly Brother" White; and Royal Family of Bhutan member Dasho Sangay Wangchuk.

Reviews

- "GRINGO TRAILS illuminates our travel footprint [and illustrates some hard truths about mass travel. Whether you're an armchair traveler or you're working through a bucket list of exotic destinations, it's an important and moving film." - Mary Catherine O'Connor, Outside Magazine
- "If you love to travel, and want to do it responsibly, see this wonderfully nuanced, funny film that shows the joy and horror of travel, and gives you a visa to some possible solutions." - Pamela Yates, documentary filmmaker
- "In GRINGO TRAILS, Vail travels around the world to show how travelers are affected by the romance of packaged travel stories in the media as well as through word of mouth. Adventure becomes a commodity...How do we reconcile our romantic images of the world with the truth of what our presence in those places means?" - Pam Mandel, Gading

Awards

- 2013 World Premiere, Margaret Mead Film Festival, American Museum of Natural History, New York
- Canadian Premiere, Planet in Focus Festival, Toronto

Item no. : RE03210918
Format : DVD (Color, Closed Captioned)
Duration : 79 minutes
Copyright : 2013
Price : USD 390.00

NORTHERN LIGHT

By Nick Bentgen and Lisa Kjerulff

Set against the backdrop of a town's annual snowmobile race, NORTHERN LIGHT explores the working class experience in a series of captivating personal stories of recession-era America. The lives of three families change profoundly in the north woods of Michigan, where winters are unforgiving, jobs are hard to come by, and the line between

living life and simply surviving is razor-thin. This cinematic, observational documentary explores the American working class experience through character-based storytelling. As racers and their families pin their hopes to a 500 mile-long test of endurance, small triumphs and giant sacrifices are made along the way. Dysfunction and hardship permeate the cold, but this harsh setting is simultaneously the site of community and familial intimacy. Filmed over the course of several years spent with the film's protagonists, NORTHERN LIGHT is a fresh and vital contribution to the tradition of contemporary American cinema verite.

Reviews

- "Told in short, stolen snippets, it's one beautiful image after another, showing its Michigan subjects trying to win at various competitions. Ups and downs are captured [and] people just keepin' on keepin' on." - Matt Prigge, Metro
- "A visually sumptuous and stirring observation piece that generates a similar small town despondence surrounding an annual snowmobile race in a northern Michigan community feeling the effects of the economic depression." - Robert Bell, Exclaim
- "Patient, observant, and deeply generous" - Michael Tully, Hammer to Nail

Awards

- Winner, Most Innovative Feature, 2013 Visions du Reel, Switzerland
- Winner, Best Cinematography, 2013 New Orleans Film Festival, Louisiana

Item no. : GE03400919
Format : DVD (Color, Closed Captioned)
Duration : 105 minutes
Copyright : 2013
Price : USD 390.00

SPECIFIC PROBLEMS

SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: ADULT ADHD

With Abigail Levrini, PhD and Frances Prevatt, PhD

In Adult ADHD, Abigail Levrini and Frances Prevatt demonstrate and discuss their approach to ADHD coaching with adults.

ADHD coaching derives from the model used in executive coaching and athletics to help improve performance. Unlike most traditional psychotherapeutic approaches, this is an active and results-oriented modality that focusses on giving clients realistic and proven strategies they can start using immediately. The approach involves helping clients deal with aspects

of ADHD that interfere with work or academic performance such as procrastination, lack of concentration, and poor planning. Useful strategies include teaching organizational, time management, and study skills, and helping to establish goals.

The video begins with a general explanation of ADHD coaching. Then, Dr. Levrini works with a man in his 20s, recently diagnosed with ADHD, who seeks assistance in overcoming distractions and managing his time better. After the demonstration, she and Dr. Prevatt sit with a roundtable of graduate students to discuss and expand on the strategies and techniques used in the coaching session.

Item no. : FF08310207
Format : DVD (Closed Captioned)
Duration : 100 minutes
Copyright : 2014
StdBkNo : 9781433817052
Price : USD 100.00

SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: WORKING WITH CLIENTS WITH PHYSICAL DISABILITIES

With Linda R. Mona, PhD

In this video, Dr. Linda R. Mona demonstrates disability affirmative therapy (DAT), a framework for psychotherapy with people with physical disabilities.

DAT is a metatheoretical perspective that provides a disability-positive context where specific treatment interventions can be effectively applied. The DAT model focuses on empowerment and acknowledgement of social marginalization and environmental barriers, an appreciation of the dynamic nature of disability, consideration of the medical realities of persons with disabilities, and recognition of personal coping strategies.

Using established therapeutic practices (e.g., cognitive-behavioral therapy, behavioral therapy, relaxation techniques) within a disability-affirmative framework allows for a truly integrated approach that includes addressing the individual's presenting symptoms as well as facilitating awareness of social and political factors that may be affecting quality of life.

In this demonstration, Dr. Mona works with a woman with a physical disability who is having difficulty finding a job. Dr. Mona establishes a therapeutic environment that allows for affirmative goal-setting, an integrated view of the self, and attention to the values of flexibility and creativity that are prized in the disability community.

Item no. : NK08310209
Format : DVD (Closed Captioned)
Duration : 100 minutes
Copyright : 2013
StdBkNo : 9781433816895
Price : USD 100.00

STRENGTH TRAINING

STRENGTH TRAINING FOR BABY BOOMERS AND BEYOND

By Wayne Westcott

Strength Training for Baby Boomers and Beyond makes a compelling case concerning why older adults will benefit from participating in a sound strength training program. The DVD looks at the key outcomes of strength training and their impact on the lives of members of the baby-boomer generation. The DVD also outlines the basic principles that should guide the development of a strength training program for older adults.

Among the topics covered:

- Muscle
- Reversing muscle loss
- Reducing body fat
- Facilitating physical function
- Enhancing mental health
- Reversing aging factors
- Strength training benefits endocrine production
- Nutrition and exercise for weight loss programs
- Strength principles

Item no. : YY08501894
Format : DVD
Duration : 83 minutes
Copyright : 2013
Price : USD 80.00

SYSTEMS OF PSYCHOTHERAPY

SYSTEMS OF PSYCHOTHERAPY: CASE FORMULATION IN EMOTION-FOCUSED THERAPY - ADDRESSING UNFINISHED BUSINESS

With Rhonda N. Goldman, PhD

Emotion-focused therapy (EFT) is designed to target and change unhealthy emotional processes that underlie the problems people bring to therapy with the goal of co-constructing new, healthier emotional processes.

After unfolding client presenting problems and developing an understanding of the client's emotional processing style, emotion-focused therapists engage in empathic exploration to track, access, deepen, and restructure emotion. Case formulation is conducted throughout, in the moment-by-moment process of therapy.

Case formulation in EFT involves the differential assessment of emotional states, recognizing in-session markers that prompt the use of particular tasks to help

people regulate emotions and transform maladaptive emotional processes. Changes in emotional processing help clients reconstruct narratives and form new life stories.

In this demonstration, Dr. Rhonda N. Goldman works with a young woman who has unfinished business with her mother, using an empty-chair dialogue to help access the client's core emotion schemes.

Item no. : VA08310210
Format : DVD (Closed Captioned)
Duration : 100 minutes
Copyright : 2013
StdBkNo : 9781433816949
Price : USD 100.00

SYSTEMS OF PSYCHOTHERAPY: DIALECTICAL BEHAVIOR THERAPY

With Alexander L. Chapman, PhD, Rpsych

Dialectical behavioral therapy, or DBT, is an empirically supported, comprehensive treatment that is effective for treating complex mental health problems. Originally developed as an intervention for suicidal women, and widely used to treat borderline personality disorder, DBT is now applied in working with a variety of mental health problems and is especially effective for clients who have difficulty managing and regulating their emotions.

Therapists practicing DBT aim to strike a balance between validation and change by clearly communicating acceptance of who the client is and the challenges the client faces, while at the same time helping the client to learn new skills to improve emotion regulation.

In this session, Dr. Alexander L. Chapman works with a male client who has trouble regulating his anger. Dr. Chapman first highlights and assesses the client's behavior and emotions and then discusses emotion regulation strategies that the client can use to better manage anger in his daily life.

Item no. : JU08310211
Format : DVD (Closed Captioned)
Duration : 100 minutes
Copyright : 2013
StdBkNo : 9781433816802
Price : USD 100.00

TECHNOLOGY

TECHNOLOGY IS YOUR FRIEND

By Matt Brand

Technology Is Your Friend discusses how modern technology can help camps become and remain successful. The DVD details tips and tricks concerning how camp professionals can effectively utilize

the latest technologies. For example, the DVD points out how camps can use Facebook as a mini social community for their staff. In addition, the DVD looks at how Twitter and blogs can be employed as a platform to communicate with the parents of campers. The DVD is designed for camp professionals who want to set their inner nerd free.

Among the topics covered:

- The cloud
- The audience
- The Google+ monster
- Square
- Dropbox
- Evernote
- Social icing

Item no. : EB08501895
Format : DVD
Duration : 51 minutes
Copyright : 2013
Price : USD 80.00

UNREAL EDITOR

UDK LIGHTING & POST PROCESSING - AN INTRODUCTION AND APPLICATION

With Dave Prout & Jim Magill

In this DVD, Dave Prout and Jim Magill go through Lighting and Post Processing in UDK. Together they use over 27 years of combined professional experience to deliver not only great instruction but also many practical applications when putting the final touches on your levels.

Like many of our other DVDs, this video is target for both professionals and those who are just starting to use Unreal Development Kit.

Item no. : RF28700050
Format : DVD
Duration : 210 minutes
Price : USD 195.00

UNREAL CASCADE - AN INTRODUCTION AND APPLICATION

With Bryan Erck

In this demonstration the instructor starts off by going over the entire cascade interface and then through most of the common modules. Once the foundation is laid its on to creating several effects from scratch. Everything from creating an explosion, hit effects, water drips, laser beams, and trails are covered.

If you have never used cascade you should be able to follow along and understand. Even if you are experienced using cascade, you should pick up useful information throughout the DVD.

Item no. : ZW28700051

Format : DVD
Duration : 360 minutes
Price : USD 195.00

UNREAL DEVELOPMENT KIT - AN INTRODUCTION AND APPLICATION

With Sjoerd "Hourences" De Jong

In this demonstration Sjoerd "Hourences" De Jong guides you through the Unreal Development Kit (UDK). Instead of giving a simple technical overview, Sjoerd uses over 10 years of personal and professional experience with Unreal Editor to create an entire exterior and interior environment from scratch. Along the way he explains many of the fundamentals about UDK and helps de-mystify many of its powerful features.

You will also learn from an Unreal Master exactly how to develop your own workflow and start making amazing environments inside UDK right now.

Item no. : PM28700052
Format : DVD
Duration : 240 minutes
Price : USD 195.00

UNREAL DEVELOPMENT KIT 2 - CREATING CINEMATICS & ENVIRONMENTAL EFFECTS

With Sjoerd "Hourences" De Jong

Back by popular demand, Sjoerd "Hourences" De Jong builds upon the information taught in his first DVD (An Introduction and Application) by creating an entire in-game cinematic. Sjoerd starts with a custom existing level and adds rain, wind, thunder, lightning, splashes, puddles, and even plants that react to wind in order to bring the environment to life. From there he goes through adding a character to the scene, adding multiple cameras, triggering a lighting strike, creating an electrifying effect, creating a fire, blowing off a small door and finally setting everything up in kismet/matinee for the final cinematic.

You will also learn from an Unreal Master exactly how to develop your own workflow and start making amazing cinematics inside UDK right now.

Item no. : TK28700053
Format : DVD
Duration : 270 minutes
Price : USD 195.00

UNREAL DEVELOPMENT KIT 3 - IOS MOBILE GAME PRODUCTION

With Sjoerd "Hourences" De Jong

In this DVD Sjoerd "Hourences" De Jong continues his series and goes through the entire production of creating an iOS game using UDK. Sjoerd starts with a blank scene and immediately begins placing custom meshes and then goes into mobile materials, particles, sounds, and fog. Sjoerd then demonstrates setting up the plane, creating a joystick to control the plane, adding speed/fire buttons, creating destroyable ground targets using prefabs, adding a scoring system and time limits, creating the full HUD and compiling the final. Finally Sjoerd goes into great detail demonstrating how his team ported "The Ball" from PC to iOS.

Item no. : HA28700054
Format : DVD
Duration : 300 minutes
Price : USD 195.00

UNREAL KISMET - AN INTRODUCTION AND APPLICATION

With Rusty Sempsrott

In this demonstration the instructor starts off by giving a detailed explanation of commonly used kismet nodes. Once the foundation is laid its on to creating several interactive scripted sequences. Everything from dramatically revealing a character, to creating a camera fly through for your portfolio is covered. This tutorial is appropriate for both artists and designers.

Item no. : PB28700055
Format : DVD
Duration : 240 minutes
Price : USD 195.00

UNREALSCRIPT - AN INTRODUCTION AND APPLICATION

With Rusty Sempsrott

In this DVD Rusty Sempsrott dives into the world of UnrealScript. He starts off with the very basics by going over getting set-up, variables, arrays, enumeration, structures, if statements, case statements, loops, functions, and classes. Once the basics are covered in detail, Rusty then demonstrates some practical uses of UnrealScript like creating custom Kismet functionality and creating a custom weapon class. You'll be able to create very different and unique results with only a small amount of new code to write, leaving you with more time to design and implement your ideas.

Item no. : NC28700056
Format : DVD
Duration : 240 minutes
Price : USD 195.00

UNREALSCRIPT MASTERCLASS - PART 1 - RE-CREATING ASSAULT IN UDK

With James Tan

In this DVD James Tan begins his series on re-creating Assault in UDK. James uses his 13 years of experience with Unreal Technology and Global UDK Educator with Epic, to demystify custom UDK game creation using UnrealScript. He starts off with setting up the Development Environment and then goes into the Base UDK Structure. James then goes over Pawns, Weapons, Weapon Attachments, Cameras, Player Replication Info, HUD, Inventory, Key Relationships, Archetypes, Unreal FrontEnd, and playing over a LAN.

Item no. : TW28700057
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UNREALSCRIPT MASTERCLASS - PART 2 - RE-CREATING ASSAULT IN UDK

With James Tan

In this DVD James Tan continues his series on re-creating Assault in UDK. James uses his 13 years of experience with Unreal Technology and Global UDK Educator with Epic, to demystify custom UDK game creation using UnrealScript. He starts by explaining how Team Infos work in UDK and how he added them to Assault. James then goes over Upgrading the Weapon System, Updates to Pawns, Creating a Task System, Upgrading AssaultHUD, Modifying an Existing Map, and Lightmass.

Item no. : BW28700058
Format : DVD
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WOMEN'S STUDIES

CHINA ON CHINA: MORE THAN HALF THE SKY

Mao's aphorism about the strength and ability of women may have helped to do away with foot-binding, child marriage, and other archaic traditions, but in 21st-century China gender equality is as illusory as ever. This film examines the challenges that Chinese women face, especially the obstacles to prosperity and security that the country's poor, rural women know all too well. Viewers meet Yu Xinpei, who migrated to Shanghai from a remote southern village. At first apprenticed to a hairdresser, she's now starting a salon of her own. Meanwhile, sociologist Liu Bohong talks about the

difficulties women encounter when they move to cities—although those who stay in the provinces "have it harder." Many become suicide statistics, which is why physician Xu Rong has founded a support group for wives and daughters who are struggling with rural life. On the other hand, the film also points out that 11 of the world's richest women are Chinese!

Item no. : VS02455305
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088102
Price : USD 170.00

WORLD HISTORY

CHINA ON CHINA: A DRAMATIC HISTORY

Three decades ago China was regarded as a developing country. Today it is the world's second largest economy, having made the journey from scarcity and poverty to wealth and abundance faster than any other nation in history—a narrative that Chinese leaders are eager to promote. But the official record makes no mention of events which directly precipitated China's astonishing economic rise—most notably, the Tiananmen Square massacre of 1989. This film describes what happened when the rigid policies instigated under Mao gave way to the era of Deng Xiao Ping, who ushered in unprecedented opportunities for creating personal wealth—as well as sociopolitical paradigm shifts that no one could anticipate. Expert commentary is provided by Chen Mingming, a high-ranking Chinese diplomat; Professor Zhu Ling, Deputy Director at the Chinese Academy of Social Sciences (CASS); Yu Hua, author of *To Live*; and others.

Item no. : YB02305301
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
Copyright : 2012
StdBkNo : 9780816088089
Price : USD 170.00

WORLD LITERATURE

CHINA ON CHINA: CULTURE FOR BILLIONAIRES

A country that can look back on a rich and extensive past will undoubtedly have a wealth of stories, and China's literary tradition, with its multi-millennial history of essays, novels, and poetry, is likely the world's oldest. But even in a land that reveres poetry, pictures can take over—especially moving pictures. Although small art-house films were the only choice after the cinematically barren years of the Cultural Revolution, today

China is a major producer of movie spectacles. This program shows how far the country has come in terms of cultural production and how it is poised to rival the U.S. as the world's filmmaking center. Contemporary Chinese literature and the market for books are also important topics, as are censorship, self-censorship, and why certain motifs are recurrent in Chinese stories. Expert commentary comes from director Eva Jin, film critic Raymond Zhou, film industry analyst Leon Gao, stunt man Zeng Dong, and author Yan Lianke.

Item no. : AG00275303
Format : DVD (Portions with English subtitles)
Duration : 29 minutes
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Price : USD 170.00

WORLD STUDIES

NELSON MANDELA: ONE MAN

The healing of South Africa began with the destruction of the Apartheid regime, and continued with the election of the continent's most famous former political prisoner, Nelson Mandela, as its first President. This unauthorized biography not only traces the personal story and struggle of South Africa's most famous leader, but also charts the history of racism in the country, from the arrival of the Afrikaans, to the upheaval and segregation of Apartheid and, finally, the dismantling of the cruel regime in the 1990's. Mandela we learn was born of tribal royalty, his given name, Frolala, means "troublemaker." He was the first in his family to attend school and on his first day his teacher gave him his distinctly English name, which stayed with him for life, yet it was his birth name that history proved was most apt. Here we learn the story of one man who stood up for what he believed despite the odds; one man who made a difference for the overall good of mankind. We see in 1944 he entered politics by joining the ANC, the African National Congress; his first marriage broke up in the 1950's because of his ardent political views; then during his trial for high treason he met and married his second wife, Winnie, who supported his acquittal; however, he was then imprisoned for 27 years until 1990, when he immediately went to work with his wife and the South African Prime Minister, F.W. DeClerk, to dismantle Apartheid. After serving five years as President, Mandela received the Nobel Peace Prize in 1999, and continued to devote his life to supporting worthwhile causes, from supporting positive diversity to AIDS charity work.

Item no. : HH05393429
Format : DVD
Duration : 52 minutes
Audience : Junior High, Senior High, College, Adult
Copyright : 2013
Price : USD 210.00

ZBRUSH

REALISTIC SKIN WITH ZBRUSH AND KEYSHOT

With Dominic Qwek

In this DVD, Dominic Qwek covers how to create realistic skin for his creature designs using Zbrush, Keyshot and Photoshop. He starts off by using Zbrush to sculpt realistic skin details such as wrinkles, moles and warts. Dominic then uses polypaint in Zbrush to texture skin tones where he adopts a layered approach for realistic results. Using the GoZ plugin, he imports the polypainted model into Keyshot where he starts lighting and shading. Keyshot's translucent shader is explained, as well as its HDR lighting features, for photo-realistic and interactive rendering. Finally, Dominic shares his post-processing workflow in Photoshop to achieve the final image.

Item no. : PC06370347
Format : DVD-ROM
Duration : 138 minutes
StdBkNo : 1597627321
Price : USD 89.00



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